PRE-OPERATIVE INSTRUCTIONS FOR SURGERY WITH UNC UROLOGY

Surgeons: Dr. Greg Bianchi, Dr. Kristy Borawski, Dr. Culley Carson, Dr. Matt Coward, Dr. Matt Nielsen, Dr. Raj Pruthi, Dr. Matt Raynor, Dr. Angela Smith, Dr. Eric Wallen, Dr. Michael Woods, Dr. Davis Viprakasit

Surgery Date: _____________

Medication Instructions:

1) One week prior to surgery STOP taking any non-prescription drugs containing blood thinners. If you are on a chronic prescription anticoagulation medicine like Coumadin or warfarin, you may need a special Lovenox bridge leading up to surgery. Discuss this with your prescribing physician and/or your urologist at the preoperative visit.

   Non-prescription medications: Aspirin, Advil, ibuprofen, Motrin, Naproxen, Aleve, BC/Goody headache powder, Fish oil, Alka-Seltzer, vitamin E

   Prescription Medications: Coumadin, Warfarin, Xarelto, Lovenox, Pradaxa, Eliquis, Plavix, Aggrenox, Lovaza, Celebrex, Mobic

2) Follow instructions from your nurse, physician or anesthesia team regarding all other medicines that you take prior to surgery.

3) Other: _________________________________________________________________

Diet:

1) Do not eat or drink anything after midnight the evening prior to your surgery (unless instructed otherwise).

2) Unless instructed otherwise, you do not need any special bowel preparation before surgery.

General Instructions:

1) During the preoperative work-up in PreCare you may need a chest X-ray, EKG, and blood work. A nurse will give you any other specific instructions to get ready for the day of surgery.

2) PreCare will call you the day before your surgery after 3:00pm with your arrival time for your procedure.

Transportation:

1) You must have someone drive you home after surgery. YOU MAY NOT DRIVE YOURSELF HOME.

Important Phone and Fax Numbers:

PreCare: (ph) 919-966-2273
Urology Clinic: (ph) 984-974-1315 (fax) 984-974-5289
Urology Oncology Program: (ph) 984-974-8753 or 984-974-8226 (fax) 984-974-8416