



# Urology Happenings



## SESAUA, AUA, and ACS Presentations in 2005

The Urology faculty and residents have been busy this year with presentations at the SESAUA, AUA, and ACS meetings. The SESAUA was held in beautiful Charleston, SC from March 3—6, 2005. Presentations made by UNC Urology faculty and residents included:

Tadalafil therapy beginning postoperative day one preserves erectile function after radical prostatectomy—preliminary results. H Stefaniak, J Kang, A Kshirsagar, C Carson, R Pruthi, and E Wallen.

Neoadjuvant docetaxel and estramustine followed by radical prostatectomy or radiation therapy for patients with high-risk prostate cancer. H Stefaniak, E Wallen, M Baggstrom, P Godley, L Goyal, Y Whang, J Rosenmann and R Pruthi.

Incidental finding of prostate cancer at cystoprostatectomy: changes in incidence in the PSA era. S Hubbard, H Stefaniak, J Moliterno, E Wallen, and R Pruthi.

The use of Cox-2 inhibitor celecoxib to reduce perioperative pain associated with radical retropubic prostatectomy (RRP). H Stefaniak, E Wallen, and R Pruthi.

Prospective evaluation of short-term impact and recovery of health-related quality of life (HRQOL) in men undergoing radical prostatectomy (RP). S Hubbard, J Moliterno, E Derksen, E Wallen, and R Pruthi.

Costs and surgical outcomes associated with radical cystectomy (RCX): changes over the past decade. A Evans, J Moliterno, E Derksen, E Wallen, and R Pruthi.

Complications and reasons for prolonged stay in patients undergoing radical cystectomy (RCX) utilizing a peri-operative pathway. A Evans, J Moliterno, E Derksen, E Wallen, and R Pruthi.

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## Message from the Chief



Dr. Culley Carson

UNC Urology continues to enjoy the success that comes from an outstanding faculty and an excellent resident staff. With the support of nurses and support staff, our practice continues to grow and UNC high tech approach to urologic surgery continues to advance. The addition of robotic urology and continued advancement of laparoscopic procedures have enhanced our ability to care for our complex urologic patients and to train our residents in the most advanced techniques. In addition, the use of laser prostatectomy, minimally invasive surgical techniques

(MIST) for the treatment of lower urinary tract symptoms and the latest techniques for urodynamics has continued to grow our practice and educational mission. The opening of the North Carolina Children's Hospital with Drs. Sutherland and Bukowski caring for North Carolina's children has likewise enhanced our educational, research, and patient care missions. This year research endeavors by residents and faculty alike have resulted in a record number of presentations at national and international meetings. While financial stresses familiar to

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Fall 2005

### Special points of interest:

- *Message from Chief*
- *Department News*
- *Where are they now?*
- *SESAUA, AUA & ACS*
- *Graduation 2005*
- *Awards*
- *Landis Symposium*
- *Grandover Resident Competition*

## SAVE THESE DATES

**June 23 & 24, 2006**  
**Annual Urology**  
**Landis**  
**Symposium &**  
**Graduation**

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## Urology Happenings

### Graduation 2005

On June 18, 2005 we gathered at the Carolina Club to celebrate with mixed emotions the completion of the UNC Urology Residency Program by Drs. Eric Derksen and Joseph Molitierno. Eric and Joe were joined by family members for a night in their honor. Dr. Carson began the awards with the presentation of the *Legends and Legacies* book given to each graduate, their certificates of completion, and the awarding of the Arnold B. Tein Resident of the Year Award presented to Joe Molitierno. The chief residents presented the Attending of the Year Award to Dr. Eric Wallen. Each faculty member spoke to the accomplishments of the graduates. Finally the junior residents “roasted” the chiefs with a multimedia presentation. Each June we are sad to say goodbye to another pair of chiefs but the graduation also instills a little bit of pride in us all as we watch our new alums spread their wings, ready to make their mark on the world of urology. They have made our lives richer by knowing them and we wish them the best as they move from UNC Urology to their exciting new life, this is what they have been working toward for years!

Dr. Eric Derksen joins Urological Associates in Colorado Springs, Colorado and Dr. Joe Molitierno joins Emory University in Atlanta, Georgia as a pediatric fellow for two years.

#### Additional photos on page 4



*Dr. Carson with the graduating Chiefs, Eric Derksen (left) and Joe Molitierno (right)*



*Dr. Carson with the Urology Scholar of the Year Eric Derksen*



*Arnold B. Tein Resident of the Year Joe Molitierno*



*Our new PGY1 residents Javier Miller (left) from Florida State University and Aaron Lentz (right) from UNC was able to join in the graduation festivities. Welcome to UNC Urology!*

### Goodbye Dr. Tein

In May 2005 Dr. Arnold Tein and his wife Marlene relocated to Boca Raton, Florida to be closer to their son, daughter-in-law, and granddaughter. The Division of Urology said goodbye to a major supporter. We thank you Dr. Tein for all the hours you have dedicated to the Division of Urology teaching classes, interviewing applicants, lecturing residents, etc. We appreciate all you have done for us in the past, present and future. Dr. Tein and his family have supported the annual Arnold B. Tein Resident-of-the-Year Award, a UNC tradition. We will miss you.



## Urology Happenings

### Awards

Dr. Kris Gaston was awarded a National Urology Resident Preceptorship in Laparoscopic Surgery at the Cleveland Clinic in April 2005.

Drs. Aubrey Evans and Chris Tornehl were recipients of the Praecis/Gerald P. Murphy Scholar Award at the 2005 AUA Annual Meeting in San Antonio, TX.

Dr. Eric Wallen was unanimously chosen as Attending of the Year, an award sponsored by Boston Scientific. Greg Coley from Boston Scientific was on hand

to assist the Chief Residents in the awarding of this honor. Dr. Wallen was instrumental in bringing robotics to UNC Urology allowing our residents to be trained in this latest technology.

Dr. Joseph Moliterno was the recipient of the 2005 Arnold B. Tein Resident of the Year Award. Joe was gracious enough to donate his monetary award to the Resident Education Fund to be used to

purchase the AUA Update Series for each PGY2—PGY5 resident for this academic year. Thank you so much Joe, it is greatly appreciated by all.

Each year the resident that receives the highest score on the in-service exam is dubbed “The Sheriff”. In the past this award has been sponsored by Pfizer but this year was converted to a Division of Urology Award. Dr. Carson presented Eric Derksen with his very own sheriff’s badge.



*Eric Derksen and Joe Moliterno presenting the Attending of the Year Award to Dr. Eric Wallen*



*Greg Coley, Boston Scientific, looks on as the Attending of the Year Award is presented*



*Dr. Carson with the Arnold B. Tein Resident of the Year Joe Moliterno*



*Dr. Carson with “The Sheriff” Eric Derksen*

### Department News

Kendall Olivia Gaston born July 21, 2005 to Kris and Teresa Gaston, weighing 8 lbs 3 ozs. Kendall was also welcomed by big brother Evan.

Lynn and Michael West welcome a new daughter-in-law as their son Michael, Jr. wed Angela Boots in Woodbridge, VA on August 13, 2005. They also welcome Angela’s son Trevor into the family.

Cathy and Bob Weiser, their daughter Kelly, son-in-law Ian, and grandson Caleb welcomed their new grandson Aidan on September 14, 2005 weighing 6 lbs 13 ozs and 19 inches long.

Chris Bukowski, son of Drs. Timothy Bukowski and Naomi Kagetsu, started college this Fall at MIT in Boston.

Our sympathies, thoughts, and prayers go out to Dr. Floyd Fried and his family during the difficult loss of their loved one Ellen Fried.



*Brad Steele Gets Married to Kimberly Smith on October 1, 2005*

*Left to right: Manish Damani, Jacques Ganem, Brad Steele, Marc Benevides, Culley Carson, John Britton*



## Urology Happenings

### Additional photos from Graduation and “Chief Roast”



Current PGY3 residents Slade Hubbard (left) and Heather Stefaniak (right) have fun commemorating their year with the graduating Chiefs



Joe Moliterno, Dr. Raj Pruthi, and Eric Derksen during the graduation ceremonies in June 2005



Current PGY4 residents Aubrey Evans (left) and Chris Tornehl (right) review their memories of the graduating Chiefs

### Presentations continued from page 1

Efficacy and safety of en bloc ligation of the renal hilum during laparoscopic nephrectomy. R Santa-Cruz, E Wallen, and R Pruthi.

The safe and effective application of laparoscopic partial nephrectomy (PN) for small renal masses: duplication of open principles and practices. R Santa-Cruz, J Moliterno, E Derksen, E Wallen and R Pruthi.

Efficacy and safety of hand assisted laparoscopic nephrectomy for large renal masses. R Santa-Cruz, E Wallen, and R Pruthi.

A Phase II trial of celecoxib in PSA recurrent prostate cancer after definitive radiation therapy or radical prostatectomy. E Derksen, E Wallen, G Grigson , and R Pruthi.

The AUA was held in San Antonio, TX this year from May 20—25. The following presentations were made:

Prospective evaluation of short-term impact and recovery of health-related quality of life (HRQOL) in men undergoing radical prostatectomy (RP). S Hubbard, A Evans, C Carson, E Wallen, and R Pruthi.

A Phase II trial of celecoxib in PSA recurrent prostate cancer after definitive radiation therapy or radical prostatectomy. E Derksen, G Grigson, C Watkins, C Carson, E Wallen, and R Pruthi.

Neoadjuvant docetaxel and estramustine followed by radical prostatectomy or radiation therapy for patients with high-risk prostate cancer. H Stefaniak, E Wallen, M Baggstrom, P Godley, J Rosenman, L Goyal, Y Whang, and R Pruthi.

Revision washout reduces penile prosthesis infection in revision surgery: A multicenter study with more than three years follow up. G Henry, C Carson, C Tornehl, M Cleves, A Silverstein, J Wiygul, and C Donnatucci.

Efficacy of extended-release doxazosin and standard doxazosin in patents with concomitant benign prostatic hyperplasia and sexual dysfunction. R Kirby, M O’Leary, and C Carson.

Cost-effectiveness analysis of benign prostatic hyperplasia (BPH) treatments. R DiSantostefano, A Biddle, and J Lavelle.

Acute urinary retention and bladder outlet obstruction in a BPH population: A 4-year follow up. J Lavelle, J Priest, and L Black.

Efficacy and safety of en block ligation of the renal hilum during laparoscopic nephrectomy. R Santa-Cruz, E Wallen and R Pruthi.

Pre-peritoneal versus trans-peritoneal laparoscopic radical prostatectomy. T Schwaab, S Corbett, C Schwender, D Leocadio, Y Tanagho, E Wallen, and J Heaney.

### Continued on page 5



## Presentations continued from page 4

The American College of Surgeons meeting was held in San Francisco, CA from October 16—20 and the following presentations were made:

Tadalafil therapy beginning on postoperative day one preserves potency in men undergoing radical prostatectomy. H Stefaniak, C Carson, R Pruthi, and E Wallen.

Hand assisted laparoscopic nephrectomy for large renal masses. S Hubbard, E Derksen, J Moliterno, E Wallen, and R Pruthi.

Current PGY1 resident Aaron Lentz presented “The effect of lepidium meyenii (Maca) on sexual behavior and anxiety in male rats.” at the Sexual Medicine Society of North America meeting in New York on November 19, 2005. Co-authored by C Carson and L Marson.

Congratulations to all attendings and residents on a very productive year. Keep up the good work.

## Chief’s message continued from page 1

all urologists continue to be a challenge in our educational mission, faculty and resident success has been gratifying. With the addition of a nurse practitioner, fellow in urodynamics, and anticipated clinic renovations, our practice will continue to grow.

We encourage all former residents, colleagues, and friends to visit UNC and UNC urology to see the changes and improvements that have occurred in the University, Medical Center, and most importantly in the Urology program. We also invite all alumni to return for the annual Ralph Landis Symposium in June 2006 and join us for 2006 Graduation on that weekend.



*Dr. Thomas Stamey, Ralph Landis Visiting Professor for the June Symposium with Dr. Culley Carson*

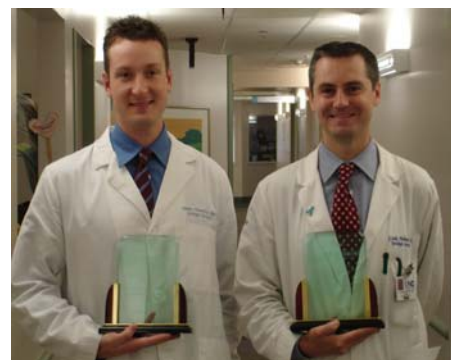
## Ralph Landis Symposium

The Third Annual Ralph Landis Symposium in Urologic Oncology and Urologic Diseases was held on June 17 and 18, 2005. This two day symposium combined the best of urologic oncology and general urology in a CME symposium designed for practicing urologists. Visiting professors contributed to the educational strength of this symposium. Drs. Patrick Kupelian, MD Anderson Cancer Center Orlando, and Toby Chai, University of Maryland Hospital, discussed radiation therapy for carcinoma of the prostate and overactive bladder respectively. This year’s Ralph Landis Visiting Professor and Lecturer was Dr. Thomas Stamey, Professor and Chair Emeritus, Stanford University School of Medicine. Dr. Stamey always a controversial and thoughtful contributor to urologic diseases discussed issues surrounding screening for prostate cancer and PSA in 2005. Faculty members from UNC Urology presented their work on areas of special interests. Participants this year included urologists, primary care physicians, and urology based physician extenders from North Carolina, South Carolina, and Virginia.

## 5th Annual Resident Seminar

The 5th Annual North Carolina Resident Research Competition was held at the Grandover Hotel and Resort, Greensboro, North Carolina on November 5, 2005. Participants included residents and faculty from UNC, Duke University Medical Center, and Wake Forest Medical Center. Two residents from each institution presented a case report and two from each institution presented basic or clinical research papers. Competition amongst the presenters was intense and presentations and discussions provided an excellent educational milieu. Because this year’s resident competition was combined with the North Carolina Urologic Association meeting, urologists from the private community also participated in the resident scientific program. A visiting guest professor, Dr. Paul Schellhammer, Professor and Chairman Emeritus at Eastern Virginia School of Medicine provided the latest information on prostate cancer in hormone refractory patients.

UNC was well represented receiving a first place award in case presentations to Dr. J. Slade Hubbard and second place in research to Dr. Adam Hickerson.



*PGY2 Adam Hickerson (left) 2nd place Research Presentations and PGY3 Slade Hubbard (right), 1st place Case Presentations at Grandover*



## Urology Happenings

### Where is he now.....Michael Magee, MD

Mike and Trish along with their three boys left Chapel Hill in 1978 and settled in rural Greenfield, MA. They remained in Massachusetts through 1991 as Mike's career expanded into consumer publications, organized medicine, hospital management and a stint with a NBC affiliate, WWLP, as their medical editor. In 1991, the family, with 4th child Meredith—headed to Philadelphia where Mike served as Senior Vice President at Pennsylvania Hospital and Professor of Surgery at Jefferson Medical College. In 1997 the family moved to New York City where Mike serves as Director of the Pfizer Medical Humanities Initiative and as a Master Scholar at the NYU School of Medicine. Over the past eight years Mike has served as Senior Fellow in Humanities to the World Medical Association in Geneva, Director of the Pfizer Institute of Advanced Medical Communications in New York, and host of Health Politics. Over the years, Mike has published numerous books including two in 2005, Health Politics: Power, Populism and Health and Healthy Waters. These days Mike and Trish are focusing on a non-profit effort they founded, The Rocking Chair Project, which provides glider rocking chairs and educational support to at-risk expectant mothers in need, in partnership with Family Medicine residency programs nationwide. Mike and Trish, their four children and partners, and their two grandchildren remain closely connected in New England.

Lynn West, Editor

Story Contributors:  
Culley Carson, MD

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### WHAT CAN YOU DO.....

**Your Gifts Make A Difference—Gifts to the UNC Division of Urology for Research or Resident Education can be made to Carolina Urologic Endowment and sent to UNC Division of Urology, 2140 Bioinformatics, CB 7235, Chapel Hill, NC 27599-7235.**