RESOURCES FOR VICTIMS OF DOMESTIC VIOLENCE

 UNC Health Care System

 Police-Emergency-911

 Beacon Program
 984-974-0470
 1-888-378-0551 (after hours pager)

 Community Crisis Lines—24 Hours

 Alamance County
 Family Abuse Services
 (336) 226-5985

 Chatham County
 Family Violence and Rape Crisis Center
 (919) 545-0224

 Durham County
 Durham Crisis Response Center
 (919) 403-6562

 Lee County
 Haven
 (919) 774-8923

 Orange County
 The Compass Center
 1-866-929-7122

 Person County
 Safe Haven
 (336) 599-7233

 Wake County
 Interact
 (919) 828-7740

 Information for
 Men in Abusive Relationships

 A Hospital Response
 To Family Violence
 www.med.unc.edu/beacon
 (984) 974-0470

 The phone number is a pager which immediately contacts the Beacon Program. At the tone, enter a telephone number where you can be reached. A staff member from the Beacon Program will call you back and help you by:

 - Talking with you about the abuse
 - Providing support
 - Helping you to understand the dynamics of abuse
 - Helping you to explore services provided by community agencies that may be appropriate for you
 - Exploring future options with you

 Remember, no one deserves to be abused. Nothing you say or do justifies an abuser’s violence.
**What is the Beacon Program?**

The Beacon Program at UNC Hospitals helps patients who are in abusive relationships or have experienced abuse in the past. The program provides evaluations, information, support, and referrals.

**What services does The Beacon Program provide?**

- Evaluation
- Counseling and Support
- Safety Planning
- Information on legal issues, effects of abuse, how others deal with violence
- Referrals to health care providers
- Referrals to community agencies
- Follow-up sessions
- How to handle problems after you leave the relationship

**Who is eligible?**

Any patient who has experienced fear, physical danger, threats, emotional abuse, sexual abuse, or other violence from a current or former partner and would like confidential advice or assistance.

**Are you in a relationship in which you are...**

- Intimidated and walking on eggshells/afraid to disagree with your partner?
- Constantly apologizing for or defending your partner’s behavior?
- Isolated from your family or friends?
- Embarrassed in front of others because of your partner’s words or actions?
- Depressed and jumpy?

**Why men might stay in abusive relationships:**

- Denial: “It’s not that bad…”
- The relationship has good elements
- Fear of losing the children
- Socialized to be strong, not need help
- Confidence undermined by emotional abuse
- Fear of not being believed, ridiculed
- Belief that no resources are available

**You do not have to go through this alone. Call Beacon or:**

**National Domestic Violence Hotline: 1-800-799-SAFE (7233)**

**Domestic Abuse Helpline for Men & Women: 1-888-7HELPLINE**

**Visit us on the web at:**

WWW.MED.UNC.EDU/BEACON

**LOCATION**

Services are provided at UNC Hospitals and its clinics. Services are also provided over the phone. Whether you call or you ask your doctor or nurse to call, a Beacon staff member is available to meet with you.

**HOURS OF OPERATION**

8:00 am to 5 pm
Monday-Friday (except holidays)
(984) 974-0470

**AFTER HOURS**

Crisis intervention services are provided by the Beacon staff. You can reach us 24 hours a day at 1-888-378-0551.

**A recent Centers for Disease Control study found that about 1 in 4 men in the U.S. has been slapped, pushed or shoved by an intimate partner, and nearly half have experienced psychological aggression by an intimate partner.**

**Intimate partner abuse is a significant men’s health problem that has a detrimental impact on one’s physical health and emotional well-being. Resources are available.**