ORTHOPEDIC PHYSICAL THERAPY RESIDENCY
FACT SHEET

PROGRAM PURPOSE:

Our Mission
The mission of the Residency Programs in the Division of Physical Therapy and UNC Hospitals is to provide a superior, comprehensive specialist training to licensed physical therapists to meet the needs of North Carolina.

Resident Program Philosophy
The faculty and staff of the Division of Physical Therapy and UNC Hospitals are committed to developing residents who are recognized leaders within their specialty area of choice. Residents will develop excellence in examination, diagnosis, intervention, consultation, teaching and the integration of best evidence into the patient care they provide within their specialty area. They will develop as a resource for the community in prevention and rehabilitation of orthopedic conditions and will contribute to the profession through teaching, writing and leadership. Graduates of the residency program will be prepared to sit for the ABPTS Orthopaedic Certified Specialist (OCS) examination.

MENTORSHIP:
You will learn from mentors with exceptional experience and who are experts in their specific areas of interest. Mentored time is a minimum of 4 hours per week, but may increase depending on the module content. This one-on-one learning with real patients under the guidance of clinical experts is the foundation of the program. Individualized feedback is provided at each mentored session. The mentors include the following individuals:

- Jennifer Cooke, PT, DPT
- Kyle Cooper, PT, DPT
- Deborah Givens, PT, PhD, DPT
- Michael Gross, PT, PhD, FAPTA
- Jyotsna Gupta, PT, PhD
- Jonathan Hacke, PT, DPT, MA, OCS
- Eric Hartman, PT, DPT, Cert MDT
- Carla Hill, PT, DPT, OCS, Cert MDT
- Lisa Johnston, PT, MS, DPT
- Kristel Maes, PT, MS, Dip MDT
- Brendan Malay, PT MSPT, OCS, CSCS
- Stephanie Milosovic, PT, DPT, CSCS
- Michael McMorris, PT, DPT, OCS
- Brian Trabulsi, PT, MPT, COMT, ATC

CURRICULUM:
The program’s curriculum is designed in modules that address each area of the Description of Specialty Practice (DSP). The majority of modules focus on a specific body region such as spine or hip and knee. Other modules focus on topics such as clinical reasoning, evidence based practice, pharmacology, imaging, teaching/learning and pain science. Because the program is limited to a small number of residents, there are opportunities to tailor the program to meet your specific learning objectives through an elective module. The didactic work is administered through a combination of independent study and face-to-face instruction. Written assignments, quarterly case reports, and self-assessments provide the resident with regular benchmarks to ensure their learning progresses throughout the year. Additional learning activities include teaching DPT students in the classroom and clinic as well as collaborating on scholarly products.
REQUIREMENTS:
The core requirements of the residency program include: independent clinical practice, didactic activities, mentored clinical practice, written patient case reports and professional community service. In addition, residents must successfully complete each didactic module, 2 live patient exams, and 2 written exams.

RESIDENT SCHEDULE:
Residents will practice in an outpatient clinic for 30 hours per week. The residents will also have mentored clinic work, didactic activities and other learning activities each week. Given the scope of residency learning opportunities, residents should expect to spend 50-60 hours per week completing activities related to the program. The schedule below provides an idea of what a typical week might look like however the exact schedule of non-clinic time will vary to align with mentor and class schedules and some required activities are not reflected here (see 'Other Activities' below).

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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>8:00 AM</td>
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<td>Clinic work</td>
<td>Focused Time</td>
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Didactic Time: This is academic learning time completed by the resident, which includes self-study modules (readings and evidence analysis), mentor/resident discussions, and psychomotor learning activities. Module mentors plan, administer, and evaluate didactic learning activities.

Mentored Time: This is clinical learning time in which a mentor and resident are seeing patients together. The resident is typically leading the patient care with guidance from the mentor and post-care discussions.

Focused Time: This is learning time in which the resident participates in activities such as shadowing other medical professionals (i.e. physicians) or serving as a Teaching Assistant in the DPT program.

Other Activities: The residents will be required to develop, write and present patient case reports based on patients seen during clinic work. The residents will also participate in community service activities such as serving as a clinician supervisor at SHAC [UNC School of Medicine student-run pro bono health clinic].

SALARY, TUITION AND BENEFITS:
Residents are paid an annual salary of $47,500, the equivalent of a new graduate salary for 30 hours of clinic work per week at UNC. Residents are eligible for full time benefits including health insurance and dental insurance. Residents also receive 164 hours of Paid Time Off per year for vacation, sick and holiday time off from clinic work. There is no tuition associated with the program.

ELIGIBILITY:
Applicants must have NC PT licensure prior to matriculation. New graduates are eligible to apply and must successfully complete the licensure exam by October 31 in order to be considered for admission. Completion of immunization requirements, HIPAA, OSHA, and CPR training prior to matriculation is required.

APPLICATION AND ENROLLMENT:
Application deadline: June 1

On campus interviews for selected candidates: late July
Program Start Date: early January each year, and lasting 12 months.

For more information visit: [http://www.med.unc.edu/ahs/physical/university-pt/residency-program](http://www.med.unc.edu/ahs/physical/university-pt/residency-program)