Dear Friends,

This has been a very busy year for the Division and most of it has been great. We just finished our CAPTE self-study and site-visit. The site-visit went well and we get the final “verdict” in November. I want to express my appreciation to Lisa Johnston, PT, MS, DPT, for taking the leadership role in the process.

We have just been notified that Mike Lewek, PT, PhD, is the winner of the 2010 Margaret L. Moore New Faculty Award from the APTA. This is a great honor for Mike and is particularly meaningful because the award is named after our founder.

Mike McMorris, PT, DPT, OCS, has joined the faculty and will be teaching musculoskeletal content and will also be directing our clinical practice. We will be graduating our first entry to the profession DPT class in August and we are obviously excited. Finally, Darlene Sekerak, PT, PhD (former director), and Marie Reilly, PT, PhD, are retiring from their UNC responsibilities. We wish them the best in the future.

Let me conclude by saying that during these challenging economic times, the tough (alumni, faculty, students, and staff) have put the pedal to the metal and have continued to do great things, some of which are included in this issue. I continue to be humbled to be associated with such awesome people.

Have a great summer,

Rick Segal, PT, PhD, FAPTA
Director and Professor
Representative Randy Stewart (NC)

By Dick Broom  
Freelance Writer

Physical therapist Randy Stewart’s expertise in the areas of strength and flexibility is serving him well as he negotiates the high-pressure, high-stakes world of the North Carolina House of Representatives.

He is the first physical therapist ever elected to the state legislature. And while he is only in his first term, he is already having an impact, particularly as an advocate for health care providers and their patients.

For example, last year he helped defeat a proposal to eliminate Medicaid coverage for physical therapy, occupational therapy and speech therapy services as part of an effort to cut spending and balance the state budget. Rep. Stewart argued that Medicaid coverage not only benefits patients and practitioners, it can actually save money for the Medicaid system.

“If people get the benefit of rehabilitative services, then they may not be as likely to need more expensive services later on,” he said.

Rep. Stewart grew up in Harnett County, which his father represented in the state House for eight years. He played high school football, and after seriously injuring his knee in a game, he said he was “very impressed with the physical therapists who worked on me and helped me get back into competition.”

He later spent a summer working in his uncle’s physical therapy practice, so it was natural for him to gravitate toward the physical therapy program at UNC. He graduated in 1971 and established his physical therapy practice in Rocky Mount three years later. He founded Carolina Physical Therapy Associates, which continues to serve several North Carolina communities.

A strong believer in civic involvement and community service, Rep. Stewart is a former board chairman of Nash Healthcare Systems and former member of the Nash County Board of Commissioners. He has served his profession as chairman of the North Carolina Board of Physical Therapy Examiners.

Rep. Stewart said a big part of his reason for running for the legislature in 2008 was his interest in health care issues, but he also brought experience as a small business operator and former local government official.

As a Democrat, he is a member of the majority party in the House. He serves on a number of important committees including health and local government, and he is vice chairman of the committee on commerce, small business, and entrepreneurship. He also is on the powerful appropriations committee and its subcommittee on health and human services.

“I feel fortunate that the leadership of the House was willing to take advantage of my background and skills and allow me to participate in areas where I felt I could really contribute,” he said.

So far in the 2009-2010 session of the legislature, Rep. Stewart has co-sponsored scores of bills and has been the primary sponsor of about a dozen. He is particularly proud of two of those bills that have become law.

One is a drug recycling law. It allows drugs that doctors have prescribed for patients in various settings, but which haven’t been used, to be given to free clinics for re-prescribing to indigent patients. The North Carolina Board of Pharmacy establishes procedures to protect the chain of custody of the drugs and to ensure that they are safe and pose no risk to the public.

“This drug recycling system was strongly supported by the medical community, and free clinics were thrilled to be able to get these drugs that previously were being flushed down the toilet in many cases,” Rep. Stewart said. “Anytime patients in a free clinic are able to get the proper medication, there’s a better chance we can keep them out of the emergency room or from having to be admitted to the hospital, where the cost becomes enormous.”

Another law that Rep. Stewart is proud to have sponsored is one that speeds up the credentialing of some health providers by payers, primarily insurance companies. In the past, payers had up to 60 days to grant credentials to new applicants, but they often waited much longer, and the law imposed no penalties for such delays. It still doesn’t. But now, providers whose applications are “squeaky clean,” as Rep. Stewart puts it, and who do not receive permanent credentials within 60 days, can apply for temporary credentialing so they can start seeing patients and filing claims.

“This has really helped,” he said. “We have gotten great response from different groups that recruit health care practitioners.”

Although few major issues related specifically to physical therapy have come before the legislature during Rep. Stewart’s first term, he said he thinks it is important to have a physical therapist in the House. “It’s always good to have somebody there who understands for our point of view.”

Rep. Stewart said he enjoys serving in the legislature, but he regrets that it has curtailed his involvement with the advisory board of the Division of Physical Therapy at UNC.

“That’s something I’m going to make a renewed commitment to down the road,” he said.
The Community Health and Mobility Partnership (CHAMP), a new initiative to prevent falls spearheaded by associate professor Vicki Mercer, PT, PhD, had its official launch at the McDowell Senior Center in Marion, N.C., on October 9, 2009. The event included a public check presentation to announce an $85,000 grant from the Baxter International Foundation.

CHAMP is a two-year collaborative project with McDowell County, McDowell Hospital, Western Carolina University, McDowell County Senior Center, McDowell County Emergency Medical Services, McDowell Technical Community College, and Caldwell Community College. The project is designed to improve balance and mobility and reduce the incidence of falls and fall-related injuries for older adults in McDowell County and surrounding Burke, Mitchell, and Rutherford counties.

“The Baxter International Foundation is pleased to help support the CHAMP initiative through this grant,” said Celene Peurye, executive director of the foundation. “The program will expand access to healthcare services for this underserved population in a community in which Baxter employees live and work.”

Dr. Mercer, CHAMP’s principal investigator, has implemented the project with teams of physical therapy and nursing students and faculty from Western Carolina University, McDowell Technical Community College, Caldwell Community College, Appalachian State University, Elon University, UNC-Greensboro, and UNC-Chapel Hill. Teams will conduct community screening events throughout the area to identify individuals at risk for falls and provide individualized fall prevention recommendations to participants.

“CHAMP provides access to high quality, evidence-based, cost-effective fall prevention services for the 43,537 residents of McDowell County, of whom 6,750 are 65 or older,” said Dr. Mercer. “The project provides direct screening services and follow-up for an estimated 438 residents per year and indirect services to an additional 1,000 residents through training of local health professionals and caregivers. We estimate that nearly 400 falls per year and 38.8 injurious falls per year in McDowell County will be prevented, resulting in approximately $260,000 in yearly savings.”

Chuck Abernathy, McDowell County Manager, said the county strongly supports the CHAMP project and the valuable services it will provide to older residents.

“We are convinced that CHAMP will help decrease the number of falls and fall-related injuries in our county, thereby reducing the negative impact of these events on older individuals and their family caregivers,” said Abernathy.

One of the biggest advantages of the CHAMP intervention is that the exercises can be performed independently by individuals in their own homes, with no need for group exercise classes that can be difficult and costly to administer. This makes CHAMP easily translatable to other parts of North Carolina, with particular benefits for rural or mountainous regions or areas with limited transportation or other resources.

Measurable outcomes will include number of site visits completed, community residents served, local clinics receiving training, and students participating. Falls incidence will be tracked using postage-paid postcards and follow-up phone calls. Data will be available on an ongoing basis, and will be reported in a yearly progress summary, or more frequently as requested. In addition, the CHAMP project team will work with William Kehler, McDowell County EMS Director, to monitor changes in the number of “fall with injury” calls received during the first two years of CHAMP implementation.

For more information about CHAMP, please contact Dr. Vicki Mercer at (919) 843-8642 or vmercer@med.unc.edu.
Twelve UNC-Chapel Hill physical therapy students, one transitional DPT student, Katie Ollendick, and faculty members Sadye Errickson and Dawn Phillips, spent their spring break in Antigua, Guatemala, working with patients at the Obras Sociales del Hermano Pedro, helping to improve the homes of some Guatemalan citizens, and absorbing the local culture. The trip was part of UNC PT Outreach, a service project designed to meet the needs of underserved populations and increase cultural competence among future physical therapists.

Obras Sociales del Hermano Pedro, or Las Obras, is a multiservice facility that provides a home and care for the elderly, orphaned, mentally challenged, and chronically ill. Over three hundred people live at Las Obras, which also offers public services such as medical and dental care, physical therapy clinics, and a pharmacy. The hospital receives no government support and is funded entirely by donations.

The UNC PT Outreach focus was to facilitate a collaborative learning model between Guatemalan physical therapists and UNC students and faculty. The goal was to build on existing systems, structures, and values and facilitate increased efficacy in intervention. A needs assessment defined pertinent educational topics and students and faculty worked together to develop and present in-service sessions. Students, faculty, and Guatemalan therapists then had the opportunity to problem solve and co-treat patients in a variety of clinical environments.

“For students, it has been an incredible opportunity to feel what the textbooks describe and classmates try to mimic,” Errickson wrote for the UNC PT Outreach blog. “For the faculty, it has been amazing to see the growth of the students as they embrace this learning experience.”

Las Obras has an extremely high patient to therapist ratio, with each physical therapist and assistant responsible for approximately 30-35 individuals, many with a severe form of cerebral palsy. Learning opportunities extended beyond the hospital environment to community outings. Residents expressed joyful glee as they were pushed in their wheelchairs down the cobblestone streets to the ice cream shop. Students experienced the challenges of navigating a variety of environment obstacles with wheelchairs and feeding patients with neuromuscular disorders.

In addition to their work at Las Obras, students and faculty volunteered with De Casas A Hogares (From Houses to Homes), whose mission is “to strengthen community harmony in highland Guatemala by building lasting healthy homes, improving access to health care and education, and inspiring participation between the poor and civil society.” UNC volunteers helped to dig trenches for home foundations and pour concrete footings and floors at two different sites at Santa Maria de Jesus. Through this experience, students were not only exposed to a very different Guatemala than that found in Antigua, but they also practiced teamwork and felt the satisfaction of completing a task using only their bodies and simple tools.

Other cultural encounters included a tour of a family run coffee farm, hiking the Pacaya volcano, and witnessing the city’s processions. Ultimately, the service trip provided a unique opportunity to experience and understand the link between poverty, education, and health care and to develop a foundation for conscientious, culturally competent physical therapy practice.

Want to help? Plans for the 2011 UNC PT Outreach trip are already underway. Consider joining the team and traveling to Guatemala, or make a donation to support UNC PT student participation using the Gift and Pledge form on page 15. For more information about the trip, contact Sadye Paez Errickson at spaez@med.unc.edu or (919) 843-8647.
“As a future physical therapist, it was amazing to see the impact of even our short period of intervention. I saw children who seemed barely able to keep it together transform into deeply calm infants after some simple positional changes. I observed a child with severely spastic CP who appeared totally immobile, turn his head in a complete arc and see the environment around him for what seemed like the first time. You realize that your education provides you with the opportunity to change people’s lives in profound ways. Often it doesn’t take much—just applying that education in the right way at the right moment.”

Catherine Noonan, PT Student

Thanks to all the generous donors who helped to make this trip possible:

Karen Folsom
Erin Foreman
Liz and Kyle Gray
Toya Hart
Kathy and Bill Hodge
Margaret Johnson
Rebecca Ladnier
James and Carman Laurie
Ted Majerek
Mary Martin
Cynthia Mayette
Gregory McLeod
Christine Mitchell
Brian Murphy
Vivian Muzyk
Deborah Noonan
Margot O’Neill
Merilyn Patterson
Karen Reitmeyer
John Rennick Jr
Lauren Rennick
Lindsey Rennick
Lisa Riddle
Ann Schiefer
Robert Schofield
Lisa C. Shaw
Hilary Smith Wingate
Mark Segal
Paige Worsham

Lorien Armour
Marie Baker
Kellie Bennett
Larry and Betty Cates
Stephen Charnley
Philip Coffey
Kristin Comella
Dianna Conrad
Paul de van der Schueren
Pavlina Edwards
**Student Spotlight**

**By Katherine Pearl**

**Allied Health Sciences**

As a physical therapist in the U.S. Army, Don Goss has encountered no shortage of determined patients, eager to get the most out of their therapy sessions and hasten their recoveries.

“Taking care of soldiers is very rewarding,” Goss said. “They’re super motivated. They’re the kind of patients you have to hold back because they always want to do more and more.”

That positive attitude is part of the reason Goss, a UNC-Chapel Hill Human Movement Science (Biomechanics) PhD student, decided to turn an initial five-year commitment into a career that’s now spanned almost 15 years.

A native of Ohio, Goss earned his undergraduate degree at Denison University in Granville, Ohio. Injuries he sustained playing Division III football and other sports compelled him to spend time at the school’s physical therapy clinic, where he not only received excellent care, but also realized a potential career path.

“I was impressed by the physical therapist’s knowledge about different exercises and the effects they could have,” Goss said. “I also saw that physical therapists have the chance to really get to know their patients and can build up quite a rapport. That’s what really drew me to the field.”

Goss completed his MPT through the Army-Baylor University program in 1997 and began working in Army orthopedic out-patient physical therapy clinics. He spent two years in Fort Jackson, S.C., the Army’s largest basic training camp, a year in Korea, and three-and-a-half years treating cadets at the United States Military Academy at West Point, NY. In 2004, he went to Stuttgart, Germany, where he worked in a clinic connected to the gym, giving soldiers direct access.

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**Don Goss**

“I’m a big proponent of that,” Goss said. “The sooner someone gets into a clinic and starts receiving treatment, the sooner they’ll get better.”

By the time Goss came to Fort Bragg, N.C., in 2006, he was beginning to contemplate the next phase of his career. Earning a PhD offered the opportunity to explore research and teaching. Goss received a Long Term Health Education and Training (LTHET) scholarship from the Army Medical Department to begin work on his doctorate at UNC in the fall of 2009.

In his first year of study, Goss has been working with physical therapy professor Mike Gross, PT, PhD, FAPTA, to learn about biomechanics and make plans to research lower extremity overuse injuries. Goss is especially interested in the impact of different running styles and conditions, such as the recent growing popularity of barefoot running. In his semester project, Goss is studying the different forces acting on the lower extremities while running with and without shoes.

“I’d like to learn more about what works best for various individuals, so that in the future, if someone comes to me and asks whether something like running without shoes would be beneficial or potentially harmful, I can give them an educated, evidence-based response.”

After completing the three-year PhD program, Goss will return to work for the Army, most likely to teach and continue his research. Goss, who currently holds the rank of Major, says that in addition to the terrific patients he’s worked with in the Army, he and his wife, Holly, have greatly enjoyed the opportunities to travel and live in different parts of the world. “Every assignment has been unique and fun in its own way,” Goss said.

**Annual PT Golf Tournament in October**

**By Jeb Helms**

**Student Golf Committee Chair**

For the past four years, physical therapy students have worked together to put on a golf tournament to raise money for the Foundation for Physical Therapy as well as the UNC Student Physical Therapy Association (SPTA).

This year’s golf tournament will be on Friday, October 8, 2010, at the Chapel Ridge Golf Club in Pittsboro, N.C. The tournament format will be a four person scramble, but individual players can sign up and be assigned to four person teams. Included in the $85 entry fee is lunch, two drink tickets, driving range practice time, awards ceremony prizes, numerous raffle prizes, and an awesome BBQ dinner. Space is limited so early registration is encouraged. For those registering after September 10, 2010, the entry fee increases to $100. No entries will be accepted after September 24, 2010.

The tournament is a great opportunity to network with UNC PT students, faculty, alumni, and other friends of the program. Additionally, this year’s golf tournament will be the Friday before the alumni weekend celebration of the classes of 1960 to 2009 on Saturday, October 9, 2010.

There are numerous opportunities to become a sponsor, which would help provide advertising for PT clinics while also helping us to achieve our fund raising goals.

More information on the tournament can be found on the tournament Web site [www.med.unc.edu/ahs/supporting-ahs/PT_golf_tournament/](http://www.med.unc.edu/ahs/supporting-ahs/PT_golf_tournament/).
By Monica Murrell
UNC DPT Student

During UNC’s spring break in March, five Division of Physical Therapy students and faculty member Vicki Mercer participated in an interdisciplinary service learning trip to Tyrrell County, N.C. The trip also included 13 faculty and students from the School of Nursing, the Gillings School of Public Health, and the School of Social Work.

Tyrrell County is located in the northeastern portion of North Carolina near the famed Outer Banks and consists of small communities and towns such as Columbia and Alligator. The purpose of the trip was to learn about the effects of location, resources, and social determinants on health through the completion of service projects, including health education, community enhancement, and environmental clean-up.

The Alligator Community Health Fair was the group’s introduction to the area. Students managed 10 booths that they had designed and created, and the local health department participated with literature and immunizations. The fair, cosponsored by the Conversation Fund of North Carolina, not only gave students the opportunity to promote health, but also allowed them to meet residents, explain the trip’s purpose, and bond over a donated BBQ dinner.

The next days were filled with various interdisciplinary team projects. One group’s focus was cooking meals, packaging them with the recipes, and delivering them to homes. Other teams fulfilled “wish lists” at residents’ homes. The local Social Service department provided names of people and chores they needed done such as fixing ramps, cleaning yard debris and trash, and light housework. The home visits included assessments of the houses and residents for fall risks, quick health screens, and prescription drug checks. The last day of service was a trip to Jockey’s Ridge State Park in Nags Head to bag oyster shells from local restaurants. The bags will be repurposed to create natural reef habitats in the sound for oysters to live in and increase their production.

“This trip was more than I expected but in a good way,” said student Crystal Copeland. “Though the things we did were not 100% PT related, letting people know about our future profession through our service was just as good.”

UNC PT 2010 Alumni Weekend

Mark your calendar to join us in Chapel Hill this fall! You are invited to a reunion of UNC-Chapel Hill Physical Therapy alumni and friends on Friday and Saturday, October 8 and 9. The PT Board of Advisors is excited about this opportunity to showcase the Division’s newest faculty member and to have some fun. The schedule of activities is provided below.

Friday, October 8, 2010

8–8:30 a.m. Breakfast at the Chapel Ridge Golf Club in Pittsboro, N.C.

8:30–10:30 a.m. Alumni and friends continuing education by new UNC PT faculty member Mike McMorris, PT, DPT, OCS (A golf related PT topic)

10:30 a.m.–1:30 p.m. UNC PT Student Golf Tournament Registration

11:30 a.m.–7:30 p.m. UNC PT Student Golf Tournament and dinner

Saturday, October 9, 2010

First Annual UNC PT Alumni and Friends UNC vs. Clemson pre-game

UNC vs. Clemson Game (Block of tickets for alumni and friends $50 each)

The Curriculum of Our First Year

By Leigh McLaughlin
SPTA President, EDPT Class of 2012

The Class of 2012 began our study of physical therapy with the fundamentals of Gross Anatomy and Human Anatomy Lab, Pathology and Pharmacology, and Psychosocial Aspects of Disability and Illness. In the second block we were immersed in an Introduction to PT Intervention, Kinesiology and Biomechanics, and the first of our Evidence-Based Practice courses. The spring semester we began our study of Motor Development and Human Movement Across the Lifespan, Functional Neuroanatomy, Selected PT Modalities, Exercise Foundations and Prescription, and the first of our Musculoskeletal PT Intervention courses. Over the summer we will continue our studies with Cardiopulmonary and Other Organ Systems and take part in a Clinical Education Seminar before beginning our first Clinical Practicum in June.
Students and Donors Recognized

The Physical Therapy Division had the opportunity to recognize the accomplishments of its students and the generosity of its donors at the third annual Department of Allied Health Sciences Student Scholarships and Awards Reception on November 4, 2009, at the Rizzo Center in Chapel Hill.

UNC Hospitals Volunteer Association’s Allied Health Sciences Fellowships

Fellowships are awarded to deserving students who, in addition to having financial need and scholastic ability, exhibit characteristics of emerging professional excellence.

April Marian Fay, Greensboro, N.C.
Jennifer Kristen Schultz, Greenville, N.C.

The June C. Allcott Fellowships

In recognition of the life and accomplishments of June C. Allcott (1916-1996), fellowships are awarded to students who demonstrate exemplary, ongoing, and new community service.

Kathryn Hannah Pegg, Chapel Hill, N.C.

Marjory W. Johnson Physical Therapy Loyalty Fund Time-Limited Scholarship

Established through a generous gift from Marjory W. Johnson of Chapel Hill, N.C., this scholarship recognizes a student who attended UNC-Greensboro. Johnson graduated from the Woman’s College of UNC-Greensboro in 1943. After serving as an Army Medical Corps physical therapist in France during World War II, she earned her MA in Physical Therapy from Stanford University in 1948. She was recruited by Dr. Margaret Moore to become a faculty member at UNC-Chapel Hill’s Division of Physical Therapy in 1961 and completed her 21-year career at UNC in 1982.

Erin Laurie, Toronto, Ontario, Canada

James and Evelyn Fowler Physical Therapy Loyalty Fund Time-Limited Scholarship

This Scholarship was established by Sarah Fowler Anderson (’81) in honor of her parents, James F. (’47) and Evelyn B. (’48) Fowler.

Katherine (Nicole) Edwards, Clayton, N.C.

Dana Keef Calabrese Physical Therapy Scholarship

This scholarship was established through the generosity of Dana Calabrese, who received a BS in Physical Therapy from UNC-Chapel Hill in 1979 and was a Margaret L. Moore Scholar. Initially working in orthopaedics, in 1980 she began specializing in the management of temporomandibular joint dysfunctions and continued in the field of dental physical therapy for the next 20 years.

Lindsey Elaine-Davis Kenny, Johnson City, Tenn.

Charlotte Money Beatty Memorial Scholarship

Family, friends, and colleagues of Charlotte Money Beatty created this scholarship in her loving memory after her passing in 1993. The scholarship is open to all students with particular attention being given first to minority students and second to students expressing a desire to pursue a career in pediatric physical therapy.

Estelle Tsalik, Cape Town, South Africa

Max Gitterman Award

Thanks to the generosity of Amy and Dan Gitterman, this award is presented annually to a student who is studying pediatrics in the physical therapy graduate program. The award includes guided mentorship in the study of pediatrics.

Sarah Hines Thompson, Wilson, N.C.
Courtney Madden, Germantown, Tenn.

Mabel M. Parker Physical Therapy Time-Limited Scholarship

This scholarship was established through the generosity of Gladys (’52) and Robert Hart of Hilton Head, S.C. Mabel M. Parker became the Assistant Director for Undergraduate Education at UNC in 1959. Her UNC career accomplishments include managing clinical education for students, developing a protocol for integrating public health principals into the curriculum, serving as acting director of the program twice, and co-directing a grant to develop a method to evaluate stroke patients.

Laura Ashley Barnhardt, Burlington, N.C.

Diversity Scholarship in Physical Therapy

Established by a generous gift and commitment from Betsy Crawford and supported by other alumni and friends, the scholarship seeks to increase the diversity of students pursuing physical therapy careers.

Aisha Jacasta Jones, Wilson, N.C.
Monica Lynn Murrell, Matthews, N.C.
Sapna Kiritbhai Patel, Asheville, N.C.
Estelle Tsalik, Cape Town, South Africa

G. Wayne and Tanya B. Long Time-Limited Scholarships in Physical Therapy

G. Wayne and Tanya B. Long of Wilmington each graduated from UNC in 1978 and now own Well Care LLC, a Wilmington-based home health care company. Students are selected for the scholarship based on financial need and scholastic achievement, with preference given to those interested in a career in home health care.

Courtney Madden, Germantown, Tenn.
Gina Ugrinsky, Cary, N.C.

MS Curriculum Scholarship (See pages 10-11)

Rebecca Irene Sande Scholarships

A $757,000 bequest from the estate of L’Vir Sande of Salisbury established this fund in 2002. Income from the fund—named in honor of Sande’s wife, Rebecca—produces scholarships for students with financial need in the MPT Program. Mr. Sande was a pioneer in radiologic medicine who became physically incapacitated and received physical therapy. This experience, coupled with his love of UNC-Chapel Hill, led him to designate the scholarship for physical therapy.

Michael Steven Essa II, Greensboro, N.C.
Sheri Danielle Hazelbaker, Selma, Ind.
James Peter Hoffman, Greensboro, N.C.
Aisha Jacasta Jones, Wilson, N.C.
Bevin Mraw, Hunterdon County, N.J.
Monica Lynn Murrell, Matthews, N.C.
John C. Sizemore, Kings Mountain, N.C.

Louis and Eleanor Duquette Human Movement Science Scholarship

The Duquette scholarship is awarded to a student enrolled in the Doctoral Program in Human Movement Science. The scholarship was established by Colonel Thomas L. Duquette (’91) in honor of his parents, Louis and Eleanor Duquette.

Steven Leigh, Christchurch, England

Judy A. White Professional Development Awards

This fund was established in 2006 by an anonymous donor to promote the professional growth and development of Carolina Physical Therapy students and faculty members in honor of long-time faculty member Judy White. In choosing the recipient(s), the division director gives preference to candidates who share Judy White’s tireless commitment to the profession of physical therapy.

Kyle Lee Cooper, Salemburg, N.C.
Megan Hope Kimsey, Cary, N.C.
Courtney Madden, Germantown, Tenn.
Monica Lynn Murrell, Matthews, N.C.

Vanessa Louise Hall Memorial Scholarship in Physical Therapy (See pages 12-13)

PT Clinical Assistant Professor Dawn Phillips, Courtney Madden, Dan Gitterman, Sarah Hines Thompson, and Associate Professor Deborah Thorpe had lunch at the Carolina Inn in February.

PT Division Director Rick Segal and Steve Leigh

Evelyn Fowler, Nicole Edwards, and Sara Anderson

Monica Murrell, Jacasta Jones, and Estelle Tsalik

Lee Beatty, Estelle Tsalik, and Brian Beatty

Laura Ashley Barnhardt, center, had lunch with Mabel Parker, left, and Dr. Margaret Moore a few days after the awards reception.
Alumna Profile

Angela B. Hunter, PT, MPH

Hometown
Tobaccoville, NC

Residence
Rocky Mount, NC

Education
University of North Carolina at Chapel Hill, Bachelors of Science in Physical Therapy, 1974
University of North Carolina at Chapel Hill, Masters of Health Policy Administration, 2006

Awards
James M. Johnston Scholar; UNC, 1970-74
Charles P. Schuch Award for Excellence in Physical Therapy, UNC, 1995

Hobbies
Tennis, grandmother of two, Carolina basketball, amateur interior design

Professional milestone
In 2006, Angela founded Physical Therapy for Women’s Health, which is dedicated to treating common health issues experienced by women including incontinence, pelvic pain, lymphedema, osteoporosis, menopause, musculoskeletal dysfunction, muscular or joint impairment related to pregnancy or childbirth, and fibromyalgia. Visit www.physicaltherapywh.com.

“My selection for the Physical Therapy MS scholarship is not only a huge honor, but also an exciting opportunity to work closely with the MS patient population in North Carolina. The additional coursework, neurological focused clinical affiliations, class projects, and patient advocacy through the National MS Society, Eastern NC Chapter will expand my knowledge base and experience of those patients and families affected by the disease. The knowledge I gain will enable me to educate my classmates and future colleagues, resulting in high quality care for MS patients in NC and nationwide.”

Kelly Thomas, Division of Physical Therapy

Alumna and Neighbor Host ‘Dinner Out’ to Support Physical Therapy MS Scholarship

Angela Hunter, UNC PT Class of 1974 and founder and lead therapist of Physical Therapy for Women’s Health, teamed up with her next door neighbor, Dr. Gail Lisson, to host a “MS Dinner Out” for their friends and family from Rocky Mount in September 2009. Dedicated to the memory of Dr. Lisson’s father Bruce Havra, who passed away due to complications related to MS in 2009, the dinner raised funds for the National MS Society, Eastern NC Chapter, to support UNC-Chapel Hill’s Physical Therapy MS Scholarship.

“MS touches the lives of so many people,” said Hunter. “Gail and I wanted to come together to raise funds and awareness for the important role that physical therapy plays in improving the quality of life for individuals with MS.”

The progressive dinner and evening, which featured appetizers and refreshments at the Lissons and dinner and dessert at the Hunters, pulled together over 20 family and friends and raised $1,455 for the scholarship. Plans are underway for this year’s dinner.

If you would like to host a “MS Dinners Out,” please contact Phoebe Coggins (919-792-1005 or phoebe.coggins@nct.nmss.org) at the MS Society.
Poster on MS Curriculum Presented at CSM

By Erica Byrne
3rd Year DPT Student

The Multiple Sclerosis Physical Therapy Scholarship Track is a unique program within the UNC-Chapel Hill Division of Physical Therapy. A collaboration between UNC and the Eastern North Carolina Chapter of the National Multiple Sclerosis Society, this specialized track was created in response to an unmet need for physical therapy services in the southeast region of the United States. The primary goals of the program are to educate scholarship recipients about the unique physical, neurological, and psychosocial needs of people living with multiple sclerosis (MS) and to increase knowledge of and access to physical therapy services.

Our most recent accomplishment was presenting a poster at the American Physical Therapy Association Combined Sections Meeting (CSM) in San Diego on February 19, 2010. Faculty members, students, and the UNC Hospital PT staff presented a poster, titled, “A Curriculum Model to Prepare Physical Therapy Students to Meet the Unique Needs of Patients with Multiple Sclerosis,” through the Education Section. The poster summarized the academic and clinical accomplishments of the scholarship students as well as recent community service, outreach, and advocacy efforts. The poster was very well received by colleagues from across the nation and gave UNC representatives a valuable opportunity to share the goals of this unique academic partnership.

Upcoming endeavors by students include completing clinical rotations in neurological rehabilitation, finishing doctoral Capstone projects, fundraising and participating in the Triangle MS Walk, and attending the Consortium of MS Centers annual conference in June 2010. For more information about our recent presentation at CSM or about the program, please visit www.nationalMSsociety.org/physicaltherapy or contact Kyle Gray at kyle_gray@med.unc.edu or 919-966-3352.

Above, Lisa Johnston, Diane Meyer, Kelly Thomas, Melissa Mahon, and Angela Rosenberg at the 2010 CSM. Right, UNC PT S’myelin Solemates at the 2010 Walk for Multiple Sclerosis.

Alumni Notes

Virginia Nieland (’60) has retired but is still very involved. She currently serves as chair of the board of trustees of the Rocky Mountain University of Health Professions and works for APTA at CSM and most annual conferences. She is also very involved with the local senior center in Charleston, S.C., and serves as the President of the Board of Directors of the 501c3, which helps to raise money to support the center.

Kathy Jacobs Berglund (’78), director of the post-professional doctorate program in Orthopedic Manual Therapy at Andrews University in Berrien Springs, Mich., has been appointed to the faculty of the North American Institute of Orthopedic Manual Therapy. NAIOMT is an APTA credentialed fellowship program and national provider of manual therapy continuing education and certification.

Katharine (Lackman) Johnson (’78), after 30 years working as a PT, recently completed her tDPT (with distinction) at Arcadia University.

Jocelyn Pettibone King (BS ’82) lives in Gastonia, N.C., and is employed with Gentiva Home Health.

Donna Stancil Abbott (’83) lives in Yorktown, Va., and works full time in an outpatient PT practice to support her college-age twin sons. She enjoys the outdoors, especially biking and hiking, and says that when she has a semi-empty nest, she would welcome visitors to Virginia.

Kydall Amorous Boyle (’96) is an Associate Professor in the Department of Physical Therapy and Athletic Training at Northern Arizona University in Flagstaff. He received his PhD from Nova Southeastern University in 2006, became certified in Postural Restoration (PRC) in 2008, and had two articles published in 2009, “Bilateral Functional Thoracic Outlet Syndrome in a Collegiate Football Player: A Case Report” in the November issue of the North American Journal of Sports Physical Therapy (NAJSPT), and “Management of a Female with Low Back Pain and Right Leg Pain-Sciatica: A Case Study” in Physiotherapy Theory and Practice.

Kristen “Kris” Harris (’96) began the process of developing a niche practice in 2000. She now owns and operates Mobile Therapy, Inc., a home-based practice that specializes in geriatrics and the medically complicated. She received her Geriatric Clinical Specialist Certification in 2005. “I love taking physical therapy to people,” writes Kris. “Real world challenges and the individual aspects of the patients, the families, and the medical system make each smile, each plan of care, and every day an adventure.”

You-jou Hung (’98) received her PhD degree from the University of Iowa in 2008 and now works at the DPT program at Angelo State University in Texas.

Jeremy R. Frye (’06) was recently named Director of Outpatient Rehabilitation Services at Catawba Valley Medical Center in Hickory, N.C.
Help the Hall Scholarship Endowment Reach Its Goal

The UNC-Chapel Hill Physical Therapy Board of Advisors challenges alumni from the classes of 1960 to 2010 to give $10 for each year past their graduation date to match a $100,000 commitment from Louise and Paul Hall by December 31, 2011, to build the new Vanessa Louise Hall Scholarship endowment fund for UNC physical therapy students. So far, over 275 alumni and friends have made $70,085 in combined gifts and pledges!

Gifts matched dollar-for-dollar!

Your gift to this great cause will be matched dollar-for-dollar up to $100,000 through a generous commitment by Paul and Louise Hall to establish the Vanessa Louise Hall Memorial Scholarship for physical therapy students in memory of their daughter Vanessa, who died tragically on February 11, 1998, in an automobile wreck after being accepted into Carolina as a high school senior. Vanessa’s career goal at the time was to become either a physical therapist or a pediatrician.

Through their commitment, the Halls will match gifts from alumni and friends up to $100,000 to the UNC PT Scholarship Challenge Campaign to build the Vanessa Louise Hall Scholarship endowment! The first scholarship was awarded to three deserving students for the 2009-10 academic year.

It’s not too late to make a gift!

Gifts of any size are welcome, appreciated, and will be recognized! The final list of class contributors will be engraved on a plaque for all to see in the Division of Physical Therapy office suite in early 2012.

Your tax-deductible contribution will ensure that the UNC-Chapel Hill Physical Therapy program has the resources it needs to maintain its record of excellence and to provide students with the best educational opportunities in the nation. We thank you in advance for your support! For more information about making a class campaign gift, contact Kyle Gray at 919.966.3352 or kyle_gray@med.unc.edu.

All lead donors ($1,000 for one year or $334 per year for three years) will receive special recognition by giving level on the plaque and an autographed one-of-a-kind UNC Old Well print (shown below) drawn by Clayton Greene (UNC class of ’07 and EDPT ’10).

Class Challenge Campaign Pledges and Gifts (As of May 14, 2010)

<table>
<thead>
<tr>
<th>Contributing friends:</th>
<th>Yvonne Marie Golightly</th>
<th>Paul Nixon</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diane Dameron Allen</td>
<td>Meg Goodhard</td>
<td>Stephanie Lyn Rehm</td>
</tr>
<tr>
<td>Donna Bernhardt Bainbridge</td>
<td>Kyle Howard Gray</td>
<td>Julie Allen Reo</td>
</tr>
<tr>
<td>Mr. and Mrs. Jean Benjamin</td>
<td>Katherine Gordon Harrison</td>
<td>Peggy Owen Sands</td>
</tr>
<tr>
<td>Kimberly Nicole Craig</td>
<td>Debra J. Hurley</td>
<td>Dale Scalise-Smith</td>
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<tr>
<td>Christopher J. DelJohn</td>
<td>Marjory W. Johnson</td>
<td>Susan Fowler Stafford</td>
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<td>Eline Martha Eckel</td>
<td>Mary A. Kimber</td>
<td>Franklin Truett Tew</td>
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<tr>
<td>Thomas G. Evans</td>
<td>Lee K. McLean</td>
<td>Continued on next page</td>
</tr>
<tr>
<td>Julie Kay Fishell</td>
<td>Sharon Baumgarten Mills</td>
<td>Make a Gift Online</td>
</tr>
</tbody>
</table>

Visit the UNC School of Medicine’s web site at www.med.unc.edu and click the “Make a Gift” link at the top of the page. After clicking credit card gifts and providing your contact information, you can then designate your gift by following these steps:

- Click “Departments” and a second menu selection will appear
- Next click “Allied Health Sciences” and a third window will appear
- Click “Physical Therapy Advancement Fund (9209)” in third window

After you provide the requested information, please click the “Submit information” button at the bottom of the page. On the next screen, provide your credit card information and complete your online credit card gift by clicking the “Submit information” button.
UNCPHYSICAL THERAPY CLASS CHALLENGE CAMPAIGN PLEDGES AND GIFTS

(As of May 14, 2010)

Class of 1960 (30% of goal, 25% class participation)
Linda Moore Nye

Class of 1961 (10%, 33%)
Dorothy Hulick Bengel

Class of 1962 (125%, 100%)
Lizbeth Rich Albert
Nancy Wason Davison
Maria Morgan Elmore
Mary Carroll Killian
Mary Walston Lassiter

Class of 1963 (25%, 30%)
Judith Reynolds Johnson
Kay Rentz Leonard
Ramona Thomas Presson

Class of 1964* (100%, 80%)
Patricia Fisher Beaman
Charles Hines Brockmann
Lois Oakley Buchanan
Elizabeth Whitfield Culley
Miriam Arbaugh Danzey
Jane Reynolds Glenn
Gladys Lush Hart
Betty Jean Kragh
Margaret Oliver Raborn
Joyce Ann Sharp Spiceland
Margaret Oliver Raborn

Class of 1965 (77%, 67%)
Patsy Bost Abell
Carol Crowley Bray
Virginia Freeman Beall
Genet Fishel Hutchenson
Frances Hendrick Jackson
Harriet Baugh Loehne
Margaret Jeffries McKelvey
Lois Curran Powers

Class of 1966 (37%, 31%)
Bette Kreider Bray
Ann Miller Davis
Ulrike M. Edge
Amelia Gibson Ollis
Teena James Petree
Linda Miller Tittle

Class of 1967 (7%, 13%)
Sandra Lowe Blackwood
Robin Goddet Millar

Class of 1968 (35%, 33%)
Nancy Jacobs Jenkins
Sherry Clark Launt
Michele Beaull Nicosia
Mary McCauley Rendleman
Sherron Provo Rowe

Class of 1969 (134%, 56%)
Janice Nale Abercrombie
Beth Godley Arruda
Susan Bennetts Cobb
Judith Jones Felder
Dorcas C. Grigg-Saito
Rose Little Hamm
Kaye Whistleford Harris
Grig Kirk Murdock
Judy Atkins White

Class of 1970 (21%, 36%)
Sharon Kay DeMath\nCarol Bartholomew Dixon
Patricia Miller Emerick
Rebekah Pope Kellie Warne
Linda Streib Smith

* Contributions to the Class of 1964 Scholarship.
Lewek Receives Margaret L. Moore Award

UNC-Chapel Hill Division of Physical Therapy Assistant Professor Michael Lewek has received the 2010 Margaret L. Moore Award for Outstanding New Academic Faculty Member from the American Physical Therapy Association (APTA). Named in honor of Margaret L. Moore, the founding director of UNC's physical therapy division, the award recognizes an outstanding new faculty member who is pursuing a career as an academician and has demonstrated excellence in research and teaching as exemplified by Moore's professional career. APTA established Margaret L. Moore Award in 1989.

Dr. Moore made sustained and exceptional contributions to APTA, serving early in her career as an educational consultant on APTA's staff. She was later elected First Vice President (Speaker of the House) and Secretary of APTA. Dr. Moore was a driving force behind promoting and fostering legislative contacts and involvement for physical therapy, and her grant-supported study of clinical education improved the quality of education in physical therapy.

Moore Honored as Member Emeritus

Dr. Margaret L. Moore, PT, EdD, FAPTA, and founding director of the UNC-Chapel Hill Division of Physical Therapy, was recently named a Member Emeritus of the Physical Therapy Board of Advisers.

Dr. Moore developed the first physical therapy clinical program at North Carolina Memorial Hospital in 1952 and served as chief of the department until 1954. In July 1957, the physical therapy education program got underway, with Dr. Moore as the director of the Division of Physical Therapy—a viable combination of education and service commitments in the hospital and School of Medicine. Dr. Moore remained director of the program until 1974.

During the course of her career, Dr. Moore received APTA's Mary McMillan Lecture Award and the Lucy Blair Service Award.

Alumna Share Experiences and Advice with Students

Four UNC PT alumna, Katie Ollendick ('00 MPT), Carolyn Martonffy Hayes ('01 MPT), Jane Fitzpatrick DeLoach ('06 DPT), and Ellen Roeber ('09 DPT), took time to discuss their careers with 26 current PT students on April 16 at Shula’s 347 Grill in Chapel Hill. How to impress potential employers, what to expect in your first job, where to obtain the best continuing education credits, and when to consider starting your own clinic were among the many topics discussed.

UNC PT Charlotte Alumni Lunch

Twenty-five UNC Chapel Hill PT alumni gathered for lunch in Charlotte, N.C., on April 22. The event gave alumni the opportunity to connect with other graduates in the region, share ideas about the field of physical therapy, and earn continuing education credits via a presentation by UNC PT Professor Mike Gross, PT, PhD, FAPTA, (pictured right) titled “Shoewear Recommendations for the Older Adult.” To download a copy of Gross’s presentation, visit www.med.unc.edu/ahs/news-events/charlotte-alumni-lunch.
2010 HMSC Research Symposium Promotes Exchange of Ideas

The seventh annual Human Movement Science Research Symposium was held February 26, 2010, in the Pope Box at Kenan Stadium. This event provides a venue for researchers, particularly students, from the region to present and discuss their current research in an open and friendly environment. Further aims of the event are to provide vocational information to students and to encourage networking and collaborations.

Over one hundred students, faculty, clinicians, and researchers from North Carolina and the South East attended the 2010 symposium. The event began with three short presentation sessions over breakfast that provided information on searching for positions, the application process, and expectations of new faculty. For the main symposium, thirty student poster and podium presentations were given over four sessions throughout the day. The majority of the presentations were given in a discussion poster format where projects were briefly explained to the whole conference first and then time was allowed for free discussion with the authors at their posters.

The highlight of the symposium was the keynote address on the use of stimulation and training on neural plasticity in rehabilitation for patients with CNS disorders given by Dr. Edelle Field-Fote of the Neuromotor Rehabilitation Research Laboratory, which is an international spinal cord injury research center and part of the Miami Project to Cure Paralysis.

Symposium organizers would like to thank the American Society of Biomechanics, DonJoy Ortho, the National Academy of Sports Medicine, the UNC-Chapel Hill Division of Physical Therapy, and the UNC Department of Exercise and Sports Science for their support. This annual gathering would not have been possible without them. Visit the event’s Web site at http://studentorgs.unc.edu/hmssig/ for more information, including the program and abstract booklet.

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UNC-Chapel Hill Division of Physical Therapy Gift & Pledge Form

I would like to make a gift to the Division of Physical Therapy. Please designate the amount of your gift on the line(s) below:

- Greatest Need of the Division of Physical Therapy (Designation # 9209)
- UNC PT Class Challenge Campaign (Desig #9209/SRU)
- Fisher/Moore Alumni Excellence Fund (Desig # 8854)
- UNC PT Outreach (Designation # 9209)
- Judy A. White Professional Development Fund (Designation # 8941)
- Diversity Scholarship in Physical Therapy Fund (Designation # 8952)
- Human Movement Science Research and Scholarship Fund (Designation # 8971)

☐ Check: Make check payable to Medical Foundation of N.C., Inc. (indicate designation number on the memo line.)
☐ Credit Card: ☐ Visa ☐ MasterCard ☐ American Express

Credit Card Number ________________ Security Code ____________ Expiration Date __________

☐ Pledge: I pledge $ __________ per year for ☐ 1 year ☐ 2 years ☐ 3 years

☐ Matching Gift: My employer (or my spouse’s employer), __________________________, will match this gift.

I have enclosed the company’s matching gift form.

Gift in Honor / Memoriam / Celebration of: ____________________________________________

THANK YOU!

Alumni Updates: (We would like to hear from everyone! Please send us an update even if you are not making a donation at this time.)

Name: ___________________________ Class: ________ E-mail Address: ________________________________

Address: _____________________________________________________________

City: ___________________________ State: ________ Zip: _______________

Home Phone: __________________ Work Phone: __________________

Current Job Title / Position: ____________________________________________

Employer: __________________________________________________________

Mail To: Kyle Gray, Director of Development, Physical Therapy, Department of Allied Health Sciences, Bondurant Hall, CB #7120, UNC-Chapel Hill, Chapel Hill, NC 27599-7120. Questions: Contact Kyle at (919)966-3352 or kyle_gray@med.unc.edu.
Dana Keef Calabrese
Physical Therapy Time-Limited Scholarship
Dana Keef Calabrese

Diversity Scholarship in Physical Therapy
Elizabeth Blount Crawford
Carol Guidry DeCarvalho
Shirley Hall Johnson
Kenneth McArthur Johnson
Tracey Black Powell
Wanda Joynar Weaver
Phyllis Anne Wingate-Jones

The Vanessa Louise Hall Memorial Scholarship in Physical Therapy at UNC-Chapel Hill
Paul and Louise Hall
Christi Brooke Grossman

Physical Therapy MS Curriculum Scholarship
National Multiple Sclerosis Society, Eastern North Carolina Chapter
Sharon F. Halperin

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Charlene M Nelson
Judy Atkins White

Marjory W. Johnson Physical Therapy Loyalty Fund Time-Limited Scholarship
Marjory W. Johnson

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G. Wayne and Tanya B. Long

Mabel M. Parker Physical Therapy Time-Limited Scholarship
Robert and Gladys Hart
Bruce Buley
Margaret Lee Moore
Sandra Ann Raddka

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Jocelyn Petzbome King
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Margaret Lee Moore
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