Thomas Keyserling, MD, MPH

Professor of Medicine

CONTACT INFORMATION

Phone: 919-966-2276, ext 238
Fax: 919-966-2274
Email: jato@med.unc.edu
Office Assistant: Jill Castro

Division of General Medicine
University of North Carolina at Chapel Hill
5039 Old Clinic Building
CB #7110
Chapel Hill NC 27599-7110

BIOSKETCH

Dr. Keyserling received his undergraduate degree from Duke University in 1976. He is a graduate of Emory Medical School, completed his residency training in medicine at the University of Rochester, completed a Robert Wood Johnson Clinical Scholars Fellowship at UNC, and received a Masters of Public Health degree from UNC-Chapel Hill in 1987. Since completing his fellowship training in 1988, he has been on the faculty at UNC. His research interests include developing and evaluating behavioral interventions to reduce the risk for developing and/or improve the management of common chronic disease including heart disease, diabetes, and obesity. He lives in Chapel with his wife and has three sons.

Tom Keyserling, MD, has been awarded Recognition by the National Committee for Quality Assurance Diabetes Physician Recognition Program.

EDUCATION

MD, Emory University, 1982
MPH, University of North Carolina, 1989

BOARD CERTIFICATIONS

Internal Medicine, 1986

CLINICAL INTERESTS

General internal medicine and prevention and management of common chronic diseases.

RESEARCH SUMMARY

During the last 25 years, Dr. Keyserling has been involved with a variety of community-based studies of behavioral interventions designed to reduce the risk for and improve the management of common chronic illness, such as heart disease, diabetes, and obesity. These studies have focused on improving both dietary and physical activity behaviors and outcomes have included change in blood cholesterol, blood pressure, weight, and physical activity.

PUBLICATIONS

Search the url below using Keyserling+T* as the search criteria.
http://www.ncbi.nlm.nih.gov/pubmed/

LANGUAGES (Other than English)

No