



Anna White, NP

Clinical Instructor

CONTACT INFORMATION

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BIOSKETCH

Anna White is a Family Nurse Practitioner. She completed her nursing degree at the Presbyterian Hospital School of Nursing in Charlotte. She received her Bachelors of Science in nursing at UNC Chapel Hill. She has a very broad nursing background in primary care, preventive care, and education. She spent 20 years as a community health nurse. After years of experience with women's health issues, communicable diseases and chronic disease management, she decided she wanted to do more. She expanded her training to include skills necessary to diagnose and treat acute and chronic illness. She accomplished this by earning her Masters of Science at UNC School of Nursing, and became board certified as a Family Nurse Practitioner. She sees patients both independently as well as in conjunction with the physician providers here at our clinic. Anna's philosophy is patient centered care. She likes to focus not only on health problems, but the effects problems have on the individual and their families. She emphasizes wellness and self-care by giving information on healthy lifestyle choices. Anna is a native North Carolinian, and has lived in Chapel Hill over 40 years. Her husband is a Biostatistician at Duke, and they enjoy reading, gardening, cooking, aerobic exercise, and hiking the Appalachian Trail as often as possible!

EDUCATION

MSN, University of North Carolina, 1997

FNP, University of North Carolina, 1997

BOARD CERTIFICATIONS

Certified FNP, 1997

CLINICAL INTERESTS

Primary care of adults, peri- and post-menopausal care, smoking cessation, and health/disease prevention

LANGUAGES (Other than English)

No