Driving Directions

Rex Hospital is located at the corner of Blue Ridge Road and Lake Boone Trail. Our address is 4420 Lake Boone Trail.

From I-440 Beltline
- Take the Lake Boone Trail exit.
- Turn right at the end of the ramp.
- Go approximately ½ mile and you will see the main entrance of the hospital on the right.

From Durham, Chapel Hill and points west
- Take I-40 east to Raleigh.
- Take Wade Avenue exit.
- Go approximately two miles and take Blue Ridge Road exit.
- At top of ramp, take left.
- Go approximately 1.5 miles and take right onto Lake Boone Trail.
- At first stoplight, take left into Rex Hospital campus.

From Clayton, Benson and points east
- Take I-40 west to Raleigh.
- Take I-440 inner beltline (US 64).
- Take Lake Boone Trail exit.
- Turn right at the end of the ramp.
- Go approximately ½ mile and you will see the main entrance of the hospital on the right.