Internal Medicine Diabetic Foot Care Algorithm

**Divisions:**
General Internal Medicine

**Diagnosis of Diabetes**
Present in DM Registry

**Assessment of Risk Factors:**
- Monofilament ≤ 6/8
- History of peripheral neuropathy
- History of foot ulcer
- Prior Amputation
- Peripheral Vascular Disease
- Foot deformity

**Automatic assessment** performed by the registry

1. **No risk factors identified** (Group 0)
   - **Low Risk**
     - (noted on yellow sheet)
   - **Intermediate Risk**
     - (noted on yellow sheet)
   - **High Risk**
     - (noted on yellow sheet)

2. **H/O amputation or ulcer** (Group 3)
   - **High Risk**
     - (noted on yellow sheet)

3. **Peripheral neuropathy AND PVD and/or foot deformity** (Group 2)
   - **Intermediate Risk**
     - (noted on yellow sheet)

4. **Peripheral neuropathy AND PVD and/or foot deformity**
   - **High Risk**
     - (noted on yellow sheet)

**Visual Inspection**
Assess skin & deformity
By nurse every 6 months
(yellow sheet prompt)

**Visual Inspection**
Assess skin & deformity
By nurse every 3 months
(yellow sheet prompt)

**Monofilament exam**
By nurse annually
(yellow sheet prompt)

**Comprehensive foot exam**
Assess skin, deformity, nails & pulses
By provider every year
(yellow sheet prompt)

**Problem identified**
(alert provider)

**Urgent Problem Identified**
Risk of limb loss

**Semi-Urgent Problem Identified**
Current ulceration or cellulitis

**Prescribe fitted shoes and 3 Inserts**
AND
Consider podiatry referral

**Call Vascular Surgery Clinic 843-3208**
OR
Page Vascular Surgery resident on-call

**Call Podiatry 843-1900**
schedule appt within 7 days
OR
Speak to a podiatrist or nurse in wound care (3-1900)

Import ICD-9 codes to update registry for:
- Peripheral Neuropathy
- Foot Ulcer
- Amputation
- Peripheral Vascular Disease

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Signature _______________________________
Internal Medicine Clinic Director