



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL



NATIONAL
PARKINSON
FOUNDATION

Interdisciplinary Parkinson's Disease Clinic

UNC Chapel Hill Department of Neurology
Supported by the National Parkinson Foundation

The UNC Movement Disorders Clinic has officially launched a new, half-day, comprehensive clinic for individuals with Parkinson's disease, performed by an interdisciplinary team of UNC healthcare professionals who specialize in Parkinson's care.

THIS CLINIC IS MOST APPROPRIATE IF:

- You are functioning well, but you would like some baseline measurements taken and would like to receive information and exercises to help maintain functioning over time.
- Symptoms of your Parkinson's disease are interfering with your work and leisure activities.
- Your current treatment plan is not working or you have complications from medical therapy.
- You or your family need advice and counseling on coping with Parkinson's disease.
- Cognitive and behavioral problems (i.e., depression and anxiety) are interfering with your activities of daily living.





WHAT TO EXPECT:

1. Prior to your appointment, the social worker will complete an evaluation with you over the phone. This evaluation will be shared with the other clinicians involved to prepare them in advance for your appointment.
2. On the evaluation day, you will come to the PT/OT Outpatient Clinic in Memorial Hospital where you will receive...
 - a. A full Neurological evaluation,
 - b. A full Physical Therapy evaluation,
 - c. A full Occupational Therapy evaluation,
 - d. A full Speech-Language Pathology evaluation.
3. You will leave at the end of the last evaluation with a packet of general information. The interdisciplinary team will then meet to discuss the case and to develop overall recommendations.
4. The team assessment and recommendations (as well as information on how to pursue various therapies) will be typed up and mailed to you within two weeks of the appointment. They will also be sent to your referring physician, and any other physician (e.g., general neurologist) you choose.
5. After receiving our team's recommendations, you will be contacted by the Center Coordinator, and Clinical Social Worker, Jessica Katz. She will review the clinic recommendations and suggested treatment plan with you and provide you with assistance and referrals in following up with the options that you would like to pursue.

WHAT WE CAN DO:

- This is a patient-centered clinic. We will provide a thorough list of treatment options and recommendations, but it is up to you and you're family to decide upon what you would like to pursue and when. We will be available to provide assistance if and when you choose to follow-up with a treatment recommendation.
- We will work *with* your referring primary care physician or neurologist in order to provide you with the best care possible. This is only a consultation.



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CLINIC COSTS:

- *The cost is different depending on each patient's insurance, so be sure to check with your insurance company ahead of time to learn about what portion of the costs you will be held responsible for.*
- Your neurology appointment should cost the same as your usual Movement Disorder Specialist visits.
- Charges for each of the allied health clinicians (PT, OT, SLP) reflect what regular evaluations by these clinicians would generally cost. Our allied health clinicians are billed as *hospital based*, which means that if you have not met your deductible, you may be responsible for the full charges involved with your visit.
- For questions about specific costs and your insurance coverage for each clinician, please contact:
 - Diana Browning at 919-966-1423 for questions about physical and occupational therapy costs.
 - Stacy Jordan or Leanne Wilkie at 919-843-0017 for questions about speech therapy costs.
 - Brooke Jacob at 919-966-4404 for questions about neurology costs.

HOW TO BE REFERRED TO THE INTERDISCIPLINARY CLINIC:

- We require a physician's referral. The referral form for our Interdisciplinary Parkinson's Clinic is available online at <http://www.med.unc.edu/neurology/divisions/movement-disorders/>
- Physicians should fax these referral forms to 919-966-2922, ATTN: Jessica Katz

Interested individuals should contact Jessica Katz, Center Coordinator and Clinical Social Worker, at 919-843-1657 or jkatz@neurology.unc.edu.