Program Overview

The UNC Memory Disorders Program was launched in 2003 to promote clinical care, education, and research into Alzheimer’s disease and related disorders (ADRD). There are currently over 150,000 individuals in North Carolina affected by ADRD, and that number will double over the next couple of decades. The Memory Disorders Clinic serves as the program hub, providing state-of-the-art diagnostic evaluations and treatment, a venue for training students and physicians, and a platform for multidisciplinary research.

The Memory Disorders Program is committed to improving the quality of life for all individuals with ADRD by translating research into clinical care. New diagnostic guidelines highlight Mild Cognitive Impairment (MCI) as a possible early stage of Alzheimer’s disease. MCI is a growing focus of our research, clinical and educational outreach activities. The program is also a statewide and southeast US regional referral center for non-Alzheimer’s dementias, such as Lewy body dementia and Frontotemporal Degeneration, reflecting another focus of collaborative research and clinical activities. The overarching aim of our program is to help provide the best possible care to all individuals and families dealing with ADRD in North Carolina, and beyond.

Clinical Care:
Memory Disorders Clinic

Education:
Patient, family, community outreach, support groups, student and physician training

Research:
Investigator-initiated and collaborative research studies to improve the diagnosis and treatment of Alzheimer’s disease and related disorders

MISSION STATEMENT
Expand access to and provide optimal care for individuals and families living with Alzheimer’s disease or related disorders, and conduct research to advance diagnostic testing, therapeutic interventions, and preventative approaches/risk reduction.
Memory Disorders Clinic

- Comprehensive neurological and cognitive diagnostic evaluations
- Multidisciplinary treatment planning and disease management
- Opportunities for participating in research studies and clinical trials
- Medical student, resident, and physician training
- Patient education and referral to community resources
- Risk reduction and lifestyle management strategies

Specializing in the diagnosis and management of:

- Mild Cognitive Impairment
- Alzheimer's Disease
- Frontotemporal Degeneration
- Primary Progressive Aphasia
- Traumatic Brain Injury (Mild)
- Lewy Body/Parkinsonian Dementias
- Normal-Pressure Hydrocephalus
- Familial/inherited dementias
- Vascular and other dementias

Initial Consultation

Reasons to be evaluated:
- Repeating oneself
- Getting lost in familiar places
- Difficulty managing a checkbook
- Difficulty finding words
- Impaired judgment
- Change in personality and behavior

How to arrange an evaluation:
- Physician referral is needed
- When the referral is received, a medical history form will be sent out
- After the form is completed, contact the clinic at 919.966.4401 to schedule the appointment
- Bring the completed medical history form and other relevant medical records (including CD-ROM copies of recent brain imaging studies) to the clinic
- Have an informant familiar with the patient accompany the patient
- The evaluation typically lasts 1.5 hours, including cognitive testing and neurological evaluations
WHO WE ARE

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