



Carol Golin, MD

**Associate Professor of Medicine**

#### CONTACT INFORMATION

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#### BIOSKETCH

Dr. Carol Golin is an associate professor of medicine in the Departments of Medicine and Health Behavior and Health Education as well as co-director of the Social and Behavioral Sciences Research Core, UNC Center for AIDS Research. After receiving an undergraduate degree in sociology and anthropology at Oberlin College in Ohio, she obtained her medical degree from the University of North Carolina School of Medicine, and trained at the UCLA Schools of Medicine and Public Health as a Robert Wood Johnson Clinical Scholar. Her interests include HIV health services and behavioral research with a special interest and expertise in implementing and evaluating health behavior interventions, particularly those related to medication adherence, patient-provider communication, shared decision making, motivational interviewing and HIV prevention. She has lived in Chapel Hill with her two school-aged children for the past 12 years and in addition to spending time with her family occasionally has time to enjoy yoga, swimming reading or cooking and would some day like to get back to sailing.

#### EDUCATION

MD, University of North Carolina at Chapel Hill, 1989

#### BOARD CERTIFICATIONS

American Board of Internal Medicine, 1993

#### CLINICAL INTERESTS

General Internal Medicine

#### RESEARCH SUMMARY

Dr. Carol E. Golin, Director of the UNC Center for AIDS Research's Social and Behavioral Sciences Core, is an Associate Professor I at UNC-Chapel Hill with a joint appointment in both the Department of Medicine and in the Department of Health Behavior and Health Education in the UNC School of Public Health. Dr. Golin is an experienced HIV health services and behavioral researcher with a special interest and expertise in implementing and evaluating Health Behavior interventions, particularly those related to medication adherence, patient-provider communication, shared decision making, motivational interviewing and HIV prevention. As Director of the UNC Center for AIDS Research Social and Behavioral Core and principal

investigator and co-investigator of numerous federally funded RCTs and observational trials of HIV prevention and adherence programs, Dr. Golin has special expertise in recruitment and retention of hard-to-reach populations, assessment of sensitive information, and implementation of behavioral interventions for people living with HIV. As principal investigator of the NIMH-funded PACT (Participating and Communicating Together) ART Adherence Trial and "Promoting Safer Behavior Among HIV-infected Viremic Patients" Trial and evaluator and interventionist for the UNC CDC and SPNS HIV "Prevention with Positives" demonstration projects, she has developed and tested several motivational interviewing-based and provider-delivered interventions to enhance health-related behaviors of individuals living with HIV. She is also Principal Investigator for the UNC and Wake sites for the HIV Prevention Trials Network ISIS study, a community-based, venue-based study of women from impoverished communities in Durham and Raleigh to assess the seroincidence of HIV in these communities. She has also been involved in a formative study of African American women college students to assess their perceptions of HIV and STD risk and experiences with dating, sexuality and sexual relationships during college.

Dr. Golin also has extensive experience working with vulnerable populations; she has been active in studying prisoners at risk for and living with HIV, including working as a co-investigator and behavioral consultant on a randomized trial assessing the effects of a bridging case management intervention on risky sexual practices and access to care among HIV-infected state prison inmates after release from prison. Dr. Golin is a co-investigator on the ADEPT study of adherence behaviors among indigent, HIV-infected patients attending a county HIV clinic in southern California as well as the nationally representative HIV Costs and Services Utilization Study (HCSUS). She has been coauthor on several papers assessing the role of stigma, race and discrimination in HIV testing and treatment.

Dr. Golin has expertise in developing theory-based health behavior and HIV prevention interventions including printed materials, audio and video materials, patient coaching tools and patient education webtools. Her course in the School of Public Health, Communication and Health-Related Decision Making is part of the Health Communication Certificate Program and trains medical and public health students in communication methods related to health, including risk communication, persuasion, shared decision making and motivational interviewing. Dr. Golin also has extensive experience conducting formative research to inform the development of behavioral interventions. She is trained as a Motivational Interviewing Network of Trainers (MINT) Trainer, has trained dozens of health educators and counselors to conduct MI for HIV prevention and is asked to speak nationally regarding her work developing MI-based interventions. She lectures regularly to students at the UNC Schools of Public Health and Medicine regarding HIV prevention issues.

## PUBLICATIONS

Search the url below using Golin+C\* as the search criteria.

<http://www.ncbi.nlm.nih.gov/pubmed/>