

## **How will I benefit from joining the research study?**

There are no immediate benefits for joining the research study; however, by taking part in this research study, you will make possible future studies in IBD. Discovery of the causes of IBD will allow scientists to find better ways to treat and perhaps one day prevent IBD. We thank you for your interest!

## **How will my privacy be protected?**

Please be assured that your privacy is our priority. No personal identifying information will be associated with your sample. We are fully compliant with the federal Health Insurance Portability and Accountability Act (HIPAA) regulations. Please feel free to contact us if you have any questions about or would like additional information on ways in which we strive to protect your privacy.

IBD Patient Registry  
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# **University of North Carolina Inflammatory Bowel Disease Patient Registry Volunteer Information**



## **Who may join this research study?**

All persons who are diagnosed with Crohn's disease or ulcerative Colitis.

## **What is IBD?**

Inflammatory Bowel Disease (IBD) includes Crohn's disease and Ulcerative Colitis, which are chronic diseases of the intestinal tract. They cause abdominal pain, diarrhea, intestinal bleeding, and malnutrition. The cause of inflammatory bowel disease is unknown.

IBD can strike people of all ages but most often affects young adults and children. It also frequently runs in families. If we can find the cause of IBD, it will be a major step towards prevention and better treatment of this frequently debilitating disease.

## **Why is the research being done?**

You are being invited to participate in this research study because you have inflammatory bowel disease and are being seen at the University of North Carolina Hospitals. The Division of Gastroenterology at UNC has an active research program into various aspects of IBD. Many of these studies require samples of human blood or tissue to be used for research purposes.

The purpose of this research study is to create a registry of all IBD patients at UNC, as well as a serum (a part of your blood) and tissue storage bank. The samples collected will be used in future research studies. We are offering all patients seen in the UNC GI Medicine clinic and inpatient services with inflammatory bowel disease the opportunity to participate in this research study.

## **What causes IBD?**

The causes of IBD are not known. Genetic factors (i.e. genes that are passed down from ancestors) play a major role. Other factors may include the environment and tobacco use.

## **What will happen if I join the research study?**

If you agree to join the research study, we ask that you give us information about your health and about your IBD symptoms and treatment. We may also ask you to give us a blood samples and if you have a colonoscopy biopsy samples so that we may use them to try to identify factors that may play a role in inflammatory bowel disease

## **Will I be paid to participate in the research study?**

You will not be paid for participating.

## **Who do I contact for more information?**

If you are interested in participating in this research study, please inform your health care provider during today's visit so they can enroll you.

### **Dolly Walkup**

Research Study Coordinator  
Office # (919) 843-8105

Or

### **Mikki Sandridge**

Research Study Coordinator  
Office # (919) 843-3873