Smooth Transitions Throughout the Day: The NC Foundations Way!

What does NC Foundations say about transitions? Limit them!

- Give children large amounts of uninterrupted time to become engaged in learning experiences (p. 16);
- Establish predictable, flexible routines (p. 18);
- Provide opportunities for independent work and play available at all times (p. 30);
- Structure the day’s schedule to minimize distractions and transitions (p. 19);
- Establish, model, and explain simple rules, stated in positive terms, for example, “use walking feet,” “be friends” (p. 27);
- Provide a consistent schedule using pictures and other props to help children know what to expect, especially when changes in the schedule must occur. Involve children in planning related to the classroom (p. 24);
- Develop classroom procedures that encourage children to move materials and themselves from one learning center to another and from indoors to outdoors (p. 50.)

See Foundations for additional strategies for Early Educators and for Families.


For additional information on *Foundations*, visit: [http://www.governor.state.nc.us/Office/Education/Home.asp](http://www.governor.state.nc.us/Office/Education/Home.asp)

(Conferences & Training)

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