

PEDIATRIC AND ADOLESCENT CLINIC FOR GENDER WELLNESS (PAC-G)



UNCCHILDRENS.ORG/GENDERCLINIC

Welcome to the PAC-G Program

Recognizing the unique barriers that gender non-conforming and transgender youth face in receiving the health care that they need and deserve, we strive to support the needs of the children of North Carolina. Our goal is to provide gender-affirming care to pediatric and adolescent patients, in a welcoming and respectful clinic environment.

Our clinic aims to provide:

- Access to gender affirming medical care for children and adolescents with gender dysphoria
- Research to improve health and outcomes for gender non-conforming individuals
- Support for psychological health and social-emotional needs
- Education and training for providers, educators, and community partners caring for gender-conforming patients

WHAT IS GENDER INCONGRUENCE?

Gender incongruence is a persistent mismatch between an individual's gender identity and the gender that they were assigned at birth.

Gender dysphoria is distress and emotional suffering that may be associated with gender incongruence.

Transgender is a broader term that may include individuals who self-report or describe having a gender identity that is different from their gender assigned at birth. Not all transgender individuals experience gender dysphoria.

TREATMENT APPROACH

The PAC-G program uses a gender affirmative model of care. We develop individualized treatment plans for each patient through collaboration with patients, their parents/guardians, and clinical providers.

MAKE *a* REFERRAL:

UNC CareLink

Community based physicians and their staff who would like to utilize our electronic referral portal or gain secure, read-only access to UNC's electronic medical records system may request a UNC CareLink account at unccarelink.org. If you have questions about enrollment, please email unccarelink@unchealth.unc.edu.

Phone Number

PAC-G phone line: **(919) 962-2796**

Epic

Order Entry: Ambulatory Referral to Pediatric Endocrinology; select "PAC-G CLINIC".

LEARN MORE *about* OUR CARE TEAM *at* FINDADOC.UNCHEALTHCARE.ORG

Interdisciplinary Support

The PAC-G program includes providers in the following fields:

- Social work
- Child/adolescent and young adult psychology and psychiatry
- Pediatric endocrinology
- General pediatrics and family medicine
- Gynecology
- Plastic surgery
- Pastoral care
- Clinical ethics

GENDER AFFIRMING MEDICAL CARE

- Pubertal suppression
- Menstruation suppression
- Gender affirming hormone therapy
- Reproductive and sexual health services
- Referrals to additional medical specialties (including fertility preservation)

SOCIAL WORK SUPPORT

- Consultation with teachers, counselors, and other school staff
- Parent and family support services for topics including advocacy, self-care, mindfulness and adjustment
- Resources for transition to adult care
- Referrals to community resources, including legal, educational and peer support

MENTAL HEALTH SERVICES

- Yearly assessment visits (all patients)
- Consultation visits to provide short-term, solutions-focused therapeutic support
- Outpatient counseling
- Psychiatric assessment and medication management
- Referrals/coordination to higher levels of care as necessary

Safe Space

The PAC-G program strives to create an open and affirming space where patients of all backgrounds and identities are able to access the highest quality care available. Please contact us with any questions or concerns.

LOCATIONS

UNC HOSPITALS CHILDREN'S SPECIALTY CLINIC

N.C. Children's Hospital
Ground Floor
101 Manning Drive
Chapel Hill, NC 27514

NC STATE PARK SCHOLARS CHILDREN'S SPECIALTY CLINIC AT REX

4414 Lake Boone Trail
Suite 505
Raleigh, NC 27607
Follow up visits only

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