



Urology Happenings

2007 Spring Issue



50 Years of Training Urologists

In 1957 the University of North Carolina School of Medicine Department of Surgery Division of Urology graduated its first urology resident. This resident was Dr. John Simmons graduate of Washington University in St. Louis and completed his internship at the Medical College of Virginia in Richmond. In a recent interview Dr. Simmons recalled his training with great enthusiasm: "I could not believe how much more I was doing than my colleagues at established programs. I often wondered, after we shared our experiences, whether they returned home thinking that I had to be some liar. I felt the year I finished my urology residency I was one of the best-trained urologists in the country." Upon completion of his residency Dr. John Simmons joined the UNC faculty departing in 1967. (This information was obtained from the Legends & Legacies book by MJ Kagarise, RN, MSPH and Colin G. Thomas, Jr., MD) Dr. Simmons then spent one year as an Associate Professor of Urology at Vanderbilt University before becoming Chair of Urology at the University of Kentucky. Around 1970 Dr. Simmons moved from academics to private practice in St. Louis, Missouri. He later moved to private practice in Kansas City, Kansas until his retirement the beginning of 1990. He has spent some of his retirement in Vero Beach, Florida with his wife of 28 years, Barbara. They recently returned to Kansas City, Kansas to be near family.



PHOTO BY
Dr. John
Simmons and
John Frank,
circa 1957.
(Photograph
courtesy of
Steve E.
Chambers, Jr., MD)

Dr. John Simmons, left, picture from Legends & Legacies.

Message from the Chief



Dr. Culley Carson

UNC Urology has reached a significant milestone in celebrating 50 years since the graduation of the first urology resident. Dr. John Simmons completed his urology training under Dr. Paul Bunce in 1957. Following his completion of residency, he joined UNC faculty where he continued as a faculty member for 10 years. Over the ensuing 50 years 70 urologists have been trained at UNC entering fields from private practice, industry, administration, and academic medicine. Indeed urologists who have trained at UNC and students who have been encouraged to

become urologists from UNC have achieved leadership positions at all phases of medicine. We hope that this half century of leadership in urology and excellence in urology education, research and patient care will continue for the next half century. We enthusiastically enter our second 50 years as a urology training program bringing aboard two outstanding students from UNC to our family. Drs. Angie Smith and Matt Coward will join the residency and become future distinguished alumni.

Issue 7

April 2007

Special points of interest:

- 50 Years Ago
- Message from the Chief
- ACOS/SESAUA
- Match Day/New Residents
- Awards
- 6th Annual NC Resident Seminar
- Landes Symposium
- Where is she now...

SAVE THESE DATES
JUNE 15 & 16, 2007
ANNUAL LANDES UROLOGY SYMPOSIUM

UNC Division of Urology
 2140 Bioinformatics Bldg—CB 7235
 Chapel Hill NC 27599
 Phone: 919-966-2574
 Fax: 919-966-0098
 E-mail:
 lmwest@med.unc.edu



Urology Happenings

Awards

On December 16, 2006, the annual Staff Recognition Celebration was held at the Carolina Club. At this time two awards were presented to outstanding staff members.

Floyd A Fried Award

Karen Wall, RN a registered nurse who has worked in the Urophysiology/Urogyn Labs for ten years, received the Floyd A. Fried, MD Excellence in Urologic Nursing Award. This award recognizes an individual who has performed his or her

duties in a manner consistent with the highest levels of service and professionalism to patients, colleagues, and the Division of Urology.

Karen grew up in upstate New York, graduated from SUNY nursing school in 1978, and moved to Durham where she met and married her husband Erin. They have two daughters Melanie and Gretchen and a granddaughter Alexandra.

Urology Staff Excellence Award

Alexis Westbrook, Office Assistant and Surgery Scheduler received the

Urology Staff Excellence Award. This award recognizes outstanding participation from an individual who provides support for our efforts in patient care, research, and education.

Alexis relocated to Chapel Hill almost ten years ago from Rockland County, New York and has been with the Division of Urology since that time. She first worked in the Urology Clinic before she moved to the academic offices. She has two daughters, Tanya and Stacey, and three grandchildren, Elizabeth, Angela, and Jared.



Alexis Westbrook, recipient of the Urology Staff Excellence Award

6th Annual NC Urology Resident Seminar

On Saturday, October 21, 2006 the 6th Annual North Carolina Urology Resident Seminar was held at the Grandover Resort in Greensboro, North Carolina. Participants included residents and faculty from UNC, Duke, and Wake Forest along with guest speaker Colonel David G. McLeod, MD, the Director of CPDR, Chief of Urologic Oncology at Walter Reed Army Medical Center in Washington DC and Professor

of Surgery at the Uniformed Services University of the Health Sciences, Bethesda MD. Dr. McLeod is also Director of the Urology Residency Program at Walter Reed Army Medical Center and Clinical Professor in the Department of Surgery (Urology) at Georgetown University Medical Center.

Two residents from each institution presented basic or clinical research papers. Dr.

Mathew Raynor was awarded 2nd place for his case presentation "Atypical Scrotal Mass". Dr. Aaron Lentz was awarded 2nd place for his research presentation "Effects of Lepidium meyenii (Maca) on Sexual Behavior and Anxiety in Male Rats" and Dr. Adam Hickerson was awarded 3rd place for his research presentation "Seven Month Old Male with Gross Hematuria".

Congratulations to all!



Karen Wall, RN, recipient of the Floyd A. Fried, MD Excellence in Urologic Nursing Award



Aaron Lentz, MD, Adam Hickerson, MD and Matthew Raynor, MD

Fall Wine Tasting

On December 3, 2006, the residents, faculty, and administrative staff of UNC Urology were hosted in a wine tasting event at the Governor's Club in Chatham County. In an effort to improve the non-medical knowledge of UNC Urology, an afternoon of instruction in wine tasting led to an improved understanding of the merits of various wines and their preparation. Discussions included the history of wine making, health affects of wine, differences in wine making techniques, and culminated in the tasting of six wines from California, France, and Germany. The company was outstanding and the wine selections spectacular.



Guests enjoying learning about wine at Dr. Carson's wine tasting.

American College of Surgeons/SESAUA/Other Meetings and Accomplishments

Attendings and residents in the Division of Urology have been very busy since the fall. The American College of Surgeons annual fall meeting was held in October in Chicago, Illinois. Two presentations were made; "Expectant management of small renal masses: Does a delay in therapy pose a

clinical or pathological risk to the patient?" McRackan D, Kouba E, Smith A, Wallen E, and Pruthi R and "The impact of race and gender in patients undergoing radical cystectomy for bladder cancer." Hickerson A, Kouba E, Wallen E, and Pruthi R.

At the Society of Urologic

Oncology on December 2, 2006 in Bethesda, Maryland, two presentations were made entitled "Robotic-assisted laparoscopic radical cystectomy: initial experience and operative outcomes" Lentz A, Wallen E, and Pruthi R and

Continued on page 7



A good time was had by all as invited guests learned how to determine a good wine.

Alumnus Receives UNC Distinguished Service Award

Dr. Michael Magee has been selected to receive one of five University of North Carolina School of Medicine Distinguished Service Awards to be presented April 20, 2007 at the Alumni Banquet. The Distinguished Service Award was established in 1955 on the 75th anniversary of the founding of the UNC-CH School of Medicine to recognize individuals who made significant contributions to the establishment and early growth of the medical school. The purpose of the award is "to honor alumni and other individuals who have significantly enhanced the reputation and prestige of the UNC School of Medicine and the University itself through their professional service and

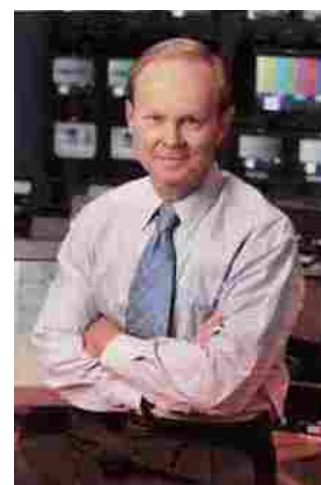
leadership accomplishments."

Dr. Magee completed his graduate medical education as a resident of our Division of Urological Surgery in 1978. He has been an exemplary leader in medicine and is more than deserving of this honor.

Dr. Magee is Vice President, Science and Medical Advocacy, Pfizer Inc. and Director of the Pfizer Medical Humanities Initiative. In this capacity he is called upon to speak for the Company worldwide, and for the pharmaceutical industry, on a wide range of clinical, public health, and public policy issues that impact the quality of life.

Dr. Magee is editor of healthpolitics.com and a former David Rockefeller Fellow. He is a Senior Fellow to the World Medical Association, Professor of Surgery at Jefferson Medical College and an Honorary Master Scholar at New York University School of Medicine.

Dr. Magee spent 13 years as a country doctor in rural New England before assuming progressive academic and leadership posts, including Senior Vice President of Pennsylvania Hospital in Philadelphia, our nation's first hospital. He and his wife, Trish, have four children and live in Woodbury, Connecticut



Dr. Michael Magee, recipient of UNC School of Medicine Distinguished Service Award



Urology Happenings

Prostate Cancer Screening

On Wednesday, September 27, and Thursday, September 28, 2006 the Urology Division of the UNC Department of Surgery and the Urology Clinic of UNC Hospitals held its 13th Annual Prostate Cancer Screening Clinic. A record 460 men were screened in these two days. Men were screened using the Prostate Specific Antigen (PSA) blood test and a Digital Rectal Exam (DRE). Each year attendings, residents, nurses, and support staff offer free prostate cancer screenings in support of Prostate Cancer Awareness Week. Results of the screening revealed 41 men had abnormal PSAs while 12 men had abnormal physical exams. Two men had abnormal PSA and abnormal exam. All participants in the screening were sent an individual letter with their PSA result. Those who had an abnormal result were advised to contact their local urologist or UNC for an appointment for followup.



Dr. Inderbir Gill, 2007 Landes Professor

5th Annual Landes Symposium: Advances in Urology

This year the University of North Carolina Division of Urology will present the 5th Annual Landes Symposium: Advances in Urology, June 15&16, 2007 at The Rizzo Conference Center in Chapel Hill. This year's guest speaker will be Inderbir Gill, MD, Section Head Transplantation Section of the Cleveland Clinic. He will give two talks, one on "Laparoscopic Surgery of the Upper Urinary Tract" and The Annual Ralph Landes Lecture entitled "Advances in Minimally Invasive Surgical Procedures in Urology".

Other topics include new developments in chemotherapy for bladder cancer, recent advances in radiation therapy for prostate cancer, robotic surgery at Chapel Hill, treatment of OAB, pelvic reconstructive surgery, etc.

If you have not received a brochure with registration application please contact UNC CME at 919-962-2118.

Culley Carson, MD Presented with Triangle Business Journal 2007 Health Care Hero Award



On the evening of March 29, 2007 a sold out group of sponsors, recipients, family, and friends gathered at the Umstead Hotel & Spa in Cary, North Carolina to honor 28 recipients of the Triangle Business Journal Health Care Heroes Award, a celebration of innovation and compassion. This award honors many in our healthcare field from physicians, nurses, volunteers, outreach programs and outreach individuals, allied health professions, healthcare managers, and researchers. A lifetime achievement award was also

presented.

While this was the sixth year the awards were presented to deserving individuals, it was the first year that recipients were gathered for a formal dinner and presentation of the awards.

Our very own Dr. Carson was nominated for this award by his son, Culley C. Carson IV and his employer Womble Carlyle Sandridge & Rice, PLLC helped sponsor our table at the dinner. Dr.

Carson was chosen as one of the recipients in the physician category for his care and compassion for men's sexual

health and wellbeing nationally and internationally, as well as, his dedication in developing and maintaining one of the highly respected urology groups in North Carolina.

Culley IV organized a memorable evening as he arranged to have family members, members of the faculty and administrative staff join Dr. Carson in celebrating the receipt of this award.

Dr. Carson congratulations and keep up the great work, you will always be a healthcare hero to your family and UNC Urology.

Department News

The stork visited several UNC Urology alums and employee families during the second half of 2006 and the beginning of 2007.

On August 29, 2006 alum Judy Chun, her husband Peter Vikesland, and their daughter Sophia welcomed Isabel Christine Vikesland who weighed 9 lbs, 6.9 ounces and was 20 inches long.

On November 1, 2006 alum Marc Benevides, his wife Colby, and daughter Avery welcomed Carmen Marie Benevides who weighed 7 lbs,

9 ounces and was 21 inches long.

On December 2, 2006 grandma Alexis Westbrook, along with daughter Stacey, son-in-law Josh welcomed Jared Armen Lustig who weighed 6 lbs, 15 ounces, and was 20 1/4 inches long.

On December 24, 2006 grammy Lynn West, grampy Michael, son Mike, and daughter-in-law Angie welcomed William (Will) George West who weighed 6 lbs, 11 ounces, and was 20 1/2 inches long.

On January 6, 2007 alum Heather Gottlieb with her husband Neil welcomed daughter Emerson (Emmi) Taylor Gottlieb who weighed 5 lbs, 14 ounces and was 19 3/4 inches long.

On December 31, 2006 Tryston Bonhivert married David Jack. The ceremony and reception were held in Raleigh, NC.

Match Day 2007/New Urology Residents

January 22, 2007, Urology Match Day, the day everyone checks their email eagerly awaiting news from the Program Director as to who the new residents will be for UNC Urology. By the time match day arrives all the hard work is done, UNC students have rotated through the urology service, AI's (acting interns) have come and gone, each individual application has been screened, interviews scheduled and completed, and the ranking of applicants has been completed and submitted to the AUA. This year was particularly difficult as we had an abundance of well qualified UNC medical students who were interested in urology. We also had several excellent AIs rotate through our program from other medical schools. We

received 242 applications and interviewed 38 applicants. But alas all the work is done and the fax has arrived and we have matched Robert (Matt) Coward and Angela Smith.

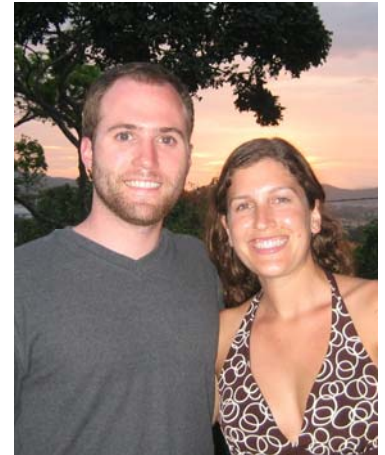
Matt is a North Carolina native who spent his childhood in Hickory. Matt is the first physician in his family. He is an AOA UNC medical student who has spent time doing research with several of our faculty members. Matt likes to stay active by playing soccer, golf, and racquetball. He recently married his best friend Melissa who he met at UNC. They recently purchased a home in Chatham Crossings and are settling in for the next five years of residency at UNC.

Angie grew up in Pittsburgh, PA. Her family is almost

entirely composed of musicians and she grew up playing the piano, violin, and euphonium. To pay for school she worked as an organist and accompanist throughout undergraduate school and half of medical school. As an undergrad at UNC she majored in biostatistics and music performance, this is where she met her husband Patrick who was a jazz trombone player at the time. Angie resides in Durham with her husband Patrick and their dog Timbre.

Matt and Angie will join us as PGY1 General Surgery interns on June 24, 2007.

Congratulations to you both and welcome to UNC Urology.



New Urology Resident Matt Coward and his wife Melissa.



New Urology Resident Angie Smith with her husband Patrick.

American College of Surgeons/SESAUA/Other Meetings and Accomplishments continued from page 2

“Prospective evaluation of short-term impact and recovery of health-related quality of life (HRQOL) in men undergoing Robotic-assisted laparoscopic radical prostatectomy (RALRP) vs open radical prostatectomy (ORP)” Miller J, Kouba E, Smith A, Wallen E, and Pruthi R.

The Southeast Section of the American Urological Association was held March 8—10, 2007 in Orlando, Florida. Several presentations were made by attendings and residents.

“Robotic-assisted laparoscopic radical cystectomy: initial experience and operative outcomes” Lentz A, Wallen E, and Pruthi R.

“Stomal complications in patients undergoing radical cystectomy and ileal conduit urinary diversion for bladder cancer” Lentz A, Sands M, Kouba E, Wallen E, and Pruthi R.

“Expectant management of patients with low-risk superficial bladder cancer” Miller J, Bhalani V, Wallen E, and Pruthi R.

Gender-dependent associations between body composition in patients with renal cell carcinoma (RCC)” Lentz A, Smith A, Kouba E, Wallen E, and Pruthi R.

“Impact of surgical treatment of renal carcinoma on renal function and blood pressure: a race- and age-dependent association” Lentz A, Smith A, Kouba E, Wallen E, and Pruthi R.

“Prospective evaluation of short-term impact and recovery of health-related quality of life (HRQOL) in men undergoing robotic-assisted laparoscopic radical prostatectomy (RALRP) vs open radical prostatectomy (ORP)” Miller J, Kouba E, Smith A, Wallen E, and Pruthi R.

“Diagnostic rates and other outcomes based on initial vs repeat biopsy in a modern cohort of men undergoing an extended biopsy (10-12 core) scheme” Miller J, Swords K, Carson C, Lavelle J, Wallen E, and Pruthi R.

“Accuracy of MR and CT cross sectional imaging in the staging of invasive bladder cancer: a prospective study blinded to clinical outcome” Miller J, Anderson A, Field J, Kouba E, Wallen E, and Pruthi R.

“Characterization of acute phase inflammation in men undergoing robotic-assisted laparoscopic radical prostatectomy (RALRP)” Kouba E, Miller J, Wallen E, and Pruthi R.

“Robotic-assisted laparoscopic radical cystectomy (video)” Pruthi R and Wallen E.

“Prostate cancer in hypogonadal men on testosterone therapy” Coward R, Simhan J, and Carson C.

“Robotic-assisted laparoscopic radical cystoprostatectomy video” Wallen E and Pruthi R.

Dr. Richard Sutherland was one of the moderators for Session 6: Pediatric Urology Podium Session. Dr. Raj Pruthi was one of the moderators for Session 12: Bladder Cancer Podium Session. And Dr. Culley Carson presented “Correlation of ED and LUTS” during the scientific session on Benign Prostatic Hyperplasia.

Dr. Raj Pruthi and Dr. Eric Wallen produced a video entitled “Robotic-assisted laparoscopic radical cystoprostatectomy” in October 2006 for Intuitive Corporation which was presented at the SESAUA in March 2007.

Dr. Richard Sutherland is co-investigator on a NIH clinical trial, “Rivur randomized intervention for children with vesicoureteral reflux. This is a clinical trial randomizing the use of prophylactic antibiotics versus placebo to determine the effect on renal scarring.



Drs. Javier Miller and Aaron Lentz at the Annual SESAUA Meeting.

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DATES
JUNE 15 &
16, 2007
ANNUAL
LANDES
UROLOGY
SYMPOSIUM



From Right: Drs. Javier Miller and Aaron Lentz hanging out with former resident Dr. Joe Moliterno at SESAUA.



Urology Happenings

Where is she now.....Susan McSherry, MD?

Lynn West, Editor

Story Contributors:
Culley Carson, MD
Raj Pruthi, MD

Following graduation from the University of North Carolina School of Medicine Department of Surgery Division of Urology Residency Program in June 1993, Susan McSherry, MD spent one year as a urologist in Florida before returning to her hometown of New Orleans, Louisiana to practice. As everyone knows Hurricane Katrina wiped out New Orleans in August 2005. The aftermath is ongoing, one half of the hospitals are closed, 75% of the physicians have left and 50% of the population is gone. Many businesses closed or laid off employees therefore the uninsured population is growing. "My office building closed for four months for repairs and none of my six employees returned to the city because no schools reopened for one year and they all lost their homes and belongings. The good news is that before Hurricane Katrina I had developed a niche practice in female urology and almost all of my patients have returned. Business is looking up. The biggest lesson I learned from Hurricane Katrina is that everyone should make sure that they have a rainy day fund."

I remarried about three years ago to a vascular surgeon, Bob Batson, MD. We enjoy traveling, fishing and eating out (all of the great restaurants in New Orleans did reopen). We are looking forward to planned retirement within two to three years.

Mathew Raynor, MD Returns to Tulane University



Matt Raynor and his fiancé Carly Akulis.

Matthew (Matt) Raynor, MD, has been with the UNC Division of Urology since August 2005 when Hurricane Katrina turned his life upside down. Matt was a resident at Tulane University at the time of Hurricane Katrina, as we all know the city was devastated and many people found themselves without homes, jobs, etc. Matt was one of those people. Through Dr. Culley Carson's persistence, arrangements were made with the ACGME and Dr. Raju Thomas of Tulane University to let Matt continue his residency education here at UNC until such a time that he could return to Tulane University. Matt very much became a member of UNC Urology but the time came for him to return to Tulane University. As of April 1, 2007 Matt returned to New Orleans and Tulane University. Good luck Matt with your last two years of residency, we will miss you. Congratulations on your upcoming marriage to Carly. You will always have a special place in UNC Urology.

UNC Urology Clinical Trials

Choosing to participate in a clinical trial is an important personal decision. Carefully conducted clinical trials are the fastest and safest way to find whether new drugs or treatments are both safe and effective. The Division of Urology currently has clinical trials available to qualifying patients in the areas of prostate cancer, bladder and renal cell cancers, erectile dysfunction, neurogenic bladder, and overactive bladder. For more information about these clinical trials and for a list of specific trials contact our study coordinator at 919-966-9253 or visit our website at <http://viper.med.unc.edu/surgery/urology/>. You will find clinical trials listed for general urology and for urologic oncology.

UNC Division of Urology
2140 Bioinformatics
Bldg—CB 7235
Chapel Hill NC 27599
Phone: 919-966-2574
Fax: 919-966-0098
E-mail: lmwest@med.unc.edu

WHAT CAN YOU DO.....

Your Gifts Make A Difference—Gifts to the UNC Division of Urology for Research or Resident Education can be made to Carolina Urologic Endowment and sent to UNC Division of Urology, 2140 Bioinformatics, CB 7235, Chapel Hill, NC, 27599-7235.