From the Director

This has been another extremely productive year for the Division of Physical Therapy. As you can read in this newsletter, our alumni, faculty and students continue to make important contributions to the profession and in their communities. The work within the Division of Physical Therapy, like the rest of the physical therapy profession, is an ongoing process of change. In January, we welcomed Jennifer Cooke, PT, DPT (MPT ’03, DPT ’08) as a faculty member in our University Physical Therapy (UPT) clinics. Soon after, we learned that our Director of Clinical Education, Katie Ollendick, PT, DPT, PCS would be leaving us as she relocated with her family to Athens, GA. We are currently conducting interviews for Dr. Ollendick’s replacement and hope to have the new DCE on board by the start of the Fall Semester.

The DPT program’s #9 ranking in US News & World Report continues to draw the attention of prospective students. In Summer 2015

Judy White Fund Endowment Campaign Goal Surpassed!

We are pleased to announce that the UNC Division of Physical Therapy has received generous gifts and pledges from Dr. Judy White’s former colleagues, friends, family members, alumni, and other fans of Judy totaling over $51,000 to the Judy A. White Professional Development Fund. Late last year, all donors were invited to a reception in Chapel Hill to celebrate with Judy and her family. Thank you to everyone who made gifts in honor Judy’s important legacy at UNC! In particular, the Division would like to recognize the tremendous leadership of the Judy A. White Campaign Committee members including Kristin D. Henry (’94), Annette K. Maynard (’94), Tim C. Sell (’93), Yonica W. Rodio (’93), and Jamie Sutherland (’98).

UNC PT Class of 1965 50th Anniversary Celebration

On May, 9, 2015, UNC Physical Therapy welcomed the Bachelor’s of Science UNC Physical Therapy class of 1965 back to campus as they celebrated their 50th Anniversary. Others in attendance included Gordon Fisher, husband to UNC’s first PT student; Billie Nelson, former instructor in the UNC PT program; and Ruth Mitchell, former director of the program.

UNC PT Board of Advisors

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<th>Sheryl Duke, MPT (Chair)</th>
<th>Michael McBrayer</th>
<th>Timothy Sell, PT, PhD</th>
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<td>Amanda Niles Baker, MPT</td>
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<td>Randall Stewart, PT, DPT</td>
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<td>Maureen Brennan, PT</td>
<td>Karen McCulloch, PT, PhD, NCS</td>
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<td>Blake Brookshire, MPT, DPT</td>
<td>Nikki Morris, PT</td>
<td>Corey Tanner Winn, DPT</td>
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<td>Charlene Nelson, PT, MA</td>
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<td>James Gordon, EdD, PT, FAPTA</td>
<td>Patty Perez, PT, DScPT, OCS</td>
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<td>Margaret Moore, PT, EdD, FAPTA</td>
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Testing novel measures of community function and participation in adults with cerebral palsy.

PI: Debby Thorpe - Co-Investigators: Dara Chan, Nancy Bagatell, Richard Faldowski

This project was funded by the Cerebral Palsy Alliance Research Foundation and utilizes GPS tracking and GIS mapping technology to measure how adults with CP in the US and in Australia are integrated into their communities by describing the locations they frequent, activities in which they participate and resources they utilize. The investigators will examine the relationship between each adult's degree of community integration (community integration measures) and individual factors of current function related to impairments and mobility, health, service provision, and employment status. They will also examine the relationship between community integration measures and environmental factors of accessibility to community resources and population density, and describe facilitators and barriers to resources and services from the perspective of adults with CP.

Measuring Balance and Gait in Adults with Cerebral Palsy

Primary Mentor: Debby Thorpe - PI: Ilana Levin, PhD student in HMSC

This project is a mentored research award and was funded by the Foundation for Physical Therapy. This project will 1) establish estimates of test-retest reliability and MDC values in (a) clinical measures of balance and balance confidence, and (b) spatial and temporal gait parameters in adults with CP; 2) assess characteristics and consistency of recovery responses following repeated standardized slip and trip perturbations induced while walking on a split-belt TM; and 3) estimate the feasibility of training on a TM with balance perturbations.

Towards Transition and Self-Management: Assessing the Needs of Individuals with Cerebral Palsy in North Carolina

PI: Karrat, Physical Medicine and Rehabilitation - Co-PIs: Debby Thorpe and Nancy Bagatell

This project was funded by the Foundation for Physical Medicine and Rehabilitation. The project will 1) Investigate health transition and self-management needs, preferences, and experiences from the perspective of individuals with cerebral palsy and their families/caregivers, 2) develop a survey instrument to assess the health transition and self-management needs of individuals with cerebral palsy and their families/caregivers throughout North Carolina, and 3) conduct a survey to obtain information regarding the health transition and self-management needs of individuals with cerebral palsy and their families/caregivers throughout North Carolina from the perspective of adults with CP.

2015 UNC PT Alumni Panel


2015 UNC PT Alumni Panelists (Left to right, front row) Sean Lowers, UNC MPT (’06), DPT (’09), Gwen Hall MPT (’02), DPT (’06) Jenn Harrington, MPT (’08) and DPT (’09), Sheryl Duke, MPT (’99), Carolyn M. Hayes, MPT (’01), Jane DeLoach, DPT (’06), Corey Winn, DPT (’10), and Ellen Roeber, DPT (’09)

Human Movement-Science Symposium

Robert Lynall from UNC Chapel Hill, who chaired the 2015 HMSC Symposium Student Planning Committee, welcomes attendees

Kiera Stump from UNC Greensboro presents her poster at the 2015 HMSC Symposium
Announcing the New Howes Family Scholarship in PT

Dr. Cathy Lynn Howes, who graduated from the UNC Physical Therapy program with Master of Science in 1996 and a Doctor of Physical Therapy in 2014, and her parents Alvin and Shirley Howes have made a generous gift to endow the Howes Family Scholarship in Physical Therapy Fund at the Medical Foundation of NC. Cathy practices as a pediatric physical therapist at UNC Hospitals and lives in North Carolina. Alvin is retired from the insurance business and Shirley is a retired realtor and they reside in Florida and Maryland.

The Howes Scholarship was first conceptualized when Cathy was nearing completion of her PhD in physical therapy from UNC-CH. Her parents, Alvin and Shirley, asked her what she wanted for graduation. Cathy decided that she wanted to start a family scholarship that would aid students who want to study pediatric physical therapy. “My motivation for developing the scholarship was to give back to the profession and do it at UNC where I received two degrees. UNC has been integral in assisting me with my physical therapy education, and the opportunity to share in the education of a student by relieving some financial burden associated with pursuing a graduate degree is exciting,” noted Cathy. Alvin added “We hope the scholarship will bring dedicated students to UNC-CH that will become hard working and demonstrate the leadership that Cathy has shown.”

We are grateful to Cathy and her parents for investing in the education of future generations of Carolina Physical Therapy students!

UNC Orthopedic Physical Therapy Residency Update

The accredited UNC Orthopedic Physical Therapy Residency program, a collaboration between the Division of Physical Therapy and UNC Hospitals, is a postgraduate program aimed at accelerating specialization in orthopedic therapy knowledge and skills. This UNC program is one year in duration and consists of clinical practice, weekly one-on-one mentoring during patient care, didactic learning activities, assisting in entry-level PT classes and shadowing other healthcare providers.

The program entered its third year in January 2015 by welcoming two new residents: Marcus Bair and Shemaiah Holness. Marc comes to UNC after completing the DPT program at the University of North Florida where he was mentored by several orthopedic clinical specialists. Shemaiah arrives at UNC after graduating from Georgia State University and practicing in an acute care environment at Grady Memorial Hospital.

Congratulations are extended to Lauren Quinn and Michael Robinson, who completed the residency program in January 2015. They both took the ABPTS Orthopedic Clinical Specialist (OCS) exam in March and will find out results soon. Returning to her west coast roots, Lauren is working for a private practice in Portland, Oregon and has aspirations to engage in academic teaching and clinical research in the near future. Michael remained in Chapel Hill working for the Division's clinical practice at the Family Medicine Center through March then moved to the Washington DC area to continue practicing physical therapy. Finally, the Division wishes Angela Gisselman, who completed the residency and earned her OCS in 2014, best of luck as she pursues a PhD at the University of Otago, New Zealand.

Study Investigates Return to Activity Following Injury

Karen McCulloch is working with investigators from the Navy (Medical Center, San Diego), Marines (Camp Pendleton, CA), and Army (Womack Army Medical Center, Fayetteville, NC) to study the effects of progressive return to activity following concussion. Specific guidance for progressive return to activity was developed for military primary care

PT Students Support Multiple Sclerosis Research Through Walk

Lexie Williams, a UNC PT student assisted in organizing a Walk for Multiple Sclerosis. The walk supports cutting-edge research, programs, and services for people impacted by multiple sclerosis. UNC students raised over $750 to support the cause.
Charlotte Money Beatty Memorial Scholarship
Family, friends, and colleagues of Charlotte Money Beatty created this scholarship in her loving memory after her passing in 1993. The scholarship is open to all students with particular attention being given first to minority students and second to students expressing a desire to pursue a career in pediatric physical therapy.

Recipient: Marian Thomas Sudano, Apex, North Carolina

The Sara Fowler Anderson Scholarship in Physical Therapy
The Sara Fowler Anderson Scholarship in Physical Therapy was created thanks to the generous commitments of her husband Dr. Ted Anderson and their daughters, Megan Anderson Phillips and Lauren Anderson Bean, as well as Sara’s family, friends, and colleagues. A 1981 graduate of the UNC Chapel Hill PT program, Sara Fowler Anderson’s career spanned three decades prior to her death in 2012. She enjoyed providing services to a wide spectrum of those in need of physical therapy, from infants and children in early intervention programs to seniors in retirement facilities, from those requiring home health care to those receiving inpatient care.

Recipient: Robert Edward Sykes III, Hobgood, North Carolina

The Class of 1964 Physical Therapy Annual Scholarship
The Class of 1964 Physical Therapy Annual Scholarship is awarded to a deserving Carolina Physical Therapy student through the generosity of Miriam Danzey and other members of the Class of 1964.

Recipient: Genevieve Gibson Monroe, Galveston, Texas

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Recipient: Marian Thomas Sudano, Apex, North Carolina

Louis and Eleanor Duquette Human Movement Science Annual Scholarship
Awarded annually to a student enrolled in the Human Movement Science Doctoral Program, this scholarship was established by Colonel Thomas L. Duquette (’91) in honor of his parents, Louis and Eleanor Duquette, who instilled the virtues of hard work and the value of education in all of their children.

Recipient: Derek Pamukoff, Ontario, Canada

The Department of Allied Health Sciences (DAHS) hosted its annual Student Scholarships and Awards Brunch on November 8, 2014, in Chapel Hill. The following Division of Physical Therapy students, and the donors who supported their scholarships and awards, were recognized at the event.

Physical Therapy MS Curriculum Scholarships
The National Multiple Sclerosis Society, Greater Carolinas Chapter, provided funding to establish the UNC Physical Therapy Multiple Sclerosis Scholarship Curriculum for students who will specialize in working with individuals with MS.

Recipients: Heather Lynn Eustis, North Granby, Connecticut
Corinne Bohling, Belleville, Kansas
Joe William Miller, Mount Airy, North Carolina
Alexis Ann Williams, Raleigh, North Carolina

MS Step UP Curriculum Update
The 5-year program evaluation of the Physical Therapy MS STEP UP program, based on 10 graduates since 2008, reveals that MS STEP UP significantly improves the clinical skills and knowledge of DPT students, as demonstrated by self-rated competencies. Current MS scholars and faculty are presenting these findings, as well as results of original research, at the 2015 Annual meeting of the Consortium of Multiple Sclerosis Centers in Indianapolis in May.
G. Wayne and Tanya B. Long Annual Scholarships in Physical Therapy

G. Wayne and Tanya B. Long of Wilmington, NC, graduated from UNC Chapel Hill in 1978 and now own Well Care LLC, a Wilmington-based home health care company. The Longs have made commitments to UNC to support physical therapy and nursing students. Scholarship recipients are selected based on financial need and scholastic achievement, with preference given to those interested in home health care.

Recipients: Abbie Shea Marralle, Homer, Alaska
Brittany Stapleton-Livingston, Aiken, South Carolina

The Vanessa Louise Hall Memorial Scholarship in Physical Therapy at UNC Chapel Hill

The Division of Physical Therapy received a generous gift and commitment from Louise and Paul Hall of Durham to create an endowed scholarship in memory of their daughter Vanessa who died tragically in 1998 after being accepted into Carolina as a high school senior. Vanessa’s career goal at the time was to become either a physical therapist or a pediatrician. The first Hall Scholarship was awarded in 2009. Over 400 alumni and friends made generous gifts to reach the $100,000 UNC PT Class Challenge Campaign goal in 2013, matching the $100,000 gift from Paul and Louise Hall to build the scholarship endowment to over $200,000.

Recipients: Caitlin Gallagher, Gardnerville, Nevada
Chelsea Jo Parker, Raleigh, North Carolina

Mabel M. Parker Physical Therapy Annual Scholarship

This scholarship was established through the generosity of Gladys ('62) and Robert Hart of Hilton Head, S.C. Mabel M. Parker had a long and distinguished career at UNC. Her accomplishments included managing clinical education for students, developing a protocol for integrating public health principles into the curriculum, serving as acting director of the program twice, and co-directing a grant to develop a method to evaluate stroke patients. Parker passed away in January 2011.

Recipient: Lorna Marjorie Troost, Raleigh, North Carolina

Rose and Dave Hamm Annual Scholarship for Clinical Excellence in Physical Therapy

This scholarship honors David Hamm, Jr., MD, the late husband of Rose Hamm (UNC PT Class of 1969). Dr. David Hamm was well known for his genuine, compassionate care, his diagnostic skills, and his integrity. The Hamm Scholarship is awarded to an in-state student with financial need and promise for future clinical excellence in the PT profession.

Recipient: Cara Lillian Hehn, Chelmsford, Massachusetts

The Judy A. White Professional Development Awards

This fund was established in 2006 by an anonymous donor to promote the professional growth and development of Carolina Physical Therapy students and faculty members in honor of long-time faculty member Judy White. In choosing the recipients, the division director gives preference to candidates who share Judy White’s commitment to the profession of physical therapy.

Recipients: Christopher L. Hope, Durham, NC
Holli Marie McClendon, Waxhaw, NC
Genevieve Gibson Monroe, Galveston, TX
Elizabeth Katherine Nixon, Durham, NC

SCHOLARSHIPS
Scholarships and Awards Recognition Continued

Karen St. John Scholarship

A perpetual, annual gift from the St. John Charitable Education Trust, established by the late Karen K. St. John (UNC PT Class of 1979) and her late husband, is providing generous support for student scholarships, as well the Division of Physical Therapy’s facility, equipment, and faculty research needs.

Recipient: **Nicole Faye Davis** Jacksonville, North Carolina
**Mark Lee Boles** Winston Salem, North Carolina
**Patrick Anthony McNamara** Columbus, Ohio

Rebecca Irene Sande Scholarships

A $757,000 bequest from the estate of L’Vir Sande of Salisbury established this fund in 2002. Income from the fund—named in honor of Sande’s wife, Rebecca—produces scholarships for students with financial need. L’Vir Sande was a pioneer in radiologic medicine who became physically incapacitated and received physical therapy. This experience, coupled with his love of UNC, led him to designate the scholarship for PT.

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Diversity Scholarship in Physical Therapy

Established by a generous gift and commitment from Betsy Crawford (UNC DPT Class of 2009) and supported by other alumni and friends, this scholarship seeks to increase the diversity of students pursuing physical therapy careers.

Recipient: **Krissy Ann Ayers**, Summerfield, North Carolina

Max Asher Gitterman Pediatric Physical Therapy Student Scholar Award

The Max Asher Gitterman Pediatric Physical Therapy Student Scholar Award was established by Amy and Daniel Gitterman in honor of their resilient son Max Asher. The Gitterman Award is presented annually to a student who has expressed an interest and commitment to pediatrics in the UNC PT program.

Recipient: **Krissy Ann Ayers**, Summerfield, North Carolina

Support UNC PT

Your support helps make the programs at UNC possible. Donations help reduce student costs as well as provide the department with the newest technological advancements. If you would like to support our students please visit:

http://giving.unc.edu/gift/MFNC/mfpt
2015 UNC PT Golf Tournament
UNC’s Division of Physical Therapy will host its 10th Annual Golf Tournament benefiting the Foundation for Physical Therapy and UNC’s Student Physical Therapy Association (SPTA)
Friday, September 25, 2015
The Golf Club at Chapel Ridge in Pittsboro, NC
For more information and to register, visit www.alliedhealth.unc.edu/physical/spta/golf_tournament
Sign Up Now!! We Hope to See you There!!
Four-Person Scramble Format (Full team not required for entry)
Entry Fee: BEFORE September 4: $90 per golfer
AFTER September 4: $105 per golfer
NO ENTRIES WILL BE ACCEPTED AFTER SEPTEMBER 17

UNC Faculty Update
UNC physical therapy alum Jennifer Cooke, PT, DPT joined the Division of Physical Therapy faculty in January. She is currently involved in clinical practice for the Division as well as clinical and classroom teaching and research. Jennifer is seeing patients in the Division’s newest clinic location at the Orange County Sportsplex in Hillsborough. She also sees patients at the UNC Therapy Services clinic at the UNC Wellness Center in Northwest Cary. This clinic is a collaboration between the Department of Allied Health Sciences and UNC Hospitals.
Jennifer is also serving as a co-investigator for a multi-clinic, Patient-Centered Outcomes Research Institute (PCORI) funded research project through the Thurston Arthritis Research Center. The study is evaluating traditional physical therapy compared to an internet-based exercise program for patients with osteoarthritis of the knee. Other research interests include lower extremity biomechanics, sports injury prevention and performance enhancement, and topics on clinical education and student learning.
Prior to coming to UNC, Jennifer taught in the physical therapist assistant program at Craven Community College in New Bern, NC. She also served as the program coordinator and academic coordinator for clinical education for that program. She has spent the majority of her career working in outpatient orthopedic physical therapy and worked with a diverse population including pediatric patients, high school and college athletes, endurance athletes, active duty military personnel and the young at heart. She has advanced training in the Kinesiotaping method, Functional Movement Screen and corrective exercise, custom foot orthotics fabrication, and prenatal and postpartum physical therapy and exercise. She is also an Advanced Credentialed Clinical Instructor through the American Physical Therapy Association (APTA).
Jennifer is enjoying living back in the Triangle area and embracing all it has to offer. In her spare time, she enjoys outdoor activities, road biking, running, participating in triathlons, cooking, traveling, and cheering on the Tar Heels.

UNC PT Students Serve in Guatemala
The UNC PT Outreach: Guatemala service learning project had another successful year with 5 students, 2 faculty, and 3 adjunct faculty/leadership team traveling to Guatemala at the end of April. The team provided direct patient care, educational programs for local professionals, and health fairs in two rural communities.
Clockwise starting from top left: Jessica Skeeter and a local therapist as they work together with a patient, Deidra Debnam, student is providing information to people in the community about good nutrition, Gary Johnson and Darcy Little are pictured with a patient and his wife. This patient was provided home program instructions for management of his function following amputation of his leg. Sabina Beckler is photographed with a child and her mother following a therapy session to provide a home program for this child.

Junior Faculty Development Grant
Prudence Plummer, PhD received a Junior Faculty Development grant award of $5,500. In describing her research, Prue noted, “This research will examine how walking with and without additional cognitive demands differs between the traditional, low-distraction laboratory setting and a high-distraction, real-world environment in people with multiple sclerosis to better understand how walking is impacted in people living with multiple sclerosis. The study will also investigate relationships between dual-task interference and community participation and quality of life.”

Return to Activity Study
and early rehabilitation. This project, funded by the Defense and Veterans Brain Injury Center, will focus on primary care and compare usual care to treatment that uses the new guidance with 150 service members who have sustained concussion.
Alumni Updates

Susan Reitermayer Mulcahy ('78) completed the transitional Doctorate in Physical Therapy program at the University of South Florida in Tampa, Florida.

Carol Barber Tiedeman ('63) has specialized in Pediatric Physical Therapy for most of the past 50 years. She has worked in the General Hospital, and Developed Departments of PT in Nursing home, in the Public School as an independent provider and recently she started working for Carolina Healthcare System in Pineville, NC. Her NC license is #338 and her SC license is #75 which may cause her to be the oldest practicing licensed physical therapist in these states. She continues to love her work. Most especial, she enjoys solving the physical, emotional, and family problems. She is grateful for the opportunity to serve people and for her God given talents that were developed and fostered by Margaret Moore, Mabel Parker, and Mary Clyde Singleton at the Division of Physical Therapy at UNC-Chapel Hill.

Dr. Cynthia (Cindy) Neville ('89) will present a live platform presentation of her research at the World Congress of Physical Therapy (WCPT) in Singapore May 2, 2015. Dr. Neville developed the women’s health programs at the Rehabilitation Institute of Chicago from 2003-2009, and at Brooks Rehabilitation in Jacksonville Florida from 2009 - 2014. She developed the first credentialed Women’s Health Physical Therapy Residency Program in Florida at Brooks Rehabilitation. She presented research posters at previous WCPT meetings in 2007 and 2011. Her latest research reports on the rehabilitation outcomes of female patients undergoing physical therapy for urinary incontinence in outpatient rehabilitation settings.

Douglas Black ('88) has been promoted to President, Barnes Jewish West County Hospital (BJWCH) in Saint Louis, Missouri. BJWCH is part of BJC Healthcare, one of the largest not-for-profit systems in the United States. He has been working for BJC in various capacities since 2004

Sarah M. Kennedy, daughter of Helen Dean Kennedy (BS PT ’80) and George E. Kennedy (BA ’77, MAT ’80), is graduating this spring from UNC with a BA in global studies and double minors in medical anthropology and Spanish for the professions. Although they’re glad to be finished with tuition payments, Helen and George will miss those trips from Baltimore to Blue Heaven!

Diana Blanton (’71) retired Jan. 31, 2013 from St. Luke’s Hospital in Columbus, NC. She is enjoying gardening, her new hobby of beekeeping, teaching the nursery class at Beulah Baptist Church, and volunteering. She and husband, John, are proud grandparents of eight grandsons, the latest of which was born on March 20, 2015, to Diana’s son, John and wife, Ashley. They also have one great-grand-daughter.

Pat (Spika) McClurkin (‘71) has returned to North Carolina. Pat is working part time with Carepartners Home Health.

Emily L. Christian (’68) is retired and living on the lake.

Shirley Phillips (‘99) has achieved a professional goal combining her experience as a pilot and a physical therapist to doing human factors research in the aviation field. She has been selected to be the co-lead of human factors on a flight test this summer on a new collision avoidance system for airplanes. She will observe, collect and analyze data on pilot performance such as reaction times in order to support the development of this technology that is vital to aviation safety. She also continues to write about her experiences raising a daughter with disabilities and was published on the American Journal of Nursing Blog “Off the Charts.” Her daughter, Ashley, is currently coaching her from the seat of her jogger stroller as Shirley prepares to push Ashley while running in a 5K for pancreas research.

Beverly Kaye Leonard (’63) retired July, 2006 after 20 years in physical therapy clinical practice and another 23 years in an administrative director’s role for Physical, Occupational and Recreation Therapy at Wake Forest Baptist Medical Center. Other professional roles during and after retirement have included being a member of the North Carolina Lutheran Synod Board, a past board member and Board Chair for Lutheran Services Carolinas, and currently a board member of Wake Forest Baptist Health, Lexington Medical Center. Family includes 2 children and 5 grandchildren. Memorable recent trips have included an African safari, a trip to China, and numerous sports travels with grandchildren and children.

Jan Hughes-Austin, a post-doctoral fellow in the Department of Family and Preventative Medicine at the University of California at San Diego received the Miami-Marquette Research award on December 2, 2014. The Miami-marquette research award is funded by the Marquette Challenge, a student-led fundraising effort established in 1989. The fundraising effort unites over 80 schools in fundraising over $222,000 in 2013.

Lisa Johnston, Billie Nelson, Ruth Mitchell, and Debby Givens (current director of PT)

Donna Dulin Lampke (’90) completed her DPT in May, 2014.

UNC Places in Marquette Challenge

UNC Physical therapy donated a total of $3,230 towards the challenge this year. UNC was one of 16 schools honored in the honorable mention category. Funds for the challenge help support the Advancement of Physical Therapy.