

Using a Sliding Scale

For Humulin R, Novolin R, Novolog or Humalog Insulin

Your Insulin: _____ Date: ____/____/____

You should check your blood sugar before using a sliding scale.

This type of insulin is usually taken within 15 minutes before eating. Some patients take with first bite of food or just after finishing a meal.

If your blood sugar is between 150-199, take 5 units
If your blood sugar is between 200-249, take 10 units
If your blood sugar is between 250-299, take 15 units
If your blood sugar is between 300-349, take 20 units
If your blood sugar is more than 350 or "HI," take 25 units and Call Your Doctor



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Schedule 6

Use this form only after receiving proper training and education.