Discharge Instructions – BAHA Implantation

Please Read and Follow These Instructions for the Best Outcomes Following Your Surgery!

FOLLOWING SURGERY:
• Outer dressing removed in 24 hours
• Sutures and inner dressing removed at 1 week after surgery at first postoperative visit if abutment placed. If magnetic BAHA placed may not have external sutures to remove. May not get hair wet for 1 week after surgery.
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• Clean crusts from incision and apply ointment for 1 week after inner dressing removed. Clean BAHA abutment with toothbrush as instructed by audiologist.

ACTIVATION:
• External device attached - patient instructed on use
  • 6 weeks (or later) after surgery for abutment
  • 4 weeks after surgery for magnetic BAHA.

ACTIVITY:
• Minimize your activities
  • Listen to your body! If you feel tired over the first few days, you should rest.
• No heavy lifting > 2 bags of groceries for the first 2 weeks.

MEDICATIONS:
• Resume your home medications.
• Do not take any aspirin containing products or blood thinners (Goody’s, BC Powder or Bayer aspirin) until told to by your surgeon.
• Pain:
  • Take pain medication as needed.
    • NEVER DRIVE A VEHICLE OR OPERATE HEAVY MACHINERY WHEN TAKING PRESCRIPTION PAIN MEDICINE

DRIVING:
• Do not drive within 24 hours of receiving anesthesia or taking pain medication.
• DO NOT DRIVE WHILE TAKING PRESCRIPTION PAIN MEDICATION.

DIET:
• Resume a healthy, balanced, normal diet as you feel up to it.
FOLLOW UP:
• You will have important follow-up appointments.
• Follow up appointments will be made prior to surgery with the post-op appointment scheduler.

POST-OP APPOINTMENTS:
• Dr. Kevin Brown call Ali at 984.974.3645
• Dr. Harold Pillsbury call Phyllis at 984.974.3644

CLINICAL APPOINTMENTS:
• Dr. Kevin Brown call Shanta at 984.974.3655
• Dr. Harold Pillsbury call Sonia at 919.966.3709

CALL OUR OFFICE OR GO TO THE EMERGENCY ROOM IMMEDIATELY IF YOU HAVE:
• Any vision problems/changes
• Fever over 101.4
• Neck Stiffness
• Heavy or prolonged bright red bleeding from the incisions

• For Immediate Assistance call:
  • Regular Hours - 984.974.3409 (Triage Nurse)
  • After Hours - 984.974.1000 (Ask for the Ear, Nose & Throat - ENT - doctor on call)

• To leave a voicemail for your surgeon’s nurse call:
  • Dr. Kevin Brown - 984.974.3519 (BJ)
  • Dr. Harold Pillsbury - 984.974.3518 (Kathy)