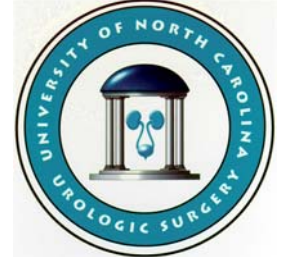




Urology Happenings

FALL ISSUE



AUA: May 20—25, 2006

The national meeting of the American Urological Association was held May 20—23, this year in Atlanta, Georgia. Faculty and residents alike were very busy getting abstracts submitted for this annual event. Presentations made by faculty and residents included:

Incidental findings of prostate cancer at cystoprostatectomy: Changes in incidences in the PSA era. Daniel McRackan (presenter), Erik Kouba, Culley Carson, Eric Wallen, Raj Pruthi.

Revision washout reduces implant capsule tissue culture positivity: A multicenter study. Gerard Henry (presenter), Culley Carson, Steven Wilson, John Delk, Chris Tornehl, Jeremy Wiygul, Craig Donatucci.

The burden of kidney cancer in America: the urologic diseases in America Project. Eric Wallen (presenter), Raj Pruthi.

Expectant management of small renal masses: Does a delay in therapy pose a clinical or pathological risk to the patient? Daniel McRackan (presenter), Erik Kouba, Eric Wallen, Raj Pruthi.

Dr. Culley Carson as Course Director along with Dr. Laurence Levine from Rush University and Dr. Jacob Rajfer from UCLA presented a course on Erectile Dysfunction: New Concepts in Diagnosis, Prevention and Management.

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Message from the Chief



Dr. Culley Carson

As UNC Urology closes 2006, we have had an excellent year for our urology program. The year was marked by successful reapplication to the Residency Review Committee in Urology with subsequent five year approval for Urology Residency at UNC to include two residents per year. We have also seen the departure of our first neurourology fellow and the arrival of a new neurourology fellow Bjorn Sauerwein from the University of New Mexico.

We are also grateful for a donation from Roger and Linda Perry from Chapel Hill who generously donated a grant for Resident Education in Research. These funds will provide seed funding for resident and faculty research as well as help support the presentation of research papers at national meetings by our resident staff has been a welcome relief. As industrial support becomes more and more difficult to obtain, private support for our residency program, research efforts, and educational

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Issue 6

October 2006

Special points of interest:

- AUA
- Message from Chief
- Landes Symposium
- New Employees
- Awards
- Department News
- Where are they now?

SAVE THESE DATES

June 15 & 16, 2007 Annual Urology Symposium

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Urology Happenings

Landes Symposium



Dr. William J. Catalona

On June 23 & 24 the 4th Annual Landes Symposium was held at the Rizzo Conference Center in Chapel Hill. The symposium was attended by over 100 attendees. Invited guest speakers were Dr. William Catalona from Northwestern University, Dr. Raymond Rackley from Case Western Reserve University, and Dr. John Sylvester, from the Seattle Prostate Institute. Dr. Catalona presented "PSA Screening and Prostate Cancer Outcomes" on Friday and gave the Annual Ralph Landes Lecture entitled "The Use of PSA in Clinical Practice" on Saturday. Dr. Raymond Rackley spoke on "Innovations in the Treatment of OAB and Pelvic Reconstructive Surgery". Dr. John Sylvester presented "The Role of Radiotherapy in Localized Prostate Carcinoma". Many urology and oncology faculty also presented a variety of topics that included salvage radiotherapy, advanced renal cell carcinoma, robotic assisted radical prostatectomy, laparoscopic urologic surgery, BPH, current management of vesicoureteric reflux and Peyronie's disease.

Chief's Message Continued from page 1

mission are ever more critical in maintaining the outstanding residency and educational program that UNC offers.

As we continue to grow clinically, an additional nurse practitioner, Heather Schultz, FNP-C has been added to our faculty. Heather whose efforts will be predominantly in urologic oncology will help improve UNC Urology clinical services and expand our clinical enterprise. As Heather joins UNC Urology, renovations are being carried out in the clinic to expand our exam rooms to an additional exam pod. This will provide much needed relief from space constraints.

2006 has indeed been an outstanding year for UNC as we were, again, listed in US News & World Report of Best Urology Programs in the US. It is only with the assistance of an outstanding faculty, excellent residents, and dedicated expert staff we are able to carry out our missions of clinical care, education, and urologic research.

RRC Site Visit

One could wonder how a date such as November 17, 2005 could cause UNC Urology such anxiety, anticipation, and relief, but it did. This was the date of our Residency Review Committee (RRC) Site Visit. The anxiety started months before the actual date when the program director and residency coordinator were spending most of their time gathering information to create the PIF (document that contains all required information). Things had changed and evolved since the last site visit, now part of the information was done on the website and populated into parts of the PIF, while other parts of the document were created as word files, not only had the document changed but there were now mandates regarding duty hours and competency assessment. Programs were being held accountable for demonstrating their residents were not being overworked and that they were obtaining and maintaining the educational activities to successfully practice urology once they had completed the program. Finally November 17, 2005 arrived, our documented had been submitted, the interviews were arranged, and all seem to go well, but it was November and our review would not make it to the Urology RRC Committee in order to be reviewed at their December 2005 meeting, so it would be June 2, 2006 before our program would be before the Urology RRC Committee. Finally June 2006 arrived and on June 8, 2006, Dr. Culley Carson received an email informing us that UNC Urology had been awarded a status of "Continued Accreditation", until June 2011.

SAVE THESE DATES:

June 15 & 16, 2007 Annual Urology Symposium &



Urology Happenings

Graduation/Awards

June 24, 2006, was one of those happy/sad days in our lives. A happy occasion as two residents and one fellow who have been a part of our lives were finally ready to spread their wings and venture into the world of medicine on their own. Sad because they have been a part of our family over time and as with our children it is hard to let go and have them experience the rewards and pitfalls on their own.

Faculty, residents, staff, and invited guests were all in their black tie finery to celebrate the graduation of Drs. Kris Gaston, Heather Gottlieb, and Sean McLaughlin. Following dinner Kris and Sean started off the evening by presenting an award to Dr. Richard Clark, Professor of Radiology (Emeritus). Dr. Clark was presented a plaque thanking him for all his years of dedication to teaching the urology residents. Even though Dr. Clark is retired he returns frequently to present urology conferences to our current residents. Thanks again Dr. Clark for all you do for urology residents.

The second award of the evening was the Attending of the Year Award. This is the first time that the award has gone to the same attending in back to back years. Dr. Eric Wallen was presented the Attending of the Year Award for his willingness to teach, his patience, his dedication, and his advocacy for the residents. It is through Dr. Wallen's initiative that our finishing residents have expertise in robotic urology.

Their last presentation was a beautiful bouquet of lilies presented to the Residency Coordinator, Lynn West, for all that she does to keep the residents in compliance and her support of the UNC Urology Program.

Dr. Carson made presentations to the graduating residents/fellows. Each resident/fellow was presented with their certificate of completion, a history of UNC Surgery, and an University of North Carolina chair for their private offices. The Arnold B. Tein Resident of the Year Award was presented to Dr. Sean McLaughlin. This award is voted on by faculty, nurses, residents, and staff. The Urology Scholar of the Year Award, dubbed "The Sheriff" was presented to Dr. Kris Gaston for achieving the highest score on the in-service exam at UNC Urology.

Following the awards each attending from UNC along with Drs. Chris Teigland and Robert Mathews, Residency Directors at Carolinas Medical Center and Wake Medical Center respectively, and Lynn West spoke of their experiences with each of the graduates.

Then it was on to the less serious part of the evening, each junior resident got to "roast" their outgoing chiefs.

Sean McLaughlin has relocated to Ann Arbor, MI to join the Huron Valley Urology Associates and Center for Urologic Oncology. He is very busy there with his own clinics,

Continued on page 4



Dr. Kris Gaston receiving the Urology Scholar Award "The Sheriff" from Dr. Culley Carson.



Dr. Sean McLaughlin receiving the Arnold B. Tein Resident of the Year Award from Dr. Culley Carson.



Dr. Richard Clark receiving a plaque of appreciation on behalf of the residents from Drs. Kris Gaston and Sean McLaughlin.

Graduation/Awards Continued from page 3



Dr. Heather Gottlieb receiving her certificate and history of UNC Surgery book.



Dr. Eric Wallen, 2006 Attending of the Year, with Chief Residents Kris Gaston and Sean McLaughlin

performing robotic prostatectomies and cystectomies along with smaller cases and assisting his partners. He says” The group I’ve joined could not be more supportive....and they are all very good guys....” He also adds that working with the University of Michigan chief resident has been fun.

Kris Gaston , his wife Teresa, son Evan, and daughter Kendall have relocated to the Houston, Texas area. Kris is an urologic oncology fellow at MD Anderson Cancer Center. His first year will be spent doing laboratory research and the second year of the fellowship will provide more hands on clinical training.

Heather Gottlieb and her husband Neil have relocated to the Philadelphia, Pennsylvania area. Heather is part of a seven person group called Urological Associates, PC, she is very busy setting up new equipment for her video urodynamics lab. She and Neil are expecting an addition to their family, a little girl, in January.

All in all it was a very nice evening full of memories, reminiscences, and laughs.

UNC Urology Among Best Hospitals

In the July 17, 2006 issue of US News & World Report, The University of North Carolina Hospitals Division of Urology was ranked 31st, with a previous ranking of 35th. A survey of physicians’ judgments provides the basis for the reputation component of the annual ranking of hospitals for US News & World Report.

AUA Continued from page 1

Dr. Culley Carson presented “Academic Medicine or Balance” at the Career Pathways meeting on May 19, 2006.

Dr. Culley Carson participated in a SUU debate on May 19, 2006, “Urology Residency Should Not Be Changed.

At the Franco-American Urology Meeting during the AUA, Dr. Culley Carson presented “Academic Reimbursement: American Model.

At the Society of Urologic Prosthetic Surgeons meeting held during the AUA Dr. Culley Carson presented “Difficult Penile Implant Surgery” and was elected founding President of the Society of Urologic Prosthetic Surgeons.

Dr. Eric Wallen gave an industry-sponsored dinner talk entitled “Erectile function after prostatectomy”. It was well attended by UNC residents and urologists from throughout North Carolina. Dr. Wallen discussed improved techniques to preserve erectile function after prostatectomy, as well as treatments for men with erectile dysfunction after prostatectomy.

Next year’s AUA meeting will be held in Anaheim, California, May 19 - 24, 2007.



New Employees



PGY1 Resident Matt Pearson.

On June 24, 2006 our two new PGY1 residents, Matthew Pearson and Jeffrey Nix started their trek from medical student to urologist by beginning their intern year in general surgery.

Matt Pearson obtained a BA in Economics at Davidson College and worked for First Union Capital Markets before deciding to change career paths and pursue a career in medicine. Matt obtained his MD degree from the University of North Carolina in May 2006. He is a member of AOA and Phi Beta Kappa. When time allows he likes to participate in endurance training, hiking, camping, fly fishing, golfing, and skiing.

Jeff Nix obtained a BS in Biology from the University of Alabama in Tuscaloosa. Jeff then obtained his MD degree from the University of Kentucky in May 2006. He is a member of Phi Beta Kappa. He relocated to Hillsborough with his wife Virginia who works in the Greensboro school system. When times allows Jeff likes to play guitar, golf, soccer, and travel with his wife.



PGY1 Resident Jeff Nix and his wife Virginia

Heather Schultz joins us as our second nurse practitioner. She and her husband Adam have been married for four years. They were both born and raised in Florida, Heather obtained her undergraduate degree in Jacksonville, Florida. They moved to Durham four years ago when Heather was accepted at UNC to pursue her nurse practitioner degree. One week before she graduated from UNC their son Marcus was born. He is now 16 months old and a joy to his parents.



Our new nurse practitioner Heather Schultz, her husband Adam, and son Marcus

Tryston Bonhivert joins the office staff as Dr. Richard Sutherland's assistant. She previously worked in the Pediatric Clinic at North Carolina Children's Hospital and is a welcomed addition to the office. She takes classes in her spare time and plans to pursue a career in nursing. She is engaged to David Jack and they will marry on New Year's Eve of this year.



Our new secretary Tryston Bonhivert and her fiancé David Jack



Bjorn Sauerwein, MD, Female Urology and Neurourology Fellow.

Bjorn Sauerwein, MD joins us as our Female Urology and Neurourology Fellow. He is originally from Marburg, Germany. Before going into medicine his ambitions were in chemistry, which he studied in Marburg before obtaining a PhD from the University of Illinois in 1992. After working as a post-doc in Cambridge for a year, he decided to switch careers and went back to medical school in Marburg, Germany. There he met his wife Dana who happened to be an American doctor. After graduating medical school in 2001 he joined the University of New Mexico as a urology resident and graduated in June 2006.

Welcome to UNC Urology!

J Slade Hubbard's AUA Presentation

Slade Hubbard's presentation at the AUA entitled "Evaluating Clinical Responses in Hypogonadal Men" was an invited presentation of peer-reviewed research along with two others to be included in the July 2006 Supplement "Clinical Insights Into Hypogonadism" in *The American Journal of Urology Review*. One can also obtain CME credit from this publication.



Urology Happenings

Where is he now.....Marc Benevides, MD?



Dr. Marc Benevides and his daughter Avery.

Since graduating from the University of North Carolina School of Medicine Division of Urology in June 2001, Dr. Marc Benevides has been about 30 minutes away in Cary. Dr. Benevides has been in private practice, he joined the North Carolina Urological Associates and practices out of Cary Hospital and Rex Hospital in Raleigh. He has been practicing general urology with an interest in laparoscopic and percutaneous procedures. With the mentorship of Dr. Raj Pruthi and Dr. Eric Wallen he has started performing robotic assisted radical prostatectomies (RALP). "I have done about 10 robot RLP's in the last two months. Instead of just diving in and teaching myself, I had Drs. Pruthi and Wallen come and help me accelerate my learning curve. It has been a tremendous help." Dr. Benevides has also traveled to Canada recently to learn more about High Intensity Focused Ultrasound (HIFU). "Dr. Joe Jenkins and I went to Toronto and observed a few cases. I do think HIFU is going to have a major role in the treatment of prostate cancer in the near future. I was impressed by the sophistication and precision of HIFU."

On a personal note, after leaving UNC, Dr. Benevides eventually married Colby Mangum who many of you may remember as a medical student rotating through urology. As told by Dr. Benevides, Dr. Carson was extremely surprised, and in fact, had to witness the ceremony personally to believe it. They have a two year old daughter Avery Lane and are expecting another daughter in early November.

Lynn West, Editor

Story Contributors:
Dr. Culley Carson
Dr. Marc Benevides
Dr. Eric Wallen

UNC Urology Clinical Trials

The Division of Urology currently has several clinical trials available to qualifying patients in the areas of prostate, bladder and renal cell cancers, erectile dysfunction, neurogenic bladder, and overactive bladder. For more information about these clinical trials and for a list of specific trials contact our study coordinator Carol Barlow, RN at 919-966-9253 or visit our website at <http://viper.med.unc.edu/surgery/urology/>.

Department News

Matt Raynor, our visiting resident from Tulane and graduate of UNC School of Medicine, asked Carly Akulis to marry him, the wedding is planned for July 21, 2007 in Charlotte.

Alexis Westbrook was awarded a Certificate of Recognition from the Shining Heels Committee for her support of charities at UNC and our community.

Please share your news with us, email marriages, births, promotions, relocations, etc. to Lynn West at lmwest@med.unc.edu.

WHAT CAN YOU DO.....

Your Gifts Make A Difference—Gifts to the UNC Division of Urology for Research or Resident Education can be made to Carolina Urologic Endowment and sent to UNC Division of Urology, 2140 Bioinformatics, CB 7235, Chapel Hill, NC 27599-7235.

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