



## ALUMNA GIVES BACK TO RCP

Ashely Weigel Henry ('94) has made a generous gift to the UNC Chapel Hill Division of Rehabilitation Counseling and Psychology. On December 3, 2010, a group of students, faculty, and family members gathered to dedicate the student study alcove across from the RCP Student Laboratory in her honor.



**Above**, Ashley (center) joined by her parents Patricia and Robert Weigel cuts the ribbon with the assistance of her sons C.H. and Middleton along with RCP Associate Professor Eileen Burkner and Lee McLean, Associate Dean and Chair, Department of Allied Health Sciences. **Left**, from left to right, Kelly Nelson, Eileen Burkner, Ashley Henry, Judy Schmidt, Rachel Espey, Vanessa Cubellis, Hillary Little, Diana Jones, Sena Moran, and Caley Kropp.

### What's Happening in the Division of Rehabilitation Counseling & Psychology?

#### NEWEST MEMBER OF FACULTY

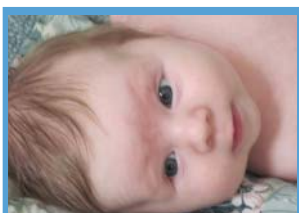


Judy Schmidt

The summer of 2010 was busy on a couple of fronts. We were fortunate enough to get a one-year position approved to help us manage and teach the clinical education component. We're excited to have recruited Dr. Judy Schmidt as our new Clinical Instructor (RCP alumnus from 1986). She is quickly getting her feet wet and learning the ropes of clinical placements and supervising our trainees. Please join us in welcoming Judy this year!

#### NEW FACULTY MOM

If you hadn't heard, our Developmental Disabilities track coordinator, Dr. Kelly Kazukauskas, and her husband Chuck gave birth to their first child, Charles Ryan, on June 25, 2010! We're very happy for Kelly and Chuck as they begin the journey through parenthood. We're looking forward to hearing of the adventures and all those developmental milestones that are some of the joys of having a family. Congratulations Kelly and Chuck!



Charles Ryan Kazukauskas

### Division Hosts CPRE Symposium

The UNC-Chapel Hill Division of Rehabilitation Counseling & Psychology hosted the Consortium of Psychiatric Rehabilitation Educators National Symposium from October 15-17, 2010, in Bondurant Hall. The two-day event drew postsecondary psychiatric rehabilitation educators from around the nation, including faculty from the University of Maryland, Boston University, University of Medicine & Dentistry in New Jersey, Springfield College, San Diego State University, Center on Community Inclusion/University of Massachusetts-Boston, and Drexel University.

The Symposium program featured presentations from UNC faculty and associates, including David Penn, PhD, Professor and Director of Psychological Services for the Center of Excellence in Community Mental Health; Bebe Smith, LCSW, Instructor and Co-Director of the Center for Excellence in Community Mental Health; and Dan Bradford, MD, Director, Durham VAMC PRRC Model Fellowship Training Program. In addition to formal presentations, participants had the chance to demonstrate online teaching resources and techniques and use of Web-based links (podcasts, videos, YouTube library, Davidson resources).

### Burker Implements NIH Grant

This year Dr. Eileen Burkner has begun her first phase of the NIH GO grant involving the first responders in NC who can participate in early contact with families to inform and help them to consider organ donation.

In this phase, there has been data collection involving EMS workers in Wake County (258) and in Orange County (45). Research assistants were recruited from RCP and entered data for analyses, which began in October. Dr. Burkner is in the process of expanding the study to New Hanover and Durham counties.

# Rehabilitation Counseling & Psychology

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## Student Association Update for 2010-11

Greetings esteemed Rehabilitation Counseling and Psychology alumni! As president of the UNC Rehabilitation Counseling Association student chapter here at Chapel Hill, I wanted to take some time to share with you a bit about what the next generation is up to this year. Our group is founded on the principles that all people deserve to be respected and have the right to employment, leisure activities, and active, meaningful participation in the community, regardless of disability status. In fact, on many grounds—with the appropriate assistance, education, advocacy, and structural modifications—we believe that many people considered to have a disability will no longer be disabled at all.

We are a group that is focused on professional development, community service and, yes, socializing and resume-building. So far this year, we have hosted a no-professors-allowed meet and greet for the first years. We wanted to provide incoming students the opportunity to ask candid questions about the program and also allow the first-year and second-year classes to get to know each other a little bit better. We've also initiated the first ever social night, fondly referred to as "Group Therapy." At long last we have an opportunity for mingling outside of lovely Bondurant Hall! Socializing aside, I am very excited about our plans for the upcoming year.

Following the footsteps of the class before us, we will be participating in the annual Victory Junction Run for children with chronic medical conditions and serious illnesses. Proceeds from the run enable these children to attend camp programs throughout the summer. Also, I am keenly interested in initiating a stress reduction series for the students in the program. We've already staged plans for several fundraising ventures [reads: this might not be the last time you hear from me]. In addition to providing volunteer and community service opportunities for students, UNC RCA is a conduit for professional growth and networking. This is where YOU come in!

Between the current students and our accomplished alumni, we have a wealth of experience and knowledge that I would be very interested in tapping into. For example, amongst the current student body, we have one woman with extensive yoga leadership experience, another who teaches belly dancing, several individuals who are skilled in progressive muscle relaxation techniques, and perhaps many others with secret talents! Please let us know if you would like to volunteer your time or expertise. Thanks for tuning in.

Warmly,

*Hillary Little*

UNC RCA, President

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## RSA Scholars Grant Supports Students and Program Development

The Division of Rehabilitation Counseling & Psychology at UNC Chapel Hill implemented the first year of its University-Based Long-Term Training grant from the Rehabilitation Services Administration (RSA) to expand psychiatric rehabilitation specialization in rehabilitation counseling. In the 2009-10 year, twelve full-time students and one part-time student received stipends for the psychiatric specialization. The stipends helped most of the students finish their second year and covered their tuition; full-time students received awards of about \$6,000 and the part-time student received half this amount.

The five-year grant will expand the number of trained rehabilitation counselors in psychiatric rehabilitation (PSR) in the region, promoting a service payback to vocational rehabilita-

tion and community-based rehabilitation programs, including public and community mental health, as well as colleges that offer supported education.

Many of our alumni have participated at different levels as part of this initiative, attending our career event, offering to become mentors, or serving on the advisory committee. Once students are admitted into the Rehabilitation Counseling & Psychology program, they are informed of how they can participate in the project.

The federal grant was approved again for in 2010-11. Efforts this year will be directed towards finishing the online course offerings, promoting more active recruitment, and strengthening the mentor network for students.