

Using a Sliding Scale

For Humulin R, Novolin R, Novolog or Humalog Insulin

Your Insulin: _____ Date: ____/____/____

You should check your blood sugar before using a sliding scale.

This type of insulin is usually taken within 15 minutes before eating. Some patients take with first bite of food or just after finishing a meal.

If your Blood Sugar is between 150 and 224, Take 1 Unit
If your Blood Sugar is between 225 and 299, Take 2 Units
If your Blood Sugar is between 300 and 374, Take 3 Units
If your Blood Sugar is between 375 and 449, Take 4 Units
If your Blood Sugar is Over 450 or "HI" Take 4 Units and Call Your Doctor



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Schedule 1

Use this form only after receiving proper training and education.