

JOIN THE NEW NORTHWEST PIEDMONT FALLS FREE COALITION

MAKE A DIFFERENCE:
JOIN A TASK GROUP!



The Northwest Piedmont Falls Free Coalition has been formed to address falls in our region. It is part of a statewide initiative to reduce the number of falls and fall-related injuries. The vision of the group is that older adults will be empowered with knowledge about falls and fall prevention, leading to increased independence and health-related quality of life. Interested in becoming involved in the Northwest Piedmont Falls Free Coalition? New task groups are forming now. Influence the way our community prevents falls by joining one of four groups listed below! For more information and to get connected, contact Alexis Gabard at 336.761.2111 x4125

Physical status task group: *work to bring awareness of exercise and balance programming to the community, strengthening programming, finding grants to assist with publishing information, and creating informative flyers and brochures*

Medical management task group: *work to bring information on programming promoting physical well-being of older adults, information on medication interactions, and information on new fall risk screening tools to the medical community*

Senses and rehabilitation task group: *work with other task groups to bring information to older adults through the rehabilitative community, targeting therapists, personal trainers, case managers, discharge planners, and other while working to bring awareness of vision changes that occur with age*

Environmental safety task group: *work to educate the public about hazards through collaborating on the safety checklist, considering cartoons, and older adult theater programming at local senior centers while identifying organizations and transportation providers who can work to promote home safety measures and safer public environments*