

Instructions to patient for

24-HOUR URINE SPECIMEN

1. On the morning you are to begin your 24-hour urine collection, discard the first morning specimen (do not save this specimen). Note the time.
2. During the following 24-hour period, collect all your urine and put it in the bottle given to you at our office.
3. At the same time the next day, void and add this to your bottle. This completes your specimen collection.
4. Bring the specimen to the laboratory as soon as possible after completing the collection.

Important:

Please note:

- A. If there is a tablet or liquid preservative in your bottle, please do not remove it and keep it away from children.
- B. Keep the bottle in an ice bucket or a refrigerator on the day of collection and until returned to the laboratory.