



**UNC**  
SCHOOL OF  
MEDICINE

**Office of Continuing Medical Education**  
The School of Medicine  
The University of North Carolina at Chapel Hill  
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**19<sup>th</sup> Annual  
Challenges in Geriatric Practice  
February 22-23, 2008**

The William and Ida Friday Center for Continuing Education

Presented by The University of North Carolina School of Medicine  
Division of Geriatrics and Program on Aging

# 19<sup>th</sup> Annual Challenges in Geriatric Practice



**February 22-23, 2008**

Offered at The William and Ida Friday Center for Continuing Education  
Chapel Hill, North Carolina

*Jointly Sponsored by*  
The School of Medicine of The University of North Carolina at Chapel Hill  
and The Schools of Nursing, Pharmacy, and Social Work of  
The University of North Carolina at Chapel Hill

# 19th Annual Challenges In Geriatric Practice Agenda

## Friday, February 22, 2008

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<b>7:30-8:15</b>	Registration & Continental Breakfast
<b>8:15-8:25</b>	Welcome & Announcements – <i>Jan Busby-Whitehead, MD</i>
<b>SESSION I</b>	<b>Guardianship</b>
<b>8:25-9:10</b>	Understanding and Updating Legislation – <i>Representative Jean Farmer-Butterfield</i>
<b>9:10-9:50</b>	Guardianship in North Carolina – <i>John L. Saxon, JD</i>
<b>9:50-10:15</b>	Remembering Florence Soltys (life and accomplishments) – Announcement of the Florence Soltys Community Service Award <i>John Soltys &amp; Jan Busby-Whitehead, MD</i>
<b>10:15-10:50</b>	<b>BREAK</b>
<b>SESSION II</b>	<b>Diabetes</b>
<b>10:50-11:35</b>	Overview of Diabetes – <i>John Buse, MD</i>
<b>11:35-12:05</b>	Diabetes Education – <i>Camille Izlar, MS, RD, BC-ADM, CDE</i>
<b>12:05-1:05</b>	<b>LUNCH</b>
<b>1:05-1:35</b>	Diabetes Drug Update – <i>Jena Ivey, PharmD, BCPS</i>
<b>1:35-1:50</b>	Panel: Ask the Experts
<b>SESSION III</b>	<b>Break Out Sessions:</b>
<b>1:50-2:35</b>	1) Aids for People with Neuromyopathy – <i>Sue Coppola, MS, OTR/L, BCG</i> 2) Dental Hygiene – <i>Alan Sameulson, DDS</i> 3) Tools used in Suicide Prevention – <i>Lois McAlpine, MSW, LCSW</i> 4) Medicare D – <i>Gina Upchurch, RPh, MPH</i>
<b>SESSION IV</b>	<b>Palliative Care</b>
<b>2:35-2:50</b>	<b>BREAK</b>
<b>2:50-3:20</b>	Update/Overview – <i>Laura Hanson, MD</i>
<b>3:20-3:50</b>	Future- “New Methods of Hospice Care” – <i>Walter C. Baker, RN, MS, NP-C</i>
<b>3:50-4:20</b>	Pain Management in Geriatric Patients – <i>Gary Winzellberg, MD</i>
<b>4:20-4:40</b>	Panel: Ask the Experts

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## Saturday, February 23, 2008

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<b>7:30-8:00</b>	Registration & Continental Breakfast
<b>8:00-8:10</b>	Welcome & Announcements – <i>Jan Busby-Whitehead, MD</i>
<b>SESSION V</b>	<b>Geriatric Syndromes Part I</b>
<b>8:10-9:10</b>	Overview of Geriatric Syndromes – <i>Kenneth Steinweg, MD</i>
<b>9:10-9:40</b>	Falls – <i>Tiffany Shuebert, PhD, MPT</i>
<b>9:40-9:55</b>	Panel: Ask the Experts
<b>9:55-10:15</b>	<b>BREAK</b>
<b>SESSION VI</b>	<b>Break Out Sessions:</b>
<b>10:15-11:30</b>	1) Infectious Disease In the Nursing Homes – <i>Faculty TBD</i> 2) Sleep Disorders – <i>Heidi Roth, MD</i> 3) Benefits of Therapy Dogs – <i>Faculty TBD</i> 4) Osteoporosis/Arthritis (OT/PT/MD) – <i>Kathy Shipp, PT, MHS, PhD</i>
<b>11:30-12:30</b>	<b>LUNCH</b>
<b>SESSION VII</b>	<b>Geriatric Syndromes Part II – The Three D’s</b>
<b>12:30-1:00</b>	Clinical Pearls – <i>Martha Bell, RN, MSN and Axalla Hoole, MD</i>
<b>1:00-1:45</b>	Delirium – <i>Margaret Drickamer, MD</i>
<b>1:45-2:15</b>	Dementia – <i>Teepa Snow, MS, OTR/L, FAOTA</i>
<b>2:15-2:25</b>	<b>BREAK</b>
<b>2:25-2:55</b>	Depression – <i>Kerri Patrick, MSW</i>
<b>2:55-3:15</b>	Panel: Ask the Experts
<b>3:15-3:30</b>	Announcement of Winning Poster and Closing Remarks – <i>Jan Busby-Whitehead, MD</i>

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# Course Information

## COURSE DESCRIPTION

North Carolina is a leading destination for retirees and its population of older residents is predicted to continue growing. This increase in the aging cohort mirrors that of the country at large and presents significant challenges for the state and for healthcare practitioners. Practitioners working with older persons will need a range of skills and information to adequately understand their needs and to effectively manage scarce resources for health and social service programs.

The focus of the *19th Annual Conference* is to provide a review of major medical concerns such as diabetes, end of life care, and geriatric syndromes of dementia, depression, and arthritis; as well as, to provide participants with innovations in traditional and new therapies and treatment approaches for working with a diverse aging population.

## TARGET AUDIENCE

This conference is designed for primary care physicians, nurses, pharmacists, and allied health professionals who care for elderly people in hospitals, long term care facilities, and ambulatory care settings

## EDUCATIONAL OBJECTIVES

The information presented at this educational activity should improve your ability to:

1. Describe basic intent and purpose of the safe guardianship laws, and identify the psychological issues that may arise from guardianship for elders and their family members.
2. Identify the primary risk factors for older persons to develop diabetes; discuss effective patient educational programs for diabetes management; and explain current treatments.
3. Discuss palliative care issues such as pain management and symptom management challenges in older persons.
4. Identify and describe distinguishing characteristics between delirium, dementia and depression in older patients and the various treatment options.

## CONTINUING EDUCATION CREDIT

The School of Medicine of The University of North Carolina at Chapel Hill designates this educational activity for a maximum of 12.75 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Nursing:** Continuing Education Credit for nurses is 6.0 ANCC contact hours for Friday and 5.3 ANCC contact hours for Saturday, for a total of 11.3 ANCC hours.

**Pharmacy:** This conference, ACPE 046-999-07-271-L04-P, will provide a total of 11.5 hours of continuing pharmacy education credit. Friday, 2/22/08 ACPE 046-999-07-271-L04-P - 6.0 hours.

Saturday, 2/23/08 ACPE 046-999-07-271-L04-P - 5.5 hours. To receive CE credit, attendance must be acknowledged at the registration table upon arrival at the conference. Statements of CE Credit will be mailed to all registrants upon completion of CE attendance verification form and evaluation of the conference. No partial CE credit other than per day is available.

## OTHER CREDITS

**Nursing Home Administrator Credit** through the North Carolina Board of Examiners for Nursing Home Administrators is pending. This is appropriate for nursing home administrators who are licensed in North Carolina.

**CLE Credit** for this educational activity is pending

## ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The School of Medicine of The University of North Carolina at Chapel Hill and The Schools of Nursing, Pharmacy and Social Work of The University of North Carolina at Chapel Hill. The School of Medicine of The University of North Carolina at Chapel Hill is accredited by the ACCME to provide continuing medical education credit.

The University of North Carolina at Chapel Hill School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



The School of Pharmacy of The University of North Carolina at Chapel Hill is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

## DISCLOSURE

In accordance with the ACCME Essentials and Standards, everyone involved in planning or presenting this educational activity will be required to disclose any relevant financial relationships with commercial interests in the healthcare industry, and this information will be made available to participants at the start of the activity. In addition, speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation.

## ACKNOWLEDGEMENT

The Donald W Reynolds Foundation has provided a grant to cover UNC student registration for the 19th Annual Challenges in Geriatric Practice conference.

## CONFERENCE LOCATION

The conference will be held at the William and Ida Friday Center for Continuing Education, located approximately three miles east of the UNC-Chapel Hill campus on Friday Center Drive, just off of HWY 54 East. If you will be traveling I-40, you will need to take Exit 273-A from Raleigh and 273 from Greensboro. A map to the Friday Center will be mailed to you after you register. Participants may be reached during the conference at 919-962-3000.

Although every effort is made to provide a comfortable temperature in the meeting room, it is difficult to find a temperature that is comfortable for everyone. Please bring a light jacket or sweater in case the room is too cool for your comfort. Special dietary requirements will be honored whenever possible. If you need to inform us of a special need, please be sure to notify our office no later than **Friday, February 8th, 2008.**

## REGISTRATION AND FEES

The registration fees include course materials, breakfast, lunch, and breaks on both days. All registrants must complete the attached registration form. Registrations will not be processed unless accompanied by full payment (check, Visa, or

Mastercard). You may register by faxing your form with credit card information to 919-962-1664, or by mailing your form with payment to the address on the registration form. **The deadline for registration is Friday, February 8th, 2008.**

Registration is often limited. If your registration form and payment are received by Friday, February 8th, 2008, confirmation of your accepted registration will be distributed by our office sending a receipt of payment. If you have not received your receipt of payment by Friday, February 8th, 2008, please call 919-962-2118 to confirm that you are registered. UNC CME recommends that you do not make air travel arrangements prior to receiving a receipt of payment. UNC CME is not responsible for any travel-related costs.

For questions about registration, please call 919-962-2118 or visit our website [www.med.unc.edu/cme](http://www.med.unc.edu/cme).

## REFUND POLICY

**Cancellations must be received in writing** either by fax or mail by **Friday, February 8th, 2008.** **Cancellations received after this date will not be refunded.** In order to process refunds, you must provide us with your social security number (Taxpayer Relief Act of 1997). A cancellation fee of **\$75.00** will be charged at that time. Transfer of registration to another UNC School of Medicine conference in lieu of cancellation is not possible.

The University reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the University will fully refund registration fees but is not responsible for any related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, rental car or travel agencies.

## ACCOMMODATIONS

Individuals are responsible for making their own hotel reservations. Following is a list of a few area hotels. Please contact the hotels directly to make reservations. Please check the Chapel Hill/Orange County Visitor's Bureau website for more information on hotels and Chapel Hill. [www.chocvb.org](http://www.chocvb.org)

Courtyard by Marriott	919-883-0700
(Across from Friday Center)	
Residence Inn by Marriott	1-800-331-3131
Sheraton Chapel Hill Hotel	1-800-325-3535

## Course Director

**Jan Busby-Whitehead, MD**  
 Director, Program on Aging  
 Chief, Division of Geriatric  
 Medicine  
 School of Medicine  
 The University of North Carolina  
 at Chapel Hill  
 Chapel Hill, NC

## Keynote Speaker

**Jean Farmer – Butterfield  
 Representative**  
 NC House District 24  
 Raleigh, NC

## Distinguished Speakers

**Kenneth Steinweg, MD**  
 Director, Geriatric Division  
 Professor, Department of Family  
 Medicine  
 Brody School of Medicine  
 East Carolina University  
 Greenville, NC

**Margaret Drickamer, MD**  
 Associate Professor of Medicine  
 Director, Integrated Model of  
 Aging & Geriatric Education,  
 Director, Yale Fellowship in  
 Geriatric Medicine and Clinical  
 Epidemiology  
 Yale University  
 New Haven, CT

## Guest Speakers

**Martha Bell, RN, MSN**  
 Carol Woods Retirement  
 Community  
 Chapel Hill, NC

**Kathy M. Shipp, PT, MHS, PhD**  
 Assistant Professor,  
 Division of Physical Therapy  
 Department of Community and  
 Family Medicine  
 Duke University Medical Center  
 Durham, NC

**Teepa Snow, MS, OTR/L, FAOTA**  
 Director for Educational Programs  
 Dementia Care Specialist  
 Alzheimer Association-Eastern  
 North Carolina Chapter  
 Raleigh, NC

**Gina Upchurch, RPh, MPH**  
 Executive Director  
 Senior PHARMAssist  
 Durham, NC

## UNC Faculty

**Walter C. Baker, RN, MS, NP-C**  
 Director of Nursing  
 Department of Medicine

**Tony Caprio, MD**  
 Assistant Professor  
 Division of Geriatric Medicine

**Sue Coppola, MS, OTR/L, BCG**  
 Associate Professor,  
 Allied Health Sciences,  
 Division of Occupational Science

**Laura Hanson, MD**  
 Associate Professor, Division of  
 Geriatric Medicine  
 Associate Director of the  
 Fellowship Program,  
 Co-Director, UNC Palliative  
 Care Program  
 School of Medicine

**Karen Hoffman, RN**  
 Clinical Instructor  
 Department of Medicine

**Axalla Hoole, MD**  
 Associate Dean, Admissions,  
 Professor of Social Medicine  
 Department of Medicine

**Jena Ivey, PharmD, BCPS**  
 Clinical Pharmacist,  
 Clinical Instructor  
 School of Pharmacy

**Camille Izlar, MS, RD, BC-ADM, CDE**  
 Certified Diabetes Educator /  
 Pump Trainers  
 UNC Diabetes Care Center  
 Durham, NC

**Lois McAlpine, MSW, LCSW**  
 Clinical Care Management

**Tom O'Connell, MD**  
 Associate Professor,  
 Director, UNC Metabolomics  
 Laboratory  
 General Clinical Research Center  
 Division of Molecular  
 Pharmaceutics  
 School of Pharmacy

**Kerri L. Patrick, MSW**  
 Clinical Instructor  
 School of Social Work

**Heidi Roth, MD**  
 Assistant Professor,  
 Department of Neurology

**Alan Samuelson, DDS**  
 Clinical Associate Professor  
 UNC School of Dentistry

**John L. Saxon, JD**  
 Professor, Public Law and  
 Government  
 School of Government

**Tiffany Schubert, PhD**  
 Interdisciplinary Doctoral Program  
 in Human Movement Sciences  
 Department of Allied Health Sciences

**Gary Winzelberg, MD**  
 Assistant Professor  
 Division of Geriatric Medicine

# REGISTRATION FORM

## 19th Annual Challenges in Geriatric Practice

February 22-23, 2008

Registration Deadline: February 8th, 2008

Please Print Legibly

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

UNC PID # (if applicable) \_\_\_\_\_

Mailing Address: Please check appropriate box:  Home  Business

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Business Phone: \_\_\_\_\_ Fax Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ @ \_\_\_\_\_

Sex:  Male  Female DOB (mm/dd/yy) \_\_\_\_\_

Graduate of \_\_\_\_\_ Year Graduated \_\_\_\_\_

Employer: \_\_\_\_\_ Specialty: \_\_\_\_\_

The above information helps us maintain your CME records

Please check all that apply:

- |                                   |                              |                                 |  |
|-----------------------------------|------------------------------|---------------------------------|--|
| <input type="checkbox"/> Fellow   | <input type="checkbox"/> MD  | <input type="checkbox"/> RPH    | <input type="checkbox"/> NP                              |
| <input type="checkbox"/> Resident | <input type="checkbox"/> DO  | <input type="checkbox"/> PharmD | <input type="checkbox"/> RN                              |
| <input type="checkbox"/> Student  | <input type="checkbox"/> PhD | <input type="checkbox"/> PA     | <input type="checkbox"/> Other _____<br>(Please explain) |

### REGISTRATION

Please complete a separate registration form for each person. Registrations will not be processed unless accompanied by full payment (check, Visa, or Mastercard). You may register by:

- faxing your form, with complete credit card information, to 919-962-1664
- mailing your form, along with a check or complete credit card information, to:

**Office of CME**  
 Medical Bldg B, CB# 7321  
 UNC School of Medicine  
 Chapel Hill NC 27599-7321

Receipt of registration does not ensure activity attendance because seating is sometimes limited. Accepted registrations are confirmed via mail within 10 business days. UNC CME recommends that you do not make air travel arrangements prior to receiving a receipt of payment or confirmation. UNC CME is not responsible for any travel-related costs.

### REGISTRATION FEES

- |                |  |
|----------------|--|
| _____ \$350.00 | MD's & DO's                            |
| _____ \$275.00 | Other health professionals             |
| _____ \$250.00 | Attorney Fee                           |
| _____ \$175.00 | 1 Day __Friday or __Saturday           |
| _____ \$160.00 | CNA (2 Days) License # _____           |
| _____ \$90.00  | Student (2 days)                       |
| _____ \$50.00  | Student (1 day) __Friday or __Saturday |

### METHOD OF PAYMENT

\_\_\_\_\_ Check made payable to UNC enclosed  
 Charge: \_\_\_\_\_ VISA or \_\_\_\_\_ MasterCard ONLY  
 Credit Card#: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 Expiration Date \_\_\_\_ / \_\_\_\_  
 3 Digit Security Code (last 3 digits on back of card) \_\_\_\_\_  
 Signature of Cardholder: \_\_\_\_\_

**Americans with Disabilities Act:** The University of North Carolina at Chapel Hill is committed to equality of educational opportunity and does not discriminate against applicants, students, or employees on the basis of race, color, religion, sex, national origin, age, disability, veterans status, or sexual orientation. If you require reasonable accommodations for a disability in order to participate fully in this continuing education activity, please call (919) 962-2118 no later Friday, February 1st, 2008, or attach a note to your registration form.