

# THE TIBBS TIMES

Your source for campus events, news, and information  
designed especially for UNC biomedical graduate students

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## Upcoming TIBBS-Sponsored Events

**Friday January 14. 12:00 to 1:00 in Bioinformatics 1131**  
**How researchers and clinicians are collaborating at UNC to meet unmet needs in autism.**

Mark Graves, an autism advocate, Joe Piven, MD, and Ayse Belger, PhD will explain the disorder, current treatment and detection challenges, and what is being done at UNC to better understand and treat autism.

[Lunch will be served to those who register here](#)

**Friday January 21 at noon in MBRB lobby AND Caudill Labs lobby**  
**TIBBS Sushi Social**

Two easy locations for you to enjoy rainbow rolls, sushi, sashimi, and of course, chatting with friends. Please bring your OneCard to be served.



**Wednesday January 26. 3:00-6:00 in various rooms in Bondurant and MacNider Hall**

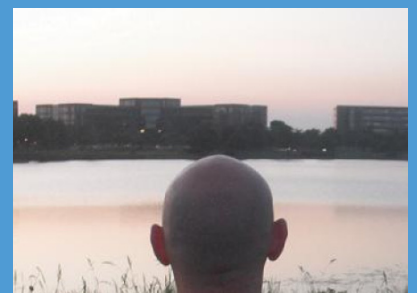
**TIBBS Career Blitz**

PhD trained scientists from more than 10 different careers will be on hand to informally answer your questions about what they do, how they got where they are, and how you can follow in their footsteps. Talk to just one career ambassador or all of them during the 3 hour come-and-go event.

[Click here to find out which careers will be represented and to register.](#)

**Tuesday February 8. 10:30 to 11:30 in Kerr Hall 1001**  
**A conversation with Greg Forbes Siegman**

Greg is the real-life inspiration for *The Silhouette Man* by Jillip N. Paxson. The book tells the story of one young person's efforts to build bridges within the diverse world outside his window and the lessons learned along the way. Go to [page 2](#) for more information or [click here to register.](#)



February 8th, 2011  
Kerr Hall 1001 thanks to the following for sponsoring Greg's visit

# One moment in time... Ten seconds to decide... What would you do? What did he do?



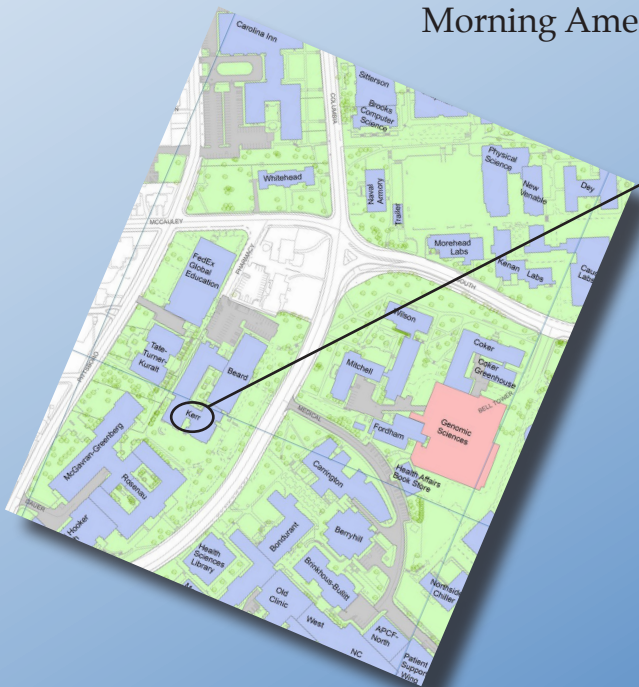
## Greg Forbes Siegman

Greg is the real-life inspiration for *The Silhouette Man* by Jillip N. Paxson and a recipient of the Jefferson Award for Public Service. The book tells the story of one young person's efforts to build bridges within the diverse world outside his window and the lessons learned along the way.



*"Shattering stereotypes, person by person, heart by heart...accomplishing more over brunch than many do in a lifetime."*

- Diane Sawyer on Good Morning America



Join us on  
**February 8th, 2011**  
**10:30 to 11:30am**  
**Kerr Hall 1001**  
**Reception to follow**

Registration appreciated - follow  
the link at [TIBBS.unc.edu](http://TIBBS.unc.edu)

- Thanks to the following for sponsoring Greg's visit
- TIBBS
  - The Initiative for Maximizing Student Diversity
  - The Office of Diversity and Multicultural Affairs
  - The Graduate School

## Pioneering Postdoc Programs

Your postdoctoral training period is the ideal time to hone your skills and get needed experience that will make you the perfect candidate for the career of your choice.

There are many unique postdoc programs that train fellows in a variety of indemand skills and these training opportunities are often shorter and more structured than the traditional academic postdoc. They teach a specific skill set and can be a fast track to a “real job” afterwards. Each month in the TIBBS Times we’ll highlight a different fellowship opportunity.

### Postdoctoral Fellowships at the Pasteur Insitute

The Pasteur Foundation administers this fellowship program to bring U.S. postdoctoral researchers to work in any one of the 130+ Institut Pasteur laboratories in Paris. Guided by the institute’s administration, which seeks to develop international scientific exchanges to ensure the vitality of Institut Pasteur labs, this program is open to American citizens who are not already in France and who have received their PhD degree within the last five years.

The three-year fellowship package is \$70,000 annually: \$55,000 fellowship plus \$15,000 bench fees to support the research.

[Click here for the program website](#)

[Click here for the application guidelines](#)

[Click here for answers to FAQs](#)

### Where on Campus is That??

If you’re one of the first ten PhD students to correctly identify the location of this picture on UNC campus you’ll get a free king size candy bar! Email your guesses to [pdb@unc.edu](mailto:pdb@unc.edu).

Good luck!

[Click here for answers to past contest photos](#)



## January 2011 Seminars (page 1 of 4)

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### January 6

Tales from Serenex: University Spin-off to Pfizer Acquisition

Held in Sittesron Hall, Room 014 from 5:30pm – 6:30pm. Networking Session : 6:30pm – 8:30pm Top of the hill Restaurant & Brewery, Tank Room, 2nd Floor. For more information: [http://otd.unc.edu/carolina\\_innovations\\_seminar.php](http://otd.unc.edu/carolina_innovations_seminar.php)

### January 10

“Sweet Taste and alcoholism: New Developments.”

Presented by Assistant Professor, UNC Department of Psychiatry and Bowles Center for Alcohol Studies. Sponsored by the Bowles Center for Alcohol Studies. Held in Taylor Hall 124 from 12:30pm – 1:30pm.

The Role of Hypoxia in Diesel Exhaust-Induced Cardiac Dysfunction

Presented by Christina Lamb. Held in 1131 Bioinformatics Building at 4pm.

### January 11

Next-generation Genotyping for Next-generation Sequencing

IPIT Seminar Series

Presented by Eric Stone, PhD. Stone is an assistant professor in the Department of Genetics at the Bioinformatics Research Center at North Carolina State University. His seminar will begin at 4:00 p.m. at the Bioinformatics Building, room 1131, to be followed by a reception at 5:00 p.m.

“The membrane bound state of Cry1A toxins”

Presented by Oscar Alzate, University of North Carolina at Chapel Hill. Sponsored by Biochemistry & Biophysics Seminars. Held in 1131 Bioinformatics from 11am – 12pm.

Synaptic Dynamics and Local Circuits in the Cochlear Nucleus and Auditory Cortex

Presented by Paul Manis. Sponsored by the Triangle Synapse Club. Held in 101: Bryan Research Bldg, Duke from 5:30pm – 7:30pm

IPIT (UNC Institute for Pharmacogenomics and Individualized Therapy) Seminar

Presented by Eric Stone, PhD, North Carolina State University. Held in 1131 Bioinformatics Building from 4pm – 5pm. For more information: <http://www.pharmacy.unc.edu/news/events/ipit-seminar-eric-stone-phd>

### January 12

Sequencing of human cancer transcriptomes to discover novel gene fusions

Presented by Christopher A. Maher, PhD, University of Michigan. Sponsored by the UCRF Faculty Candidate-Health Communication. Held in 00-002 Joseph S. Pagano Conference Room, UNC Lineberger Cancer Center at 4pm.

## January 2011 Seminars (page 2 of 4)

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### January 13

Development of functional neural circuits in the mammalian retina.

Presented by Dr. Maria Feller. Dr. Feller is an Associate Professor of Neurobiology at UC Berkley and a Member of the Hellen Wills Neuroscience Institute. Sponsored by UNC Neuroscience Center. Held at 1131 Bioinformatics from 12:30pm to 1:30pm.

### January 14

How Researchers and Clinicians are meeting unmet needs in Autism detection and care

Presented by Dr. Aysenil Belger & Dr. Joe Piven. Sponsored by TIBBS. Held in 1131 Bioinformatics from 12pm – 1pm.

### January 15

Jeffrey L. Hout Lectures in Genome Sciences

Synthetic Genomics: Progress on Construction of a Synthetic Bacterial Cell

Presented by John Glass, PhD. (Professor, Synthetic Biology Group J. Craig Venter Institute) Held at 12pm in G100 Bondurant.

### January 18

How animals feed at the bottom of the sea: Feeding currents generated by a benthic jellyfish.

Presented by Laura Miller. Held at 4:00 pm in Coker 201. Refreshments will be served before the seminar at 3:45 in Coker 215.

Multiple aspects of protein folding

Presented by Tobin Sosnick, University of Chicago. Sponsored by Brian Kuhlman and the Program in Molecular & Cellular Biophysics. Held in 1131 Bioinformatics from 11am – 12pm.

### January 19

MCNP (Division of Medicinal Chemistry and Natural Products) Seminar

Presented by Stephen Fuchs, PhD, UNC School of Medicine. Held in Chapman Hall, Room 125 from 12:00pm – 1:30pm. For more information: <http://www.pharmacy.unc.edu/news/events/mcnp-seminar-stephen-fuchs>

### January 20

Research Ethics Grand Rounds. Research Among the Poor in Developing Countries: Some Ethical Issues

Presented by Stuart Rennie. Held in 219 Brinkhous-Bullitt at 12pm

Phylogenetic analyses of AD and other neurodegenerative diseases

Presented by Allen Roses, MD. Sponsored by UNC Neuroscience Center. Dr. Roses is a Professor in the Neurology Division in the Medicine Department at Duke University. Held at 1131 Bioinformatics from 12:30pm to 1:30pm.

## January 2011 Seminars (page 3 of 4)

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### January 20 (continued)

Mechanical forces in cell division

Presented by Sophie Dumong, PhD, Harvard. Sponsored by Biochemistry/Lineberger Cancer Center Faculty Candidate. Held in 1131 Bioinformatics at 2pm.

### January 21

The Agilent Technologies SureSelect Platform for Targeting Enrichment: Focus your next-gen sequencing on DNA that matters.

Presented by Emily M. Leproust, Ph.D. Director Applications and Chemistry R&D – Genomics  
During this presentation you will learn how the SureSelect™ Target Enrichment technology works and its main applications, as we cover the recent literature and the scientific discoveries that our technology has enabled.

Sponsored by NC TraCS Institute. Held in Brinkhous-Bullitt Building, Room 219 from 10:30am -12:00pm. For more information: [http://cfx.research.unc.edu/res\\_classreg/browse\\_single.cfm?New=1&event=FD5EEDED88A69B2AF559D46D3CDCC604ECCCA306](http://cfx.research.unc.edu/res_classreg/browse_single.cfm?New=1&event=FD5EEDED88A69B2AF559D46D3CDCC604ECCCA306)

### January 24

Collecting duct endothelin – the last word in sodium excretion

Presented by Donald Kohan, MD, PhD. Sponsored by Cell & Molecular Physiology. Held in G202 MBRB from 12pm to 1pm.

Generation of a p16INK4a-GFP Reporter Mouse to Investigate the Mechanisms of p16INK4a Expression In Vivo in Response to Toxicological Exposures

Presented by Jessica Sorrentino. Held in 1131 Bioinformatics Building at 4pm.

### January 25

Metabolic flexibility and suspended animation

Distinguished Seminar in Molecular Biology

Presented by Mark Roth. Held at 4:00 pm in Coker 201. Refreshments will be served before the seminar at 3:45 in Coker 215.

Control mechanism of a central actin regulation machinery, the WAVE complex

Presented by Zhucheng Chen, PhD, UT Southwestern. Sponsored by Biochemistry/Lineberger Cancer Center Faculty Candidate. Held in 1131 Bioinformatics at 11am.

### January 26

MCNP Seminar

Presented by Alex Dieters, PhD, North Carolina State University. Held in Chapman Hall, Room 125 from 12:00pm – 1:30pm. For more information: <http://www.pharmacy.unc.edu/news/events/mcnp-seminar-alex-dieters-phd>

## January 2011 Seminars (page 4 of 4)

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### January 27th

DISC1 regulation of neural development in the hippocampus

Presented by Guo-Li Ming, MD, PhD. Sponsored by UNC Neuroscience Center. Dr. Ming is an Associate Professor of Neurology and Neuroscience in the Institute for Cell Engineering at the John Hopkins University. Held at 1131 Bioinformatics from 12:30pm to 1:30pm.

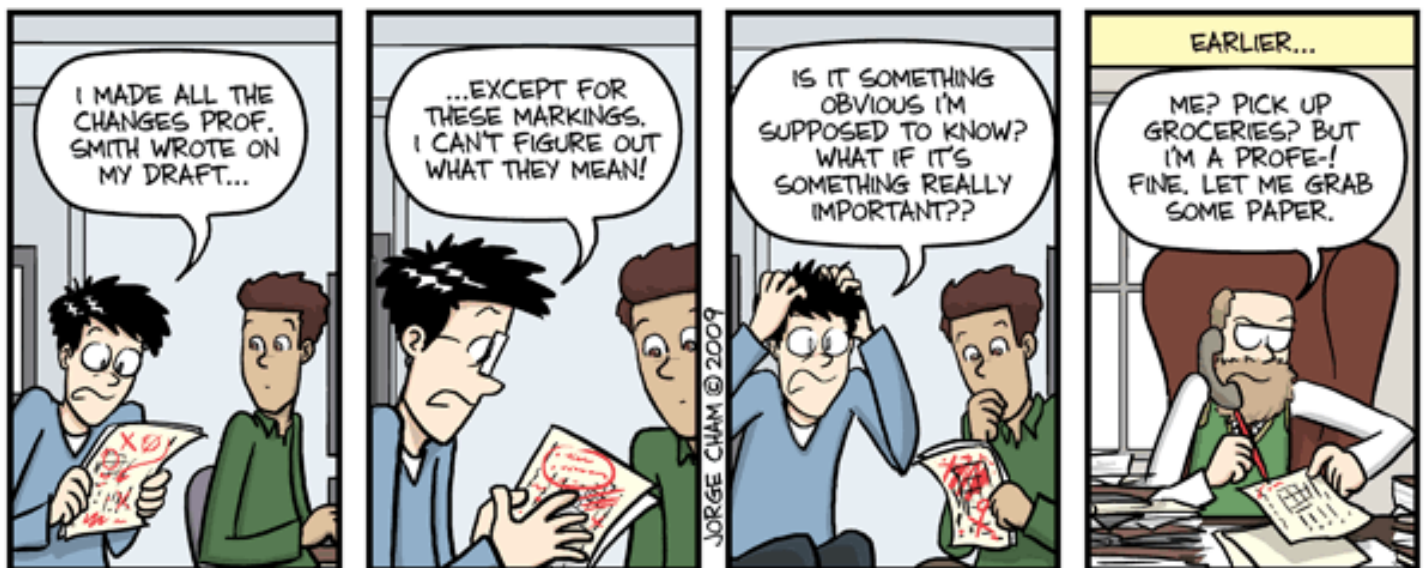
“Dude, Where’s My Car’: Effects of Adolescent Alcohol Exposure on Learning and Hippocampal Function.”

Presented by Scott Swartzwelder, PhD. Sponsored by the Bowles Center for Alcohol Studies. Held in Taylor Hall, Room 124 from 12:30pm – 1:30pm

Was It A Poisoning?

Presented by Dr. Catherine Hammett-Stabler (UNC Pathology & Lab Animal Medicine). Held in 1131 Bioinformatics Building at 4pm.

## PhD Comics by Jorge Cham, PhD



## January 2011 Workshops and Events (page 1 of 5)

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### January 10-14th

#### Dissertation Writing Boot Camp session A

The boot camp meets daily from Monday January 10 through Friday January 14 from 9am–1pm each day. Each day includes several blocks of writing time, scheduled, limited time for web-browsing, tip sheets, a writing strategy/activity led by Writing Center staff, a lunch conversation with fellow campers (box lunches provided), opportunities to share writing and get feedback from fellow campers, an individual session with a writing tutor, space to continue writing in the afternoon (if interested)

Questions about registration or future workshops? Contact Brian Rybarczyk at the Graduate School at [brybar@unc.edu](mailto:brybar@unc.edu). Questions about the format or content of the boot camp? Contact Kim Abels, Writing Center Director at [kabels@email.unc.edu](mailto:kabels@email.unc.edu) or 962-7710.

Cost: \$20

[http://cfx.research.unc.edu/res\\_classreg/browse\\_single.cfm?New=1&event=F19BC9F8CD62408FE4E8BEB21B1A8990A4965AF7](http://cfx.research.unc.edu/res_classreg/browse_single.cfm?New=1&event=F19BC9F8CD62408FE4E8BEB21B1A8990A4965AF7)

### January 12

#### Transitioning to Microsoft Office 2007

Microsoft's Office suite just got an upgrade. In this workshop we'll learn how to navigate the Office 2007 workspace in Word, Excel, and PowerPoint. We'll explore features such as the ribbon, tabs, and context-sensitivity. Topics covered include saving in old .doc/.xls/.ppt formats; inserting pictures in Word; creating tables in Excel; and creating basic PowerPoint presentations. Class time will also be devoted to answering your specific questions. This class will end the desperate hunt for your favorite buttons! They are open to SOM faculty and to staff and medical students working on faculty curriculum projects. Each class includes hands-on use of Multimedia Lab equipment. Presented by Erin Carter. Sponsored by OIS. Held in 67 MacNider Hall from 12pm -1pm. For more information: <http://help.med.unc.edu/training/classes/office2007/>. To register: <http://www.med.unc.edu/ois/multimediaclassform>.

#### Effective Job Searching

Learn how UCS can assist you in your job search, how to search for job leads, search alumni and employer databases, and more! RSVP preferred, but not required. Held in 239B Hanes Hall from 3pm – 4pm.

### January 13

#### How to Ace Your Interview

Learn how to interview effectively for jobs and internships. RSVP preferred, but not required. Held in 239B Hanes Hall from 4pm – 5pm.

### January 14

#### Classroom Management

Classroom conflicts often impede learning and can consume a great deal of time and energy. Conflicts may arise from relatively minor aspects of the course, such as differing faculty-student interpretations of a grading scheme, or from more fundamental issues, such as differ-

## January 2011 Workshops and Events (page 2 of 5)

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ences between ideologies or strongly held beliefs among students. Most instructors plan their courses with content in mind and pay far less attention to considerations of the social aspects of learning. The good news is that there are quick and easy ways to establish positive classroom interactions and handle the classroom conflicts that do arise. In this session, case studies will be used to develop and review strategies for resolving conflicts satisfactorily. Held in Wilson Library, Room 318 (CFE Conference Room) from 12pm – 1pm. To register: [https://reg.abcsignup.com/reg/reg\\_login.aspx](https://reg.abcsignup.com/reg/reg_login.aspx)

### January 18

#### **Nothing but NETworking**

Is it really who you know, and not what you know that will get you hired? Find out what you need to know about networking—what it is, productive techniques, and the results. Wouldn't you rather be NETworking than NOT working? RSVP preferred, but not required. Held in 239B Hanes Hall from 4:00pm - 5:00pm. To RSVP: <http://careers.unc.edu/events/details/1120>

### Basic EndNote

This Basic EndNote class will touch on the fundamental functions of the EndNote software. Building your library, managing your sources, and inserting your citations into your documents will be the focus of what we will cover. This class is structured for new to beginning users. 11 seats available. Held in HSL- 329 from 1pm – 2pm. To register: <http://www.hsl.unc.edu/Services/Classes/classregistration.cfm>

### January 19

#### **Introduction to Outlook 2007**

You probably already know that you can use Microsoft Outlook to manage your email, but did you know that Outlook also includes tools to help you manage your schedule, tasks, contacts, and notes? One of the major advantages to using Outlook is its integrated tool set, yet many people aren't aware of all of Outlook's capabilities. Take some time to get acquainted with some of the useful, integrated tools Outlook offers. They are open to SOM faculty and to staff and medical students working on faculty curriculum projects. Each class includes hands-on use of Multimedia Lab equipment. Presented by Erin Carter. Sponsored by OIS. Held in 67 MacNider from 12pm – 1pm. For more information: <http://help.med.unc.edu/training/office/outlook2007>. To register: <http://www.med.unc.edu/ois/multimediaclassform>.

### January 20

#### **Aseptic Techniques**

The IACUC Aseptic Techniques class is a hands-on wet lab designed to teach students how to maintain a sterile field during survival rodent surgery. This course is mandatory for all Laboratory Animal Coordinators in laboratories performing sterile rodent surgery. All UNC rodent users who will be performing sterile survival surgeries are encouraged to attend. Alternatively, training and certification may be provided through a certified proficient Laboratory Animal Coordinator.

## January 2011 Workshops and Events (page 3 of 5)

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Prerequisites: Research Profile, Lab Worker Form, Animal Handler Form, and IACUC/DLAM on-line orientation ([http://cfx3.research.unc.edu/iacuc\\_reg/](http://cfx3.research.unc.edu/iacuc_reg/)). Held at Glaxo 148 10am-12:30pm  
>>Click Here to register for this event

### **Research Portfolios for the Academic Job Market**

Research portfolios are becoming increasingly important for marketing one's research and scholarship when applying for junior faculty positions in many universities and colleges. In this workshop, participants will learn the basic components of a research portfolio, see examples of the different components of a research portfolio, and develop ideas for their own portfolios. This workshop is co-sponsored with the Center for Faculty Excellence. Light refreshments will be served. Held in Bondurant Hall, room G010 from 1:00pm -2:30pm. To register: [http://www.google.com/url?q=http%3A%2F%2Fcfx3.research.unc.edu%2Fres\\_classreg%2Fbrowse\\_single.cfm%3FNew%3D1%26event%3D72B3ADAA2CE801B695437C5C8F8DA8A426A67467&usd=2&usg=AFQjCNFtBZpW\\_yN7IKJin0KaqCmsmZaI7Q](http://www.google.com/url?q=http%3A%2F%2Fcfx3.research.unc.edu%2Fres_classreg%2Fbrowse_single.cfm%3FNew%3D1%26event%3D72B3ADAA2CE801B695437C5C8F8DA8A426A67467&usd=2&usg=AFQjCNFtBZpW_yN7IKJin0KaqCmsmZaI7Q)

### **Developing Critical Thinking**

This workshop will provide skills and techniques you can use to improve your students' critical thinking skills. A major step in promoting critical thinking and deeper learning is to expose students to their dualistic/relativistic thinking and to help them raise their own awareness of how they think and know. A second method to promote critical thinking is to help students surface what they know and to learn ways to question and reflect on their own knowledge, beliefs, and thinking skills. This workshop will provide selected resources in several areas of helping undergraduate students to develop critical thinking skills. Held in Wilson Library, Room 318 (CFE Conference Room) from 12:30pm -1:30pm. To register: [https://reg.abcsignup.com/reg/reg\\_login.aspx](https://reg.abcsignup.com/reg/reg_login.aspx)

### **Mock Interview Day**

Interviewing is like any other skill - the more you practice, the better you get! Sign up for a Mock Interview to develop your interviewing skills. A Professional Recruiter and UCS Counselor will provide constructive individualized feedback for each interview. At your request, interviews can be video-recorded for later viewing. You must sign up to have a Mock Interview. More details to be announced. Held in 239B Hanes Hall from 9am -4pm.

### **January 21**

#### **TIBBS Sushi Social.**

Sponsored by TIBBS. Held in BMRB lobby and Caudill Lab Building Lobby from 12pm – 1pm.

How to find Funding Opportunities for Students in Health Sciences.  
Held in 307 Health Sciences Library from 1:30pm – 3:00pm.

#### **What to Expect When You're Expecting at UNC**

An informal orientation and information session for expectant undergraduate students, graduate and professional students, and postdoctoral scholars. Partners welcome! Held in the Caro-

## January 2011 Workshops and Events (page 4 of 5)

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lina Women's Center, 215 West Cameron Avenue. To register email Ashley Fogle: [fogle@unc.edu](mailto:fogle@unc.edu)

### January 24

#### **Dissertation Writing Boot Camp session B**

The boot camp meets daily from Monday January 24 through Friday January 28 from 9am–1pm each day. Each day includes: • several blocks of writing time • scheduled, limited time for web-browsing • tip sheets • a writing strategy/activity led by Writing Center staff • a lunch conversation with fellow campers (box lunches provided) • opportunities to share writing and get feedback from fellow campers • an individual session with a writing tutor • space to continue writing in the afternoon (if interested) Sound interesting?

Questions about registration or future workshops? Contact Brian Rybarczyk at the Graduate School at [brybar@unc.edu](mailto:brybar@unc.edu). Questions about the format or content of the boot camp? Contact Kim Abels, Writing Center Director at [kabels@email.unc.edu](mailto:kabels@email.unc.edu) or 962-7710.

Cost: \$20 . Writing Center - 0127 SASB North, 9:00 AM - 1:00 PM. Sponsored by The Graduate School - The Writing Center.

THIS EVENT IS FULL

>> [Click Here](#) to join the waitlist OR [Click Here](#) to check for the next available event

### January 25

#### **Mandatory Breeding Policy Lecture**

This course is mandatory for all Principal Investigators and mouse handlers with breeding colonies. The one hour lecture reviews the Institutional policy concerning cage population densities, housing, and breeding mice. Held in Glaxo 148 from 11am -12pm.

#### **How to Get LinkedIn / Social Media Program**

This workshop will provide you with new ways to think about and market your skills and will help you leverage new technologies to make connections, gather info, find hidden opportunities and demonstrate your knowledge. The session is useful for all students, whether you are weeks from graduation or planning ahead for your future career. The second half of this session will focus specifically on LinkedIn.com and how to best utilize this platform to help you achieve your job search or career exploration goals. RSVP preferred, but not required. Held in Cabaret, Union from 5:00pm – 6:30pm.

### January 26

#### **Career Blitz**

Sponsored by TIBBS. Held in Bondurant and McNider from 3pm – 6pm. See [www.med.unc.edu/tibbs](http://www.med.unc.edu/tibbs) for more information

### January 27

#### **Powerpoint: Tips & Techniques—UNC School of Medicine**

You know the basics of creating a PowerPoint presentation, but now you'd like to take your presentations to a new level. In this workshop you'll learn more advanced techniques to enhance your PowerPoint presentations. Topics covered include drawing tools, slide animations, head-

## January 2011 Workshops and Events (page 5 of 5)

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ers and footers, slide masters, automated presentations, and more. Class time will also be devoted to answering your specific questions. After attending this workshop, you'll no longer have to ask yourself-"How did they get their presentation to do that?" They are open to SOM faculty and to staff and medical students working on faculty curriculum projects. Each class includes hands-on use of Multimedia Lab equipment. Presented by Erin Carter. Sponsored by OIS. Held in 67 MacNider from 12pm – 1pm. For more information: <http://help.med.unc.edu/training/classes/powerpoint> To register: <http://www.med.unc.edu/ois/multimediaclassform>

### **Assessing and Evaluating Student Performance**

Assessing student learning is a critical aspect of every university course. Developing and implementing assessment strategies to evaluate students' performance poses a challenge for many instructors. Moving beyond the general principles of assessing student learning, you will explore how to develop a course framework that blends learning objectives, teaching strategies, and assessment tools in a way that provides a systematic approach to the assessment of learning and achievement of desired learning outcomes. Held in Wilson Library, Room 318 (CFE Conference Room) from 12:30pm-1:30pm. To register: [https://reg.abcsignup.com/reg/reg\\_login.aspx](https://reg.abcsignup.com/reg/reg_login.aspx)

### **January 28**

#### **Engaging Large Classes**

It is possible to provide stimulating and individualized learning experiences in classes with enrollments exceeding sixty students. In this session, participants will explore tested strategies to enhance student learning in large classes and learn what UNC faculty are doing to engage students in the learning process. Topics covered will include promoting civility in large classes, managing mass grading, facilitating conversations in large classes, and applying classroom technology in an effective way. Held in Wilson Library, Room 318 (CFE Conference Room) from 12pm – 1pm. To register: [https://reg.abcsignup.com/reg/reg\\_login.aspx](https://reg.abcsignup.com/reg/reg_login.aspx)

## Cheap Things to Do Around Campus in January (page 1 of 4)

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### **Groupon**

Groupon is a website that offers deals on things to do, services, and places to eat in your area.

<http://www.groupon.com/raleigh-durham/>

### **Living Social**

Offers one deal every day with discounts of up to 90% at local restaurants, bars, spas, theaters, and more.

<http://livingsocial.com/deals>

### **ATHLETIC EVENTS:**

#### **Full UNC Athletic Schedule**

[http://tarheelblue.cstv.com/calendar/events/2010\\_201101.html](http://tarheelblue.cstv.com/calendar/events/2010_201101.html)

#### **Carolina Hurricanes Ice Hockey Season Schedule:**

<http://hurricanes.nhl.com/club/schedule.htm>

### **ARTS/CULTURE:**

#### **Durham Performing Arts Center:**

Disney's The Lion King: January 4th-30th

<http://www.dpacnc.com/default.asp?dpac=19&objId=327>

#### **Carolina Performing Arts:**

Highlight this month::

Mitsuko Uchida, piano

Hailed as the high priestess of Mozart and one of the true great Schubert interpreters, Mitsuko Uchida is among today's most gifted and beloved pianists. A master of Viennese classical and Romantic repertory, her distinguished work also includes the repertories of Schoenberg, Webern and Berg, and contemporary composers such as György Kurtág and Pierre Boulez.

Recently, she won BBC Music Magazine's Instrumentalist of the Year and Disc of the Year awards for her recording of Beethoven Piano Sonatas Op. 101 and Op. 106.

Friday, January 21, 2011 - 8:00 PM, \$10 for students

<http://www.carolinaperformingarts.org/genres/all>

#### **Shows at Cat's Cradle, Carrboro:**

Jan. 8th: Acoustic Syndiate Doors: 8:30pm, Show: 9:30pm, \$12 Advance, \$14 Day of show

Jan 12th: The Walkmen: Doors 8pm, Show 9pm, \$15 Advance, \$17 Day of show

Jan 14th: Abbey Road LIVE!: Doors 8pm, Show 9pm, \$10 Advance, \$12 Day of show

Jan 15th: The Love Language: Doors 8pm, Show 9pm, \$10, \$12 Day of show

Jan 18th: Against Me: Doors 6pm, Show 7pm, \$12 Advance, \$14 Day of show

Jan 21st: 1999...A Tribute to the Artist (Prince Tribute): Doors 8pm, Show 9pm, \$10 Advance, \$12 Day of show

## Cheap Things to Do Around Campus in January (page 2 of 4)

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Jan 22 & 23: Yo La Tengo: Doors 8:15pm, Show 9:30pm, \$20  
Jan 28: Cosmic Charlie, Doors 8pm, Show 9pm, \$10 Advance, \$12 Day of show  
Jan 29: Best Coast, Wavves, Doors 8pm, Show 9pm, \$16  
<http://www.catscradle.com/schedule.html>

### **Lincoln Theatre, Raleigh (Presented by Cat's Cradle)**

Girl Talk: \$25

[https://www.etix.com/ticket/servlet/onlineSale?action=selectPerformance&searchType=venue&venue\\_id=35&performance\\_id=1361154](https://www.etix.com/ticket/servlet/onlineSale?action=selectPerformance&searchType=venue&venue_id=35&performance_id=1361154)

### **UNC Music Department Performances and Events:**

<http://music.unc.edu/calendars/thecalendar>

### **UNC Ackland Art Gallery Calendar:**

<http://www.ackland.org/visit/calendar.php>  
-Current exhibitions: <http://www.ackland.org/art/>

### **Morehead Planetarium**

250 E. Franklin St, Chapel Hill

[http://www.moreheadplanetarium.org/index.cfm?fuseaction=page&filename=show\\_schedule.html](http://www.moreheadplanetarium.org/index.cfm?fuseaction=page&filename=show_schedule.html). \$6 for students and children.

### **DSI Comedy Theatre**

Upcoming shows: <http://www.dsicomedytheater.com/shows/>

### **UNC Ackland Art Gallery Calendar:**

<http://www.ackland.org/visit/calendar.php>  
-Current exhibitions: <http://www.ackland.org/art/>

## **ARTS AND CULTURE ONE TIME EVENTS**

### **January 14th**

#### **Second Friday ArtWalk**

Chapel Hill/Carrboro

About two dozen art galleries and businesses stay open late for shopping, and many offer live music and refreshments. Map available at each stop. Visit Website for details. From 6-9pm. Free admission.

<http://www.2ndfridayartwalk.com/>

### **Carolina Theatre's "Retrofantasma" film series:**

A monthly film series of double-features dedicated to bringing classic horror movies back to the big screen in 35mm! Created in 1998, RETROFANTASMA has developed a large dedicated audience of horror movie enthusiasts whose desire to see their favorite terror flicks is

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matched only by their willingness to cheer at the screen. Tickets: \$7. January 14th & 28th.  
<http://festivals.carolinatheatre.org/retrofantasma/>

### January 15

#### **Martin Luther King Jr Parade, Durham**

Named "One of the Top 20 Events in the Southeast," the Durham MLK Parade provides a wholesome, family-oriented, multi-cultural event. Features floats, marching bands, steppers, horses, motorcycles, school groups and more. FREE and open to all.

12pm, Parade will start at Hillside High School, 3727 Fayetteville St.

### **FOOD AND DRINK:**

#### **Comprehensive list of drink specials and bar events in the area, put out weekly:**

<http://www.thestagger.com/>

#### **Recession Tuesdays at ACME**

Carrboro

All entrees \$12.95 every Tuesday. Reservations highly recommended.

<http://www.acmecarrboro.com/pages/news.htm>

#### **Tylers Taproom, Carrboro/Durham/Apex:**

<http://www.tylerstaproom.com/happenings>

#### **Carrboro Event Calendar:**

<http://walkcarrboro.com/calendar.html>

#### **Carrboro Farmers' Market**

301 W. Main St.

280-3326, [www.carrborofarmersmarket.com](http://www.carrborofarmersmarket.com)

☑ Saturdays 7 a.m.-noon (year-round)

#### **Johnny's of Carrboro**

Live music and Food Truck schedule:

[https://www.google.com/calendar/embed?src=johnnysofcarrboro@gmail.com&ctz=America/New\\_York&gsessionid=OK](https://www.google.com/calendar/embed?src=johnnysofcarrboro@gmail.com&ctz=America/New_York&gsessionid=OK)

#### **Carolina Brewery:**

[http://www.carolinabrewery.com/carolina\\_brewery\\_news.html](http://www.carolinabrewery.com/carolina_brewery_news.html)

#### **Fullsteam, Durham**

<http://www.fullsteam.ag/beer/>

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### **City Beverage, Durham**

<http://www.citybeverage-durham.com/>

### **Bull City Homebrew:**

<http://www.brewmasterstore.com/>

## **OUTDOOR / ACTIVE EVENTS**

### **January 1st**

#### **Eno River New Year's Day Hike:**

The Eno River New Year's Day Hike is as traditional to the Triangle's first day of the year as black-eyed peas and resolutions. Each year on January 1st the Eno River Association sponsors a fun-filled afternoon of guided hikes, refreshments and merriment. This year we will offer two hike options, a longer 4-5 mile hike as well as a shorter, approximately 2 mile route. There will be something for everyone, so come one, come all and enjoy New Year's Day at the Eno! Free

<http://www.enoriver.org/eno/Activities/hikes/Newyears.htm>

### **January 15th**

#### **Mostly Waltz Saturday Dances**

Featuring a mix of fast and slow music to accommodate the many styles of waltz, including slow melodies for modern Ballroom and Cross-Step, moderate tempos for Rotary and Contra/Folk Waltz as well as some faster tunes for the Viennese Waltz. The music will vary widely and will include genres such as Rock, Celtic, Latin, Cajun, Folk, Techno, New Age and World music. Cost \$8, \$5 students. 2603 South Miami Blvd, durham nc

<http://trianglevintagedance.com/index.cfm?fuseaction=dances>

### **Yoga at the Garden**

#### **January 9th & 23rd**

UNC Botanical Garden

Enjoy the benefits of a mindful yoga practice—emphasizing relaxation and restoration—in the beautiful Growing Classroom of the new Education Center. Huge windows look out onto the Garden's Nature Trails and let in ample light. Perfect for Gardeners and nongardeners alike. Bring a yoga mat if you have one; a limited number of mats will be available. Register ahead OR just drop-in. Fee: \$10 per Sunday (\$5 NCBG members)

<http://ncbg.unc.edu/pages/26/#yoga>