UNC Comprehensive Stroke Center

Emergency Contacts for iPhone

1) Open Apple Health App

2) Touch Medical ID (bottom right corner)

3) Touch ‘Create Medical ID’
4) At the top, make sure that ‘Show When Locked’ is turned on.
5) Fill in as much as you can. Make sure you fill in at least one emergency contact.
6) Touch ‘Done’ to complete

Remember to make sure that the contacts in your phone are up-to-date

Call 911 for Signs of Stroke
UNC Comprehensive Stroke Center
Stroke is an EMERGENCY, know the signs and call 911

Call 9-1-1 For New Signs of Stroke.
Act FAST, Time is Brain.

Face—does it look uneven?

Arm—is one arm or leg weak?

Speech—does it sound strange (slurred or hard to get out words?)

Time—time is brain, time to call 9-1-1

Sudden onset of difficulty with balance, vision changes or sudden severe headache with no known cause are also symptoms of stroke.

Call 9-1-1 immediately. Time is brain.