

Talk to your healthcare provider about taking medicine to cure your hepatitis C.

Once you are cured, you do not need to take hepatitis C medicine any more, and because you no longer have hepatitis C, you cannot give it to anyone else.



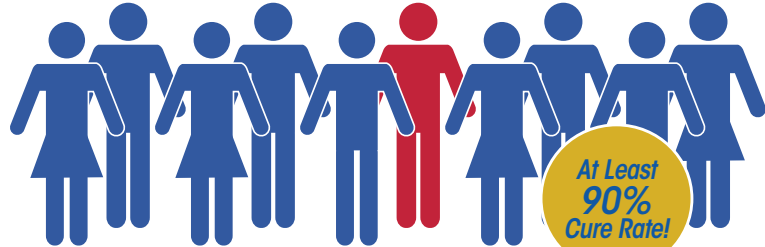
FOR REFERENCES, VISIT AIDSETC.ORG

Adapted from:
Department of Public Health City of Philadelphia.
Get Cured! Understanding the New Era of Hep C Treatment.
January 2019.

Hepatitis C:



Past: Hepatitis C treatment took up to a year, caused bad side effects and at best, cured about 50% of people. People living with HIV and hepatitis C were less likely to be cured than those who only had hepatitis C.



Now: New hepatitis C treatment takes about 3 months, has few or no side effects, and cures at least 90% of people. Hepatitis C medicine works for people living with HIV and hepatitis C just as much as it does for those who only have hepatitis C.

PAST		NOW
A weekly shot (Interferon) + twice daily pills (ribavirin)	Medications	1-3 pills once or twice daily
About 12 months	Treatment Time	About 2-3 months
At best, 5 out of 10 people treated were cured	Cure	More than 9 out of 10 people treated are cured
Depression, fever, chills, upset stomach, fatigue and low energy	Side Effects	Usually, no side effects. Sometimes a minor headache or feeling tired

You can get hepatitis C again if you are not careful. To avoid re-infection and to stay healthy, it is important that you:

- Do not** share needles, syringes, straws, or other equipment to inject or sniff drugs
- Do not** share razors or toothbrushes
- Use condoms** for anal and vaginal sex
- Continue to see your healthcare provider(s)** on a regular basis and discuss risks for re-infection

