ORTHOPEDIC PHYSICAL THERAPY RESIDENCY FACT SHEET

PROGRAM PURPOSE:

Our Mission
The mission of the Residency Programs in the Division of Physical Therapy and UNC Hospitals is to provide a superior, comprehensive specialist training to licensed physical therapists to meet the needs of North Carolina.

Resident Program Philosophy
The faculty and staff of the Division of Physical Therapy and UNC Hospitals are committed to developing residents who are recognized leaders within their specialty area of choice. Residents will develop excellence in examination, diagnosis, intervention, consultation, teaching and the integration of best evidence into the patient care they provide within their specialty area. They will develop as a resource for the community in prevention and rehabilitation of orthopedic conditions and will contribute to the profession through teaching, writing and leadership. Graduates of the residency program will be prepared to sit for the ABPTS Orthopaedic Certified Specialist (OCS) examination.

MENTORSHIP:
You will learn from mentors with exceptional experience and who are experts in their specific areas of interest. Mentored time is a minimum of 4 hours per week, but may increase depending on the module content. This one-on-one learning with real patients under the guidance of clinical experts is the foundation of the program. The mentors include the following highly experienced individuals:

- Jennifer Cooke, PT, DPT
- Michael Gross, PT, PhD, FAPTA
- Jyotsna Gupta, PT, PhD
- Jonathan Hacke, PT, DPT, MA, OCS
- Carla Hill, PT, DPT, OCS, Cert MDT
- Lisa Johnston, PT, DPT, MS
- Kristel Maes, PT, DPT, MS, Dip MDT
- Brendan Malay, PT MSPT, OCS, CSCS
- Michael McMorris, PT, DPT, OCS
- Stephanie Milosovic, PT, DPT, CSCS
- Steve Takacs, PT, DPT, OCS, CSCS
- Brian Trabulsi, PT, MPT, COMT, ATC
- Nicole Zimmerman, PT, DPT, OCS

CURRICULUM:
The program’s curriculum is designed in modules that address all areas of the Description of Specialty Practice (DSP). The modules include study in the topics of clinical reasoning, evidence based practice, pharmacology, imaging, teaching/learning and practice administration. In addition, there are body region specific modules and an elective module. There are opportunities to participate in teaching PT students, as well as participating in research and scholarship activities. The didactic work is administered through a combination of online study and face-to-face instruction with module mentors. Weekly assignments and quarterly case studies help provide the resident with regular benchmarks to ensure their learning progresses throughout the year. There are 2 written exams and 2 live patient exams administered at approximately the middle and end of the program.
REQUIREMENTS:
The core requirements of the residency program include: 1000 hours of clinical practice, 300 hours of didactic learning and coursework, 150 hours of mentored clinical practice, and 12 hours of professional community service. In addition, residents must successfully complete each module, 2 live patient exams, and 2 written exams.

RESIDENT SCHEDULE:
Residents will be involved in scheduled clinic work, mentored clinic work, didactic learning activities and focused clinic time totaling at least 40 hours per week. Given the nature of didactic learning and other clinical opportunities residents should expect to spend 50-60 hours per week completing activities related to the program. Residents will generally be off clinic work duties on major holidays. In addition, residents are given a limited number of vacation days to be used during the year. Some vacation days will occur at a specific time of the year (mid-summer) and will coincide with a brief break in didactic work requirements. The schedule below provides a general idea of what a typical week might look like. *Please note that schedules are subject to change based on clinic staffing needs and mentor availability. Other required activities are not reflected here (see other below).

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<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>8:00 AM</td>
<td>Clinic work</td>
<td>Mentored Clinic</td>
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<td>Didactic Work</td>
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**Didactic learning:** This is academic learning time completed by the resident. This may include reading, self-study modules, mentor/resident discussions, and psychomotor learning activities. Module mentors plan, administer, and evaluate didactic learning activities.

**Mentored Clinic:** This is clinical learning time in which the resident and a mentor are seeing patients together. The resident is typically leading the patient care with guidance from the mentor.

**Focused Clinic:** This is learning time in which the resident participates in other learning activities such as shadowing other professionals (physicians) or serving as a Teaching Assistant in the DPT program.

**Other Activities:** The residents will be required to develop, write and present patient case reports based on patients seen during clinic work. The residents will participate in community service activities by serving as the clinician supervisor at SHAC [UNC School of Medicine student-run pro bono health clinic].

**SALARY, TUITION AND BENEFITS:**
Residents are paid the equivalent of a new graduate salary for their 3 days of clinic work. This rate is currently set at $36,500. Residents are eligible for full time benefits including health insurance and dental insurance. There is no tuition associated with the program.

**ELIGIBILITY:**
Applicants must have NC PT licensure prior to matriculation. New graduates are eligible to apply and must successfully complete the licensure exam by October 31st in order to be considered for admission. Completion of immunization requirements, HIPAA, OSHA, and CPR training prior to matriculation is required.

**APPLICATION AND ENROLLMENT:**
Application deadline: June 1 each year
Program Start Date: early January each year, and lasting 12 months.

For more information visit: [http://www.med.unc.edu/ahs/physical/university-pt/residency-program](http://www.med.unc.edu/ahs/physical/university-pt/residency-program)