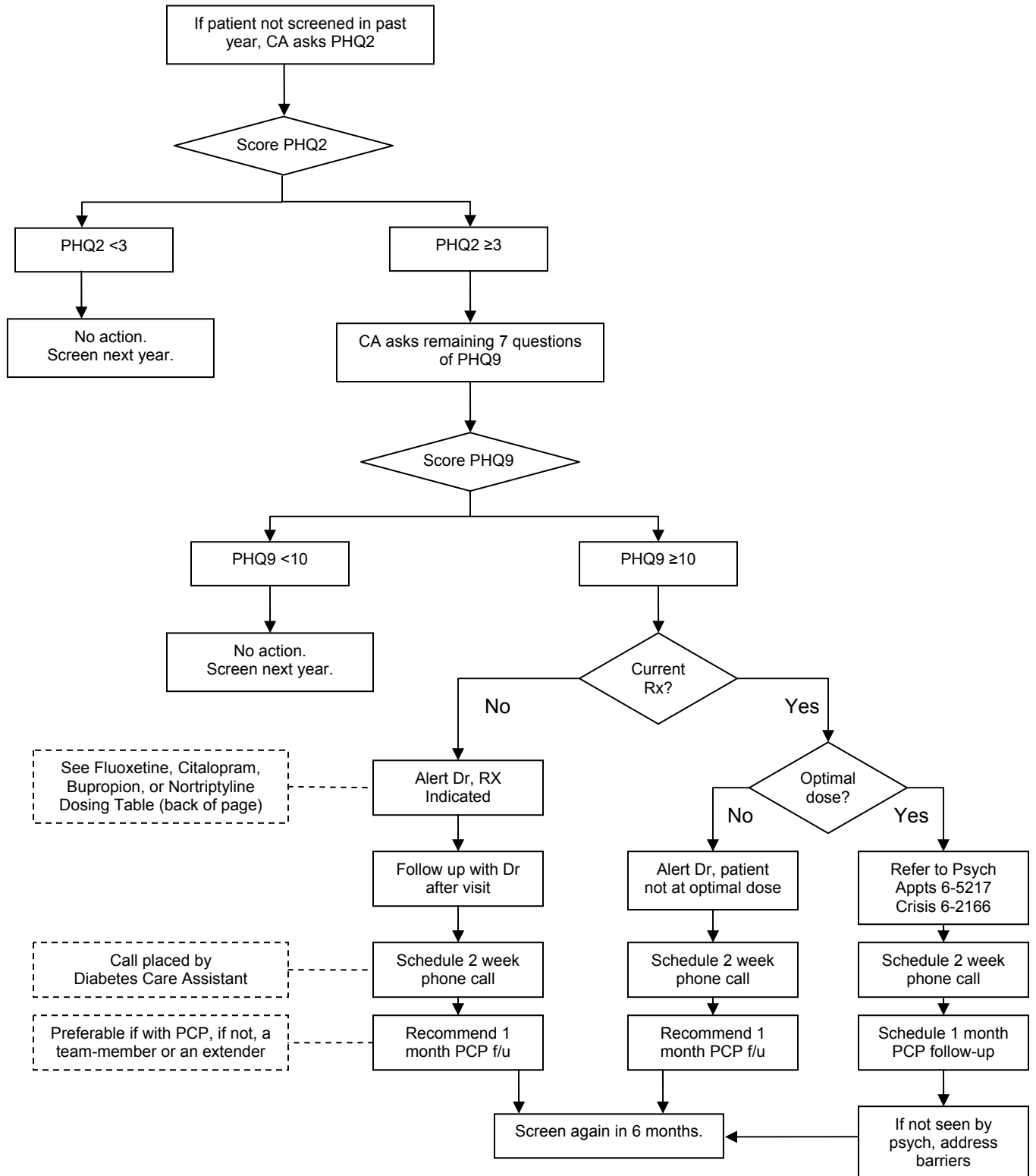


**Depression Screening/Treatment Algorithm**





### Scoring PHQ-2 and PHQ-9

Assign a score to each response as follows:

**Not at all = 0    Several Days = 1    More than half the days = 2    Nearly every day = 3**

If PHQ-2 is 3 or greater, continue with PHQ-9. If PHQ-2 is less than 3, stop.

For PHQ-9, add up the total score for questions 1 – 9. Assign score and depression severity.

Severity Score	Depression Severity
0 – 4	Not clinically depressed
5 – 9	Mild Depression
10 – 14	Moderate Depression
15 or greater	Severe Depression

**\*\*If any positive response to question #9, proceed with suicidality screening questions.**

### Antidepressant Dosing Range

Total Daily Dose Range (mg)				
	Trade Name	Starting-Low	Middle	High
Fluoxetine	Prozac	10 qAM x 1 wk, then 20 qAM	40 qAM	60 qAM
Citalopram	Celexa	10 qAM x 1 wk, then 20qAM	40 qAM	60 qAM
Bupropion SR; Bupropion XL (avoid w/ sz hx)	Wellbutrin SR; Wellbutrin XL	150 qAM x 1 wk, then 100 BID; 150 mg qAM	150 BID; 300 mg qAM	200 BID; 450 mg qAM
Nortriptyline	Aventyl	25 - 50 mg qhs	50-100 mg qhs	150 mg qhs

### Common Adverse Effects to Antidepressants

Fluoxetine	Citalopram	Bupropion	Nortriptyline
Nausea Anorexia Tremor Insomnia Anxiety	Nausea Dry Mouth Somnolence Diarrhea Tremor	Dry Mouth Nausea Insomnia Constipation Agitation	Sedation Dry Mouth Blurred Vision Urinary Retention Constipation