

Innovative Care of Perinatal Mood Disorders: Clinical Training Program

Saturday, April 27, 2013 at UNC Hospitals

\$75 Registration

Email: Brenda_pearson@med.unc.edu

Phone: 919-843-8084

AGENDA

Breakfast and Lunch provided

8:30-8:45am	Introduction (Samantha Meltzer-Brody, MD, MPH)	11:30-12:15pm	Treatment of the Psychotic Perinatal Patient (Elizabeth Bullard, MD)
8:45-9:45am	Embedding a Mental Health Provider in the Obstetrical and Pediatrics Settings: Clinical Pearls and Lessons Learned (Chris Raines, NP and Noreen Esposito, NP)	12:15-1:00pm	Lunch and Tours of Inpatient Perinatal Unit
9:45-10:30am	Developing a Perinatal Psychiatry Inpatient Unit with Specialized Nursing Training (Lynne Burns, RN and Diana Fryer, RN)	1:00- 1:45pm	Partner Assisted Therapy (PAT) and Mindfulness-Based Psychotherapy (Anna Brandon, PhD)
10:30-10:45am	Break	1:45-2:15pm	Psychopharmacologic Treatment of Depression and Anxiety in the Perinatal Patient (Samantha Meltzer-Brody, MD, MPH)
10:45-11:30am	Integrating Yoga and Biofeedback Therapies on the Inpatient Perinatal Unit (Paula Gilliland, RN, and Emma King, RT)	2:15-2:45pm	Mother-Infant-Attachment Therapy (Rebecca Siegel, PhD)
		2:45-3:00pm	Wrap Up

**Join us after the training for a talk by Postpartum Support blogger Katherine Stone!
This talk is open to the public, and will be at Carroll Hall, Room 111 (UNC School of Journalism and Mass Communication) from 3:30-4:15pm. Light refreshments to follow.**

This activity has been submitted to the North Carolina Nurses Association for approval to award contact hours. The North Carolina Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.