Multi-method research for diet data collection is quickly becoming the preferred approach to diet data collection for many of our clients. This approach can include the use of food frequency questionnaires and 24-hour diet recalls or other instruments applicable to the research project. Research suggests that combining instruments may be useful for estimating associations between diet and health outcome (NCI Diet Primer). The DPAC is here to help you navigate and learn more about what instruments and methods would be most beneficial for your projects.

The DPAC has over a decade of experience collecting 24-hour diet recalls using Nutrition Data System for Research. Our Research Assistants undergo extensive database and online training to be certified interviewers in NDSR. We are able to provide 24-hour diet interviews across various populations, time zones, and in Spanish.

We are also excited to announce tablet-based services for Food Frequency Questionnaires and other questionnaires of interest to researchers. By offering questionnaires that are able to be online, we are able to provide services that are more user-friendly, efficient, and economical.
Physical Activity Assessments

BY KELLY EVENSON, PHD

The DPAC facilitates the incorporation of physical activity and sedentary behavior assessments into your research grants through consultation services prior to grant submission. Our provision of post-award services includes assistance with both self-reported or device-assessed physical activity and sedentary behavior, including data collection, processing, reduction, and analysis. These services can be a turn-key operation, where deliverables include cleaned and scored data, protocol documentation, and data file descriptions.

DPAC is able to provide both device based and self report Physical Activity Measurements. Device based measurements include but are not limited to consultation on selection of accelerometers or activity trackers and training on the use of these devices. Self Report measurements include consultation on the selection of self-reported questionnaire(s) or interview assessments of physical activity and sedentary behavior as well as training on interviewer administration.

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