ONE – STOP – SHOP
Aging Transitions Services

Locations

Central Orange Senior Center
103 Meadowlands Drive
Hillsborough, NC 27278
(919) 245-2015

Robert and Pearl Seymour Center
2551 Homestead
Chapel Hill, NC 27516
(919) 968-2070

Visit us online: www.orangecountync.gov/departments/aging
Like us on Facebook: www.facebook.com/
OrangeCountyDepartmentOnAging/
About the
ONE – STOP – SHOP

What is the One – Stop – Shop?
A collaboration between the Orange County Departments on Aging and Social Services

Benefits
✓ Residents can learn about aging-related services and supports
✓ The Aging Transitions Team can help people:
  ▪ Determine what services they are eligible for
  ▪ Make future plans

Contact Information

Phone: (919) 968-2087
  ▪ For information in Chinese, call: (919) 259-0232
  ▪ For information in Spanish, call: (919) 245-4279x1
Email: agingtransitions@orangecountync.gov
In-Home Safety Inspections

Occupational Therapists can make recommendations that could help prevent falls and enhance mobility.

Public Transportation

A Transportation Specialist can help identify transportation options for non-drivers.
Call the center at (919) 717-1853, Monday-Friday.

Durable Medical Equipment

Gently used medical equipment is available.
Please consider donating gently used equipment.

Telephone Reassurance

Volunteers make “good morning” safety calls Monday-Friday from 8 a.m.-9:30 a.m.
Friend to Friend Program
Volunteers provide companionship to seniors.

Insurance and Benefits
Counselors help clients understand the public benefits system.

Long-Term Care Planning
Certified Options Counselors help create plans for immediate and long-term care needs.

Caregiver Support Services
Both senior centers offer Dementia and Parkinson’s caregiver support groups.

Caregiver Day Out Respite Program
Respite program provides lunch and activities at the Seymour Center on Wednesdays from 11 a.m.-4 p.m.
Call the helpline (919) 968-2087 to register.
Aging Transitions Team

Mary Fraser, DSW  
(Administrator)

Keisha Andrews, MSW  
(Social Worker)

Lisa Berkley, MSW  
(Transportation Specialist)

Carolyn Jefferson, BSN  
(Caregivers Day Out Coordinator)

Ryan Lavalley, MOT, OTR/L  
(Occupational Therapy Consultant)

Anna Lima, MSW  
(Bilingual Social Worker/SHIIP Coordinator)

Beverly Shuford, BS  
(Information and Benefits Specialist)

Pam Tillet, MSW  
(Social Worker)

Mary-Ann Weston  
(Social Worker)

Jenny Womack, MS OTR/L  
(Occupational Therapy Consultant)

Zhenzhen Yu, MSW  
(Bilingual Social Worker)