



UNC
HEALTH CARE

ORTHOPEDIC PHYSICAL THERAPY RESIDENCY FACT SHEET

PROGRAM PURPOSE:

Our Mission

The mission of the UNC School of Medicine Department of Allied Health Sciences and UNC Hospitals Rehabilitation Services Residency Programs is to provide a superior, comprehensive specialist training and mentorship to licensed physical therapists to meet the health and wellness needs of the people of North Carolina and beyond. For the UNC Orthopedic Physical Therapy residency, this mission is applied to physical therapists and their work with patients with musculoskeletal conditions.

Resident Program Philosophy

The faculty and staff of the Division of Physical Therapy and UNC Hospitals are committed to developing residents who are recognized leaders within orthopedic physical therapy. Residents will develop excellence in examination, diagnosis, intervention, consultation, teaching and the integration of best evidence into the patient care they provide. They will develop as a resource for the community in orthopedics and will contribute to the profession through teaching, writing, and leadership. Graduates of the residency program will be prepared to sit for the ABPTS Orthopedic Certified Specialist (OCS) examination.

MENTORSHIP:

You will learn from mentors who are experts in orthopedic physical therapy with a variety of specialty certifications. During weekly mentored time, the resident evaluates and treats patients in the clinic with a mentor. Individualized instruction and feedback is provided during each mentored session. The resident's mentor rotates on a monthly basis to provide a variety of perspectives and expertise across the program. The current mentors include the following individuals:

Jennifer Cooke, PT, DPT
Keith Compson⁺, PT, MBA
Quinn Curtis^{*}, PT, DPT
Kyle Cooper^{*}, PT, DPT
Deborah Givens, PT, PhD, DPT
Michael Gross[!], PT, PhD
Jyotsna Gupta, PT, PhD
Jonathan Hacke^{*}, PT, DPT
Eric Hartmann⁺, PT, DPT
Carla Hill^{*+}, PT, DPT
Sarah van der Horst^{*}, PT, DPT

Lisa Johnston, PT, MS, DPT
Kristel Maes[#], PT, DPT
Stephanie Milosovic[@], PT, DPT
Michael McMorris^{*^}, PT, DPT
Jefferey O'Laughlin^{*^}, PT, DPT
Emile Olsen^{*}, PT, DPT
Brian Trabulsi[%], PT, MPT
Nicole Zimmerman^{*}, PT, DPT
Catherine Duncan & <, PT, DPT
Kristin Somerville, PT, DPT

* Board Certified Clinical Specialist in Orthopedic Physical Therapy (OCS)

[!] Catherine Worthingham Fellow of APTA (FAPTA)

⁺ Certified in Mechanical Diagnosis and Therapy (Cert MDT)

[%] Certified in Orthopedic Manual Therapy (COMT)

[#] Diploma in Mechanical Diagnosis and Therapy (Dip MDT)

[^] Fellow of the American Academy of Orthopedic Manual Physical Therapy (FAAOMPT)

~Certified Strength and Conditioning Specialist

& Athletic trainer certified (ATC)

< Board Certified Clinical Specialist in Sports (SCS)

CURRICULUM:

The program's curriculum is designed in modules that address each area of the Description of Specialty Practice. Most modules focus on a specific body region such as spine or hip and knee. Other modules focus on associated topics such as clinical reasoning, pain science, pharmacology, imaging, and teaching/learning. The didactic work is administered

through a combination of independent study and face-to-face instruction. Written assignments, quarterly case reports, and self-assessments provide the resident with regular benchmarks to ensure their learning progresses throughout the year.

REQUIREMENTS:

The core components of the residency program include: outpatient clinical practice, mentored clinical practice, didactic activities, written patient case reports and professional community service. Residents must successfully complete each didactic module, 2 live patient exams, 2 written exams and submit a manuscript to a professional journal.

RESIDENT SCHEDULE:

Residents will practice in an outpatient clinic for 30 hours per week. The resident will also have mentored clinical work and didactic learning activities each week. Given the scope of residency learning opportunities, residents should expect to spend 50-60 hours per week completing program activities. The schedule below provides an idea of a typical week however the exact schedule of non-clinic time will vary to align with mentor and class schedules. Note, some required activities are not reflected (see 'Other Activities' below).

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 AM	Clinic work	Didactic Time	Clinic work	Mentored Time	Clinic work
9:00 AM	Clinic work	Didactic Time	Clinic work	Mentored Time	Clinic work
10:00 AM	Clinic work	Didactic Time	Clinic work	Mentored Time	Clinic work
11:00 AM	Clinic work	Didactic Time	Clinic work	Mentored Time	Clinic work
NOON	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00 PM	Clinic work	Didactic Time	Clinic work	Clinic work	Clinic work
2:00 PM	Clinic work	Didactic Time	Clinic work	Clinic work	Clinic work
3:00 PM	Clinic work	Didactic Time	Clinic work	Clinic work	Clinic work
4:00 PM	Clinic work	Didactic Time	Clinic work	Clinic work	Clinic work
5:00 PM	Clinic work		Clinic work		

Mentored Time: This is clinical learning time in which a mentor and resident are seeing patients together. The resident is usually leading the patient care with guidance from the mentor and pre/post-care discussions. **Didactic Time:** This is academic learning time completed by the resident, which includes self-study modules (readings and evidence analysis), mentor/resident discussions, and psychomotor learning activities. This time also includes activities such as shadowing medical professionals or serving as an assistant in the DPT program. Module mentors plan, administer, and evaluate didactic learning activities.

Other Activities: Residents are required to develop, write and present patient case reports based on patients seen during clinic work. The residents will also participate in community service activities such as supervision of DPT students at a pro bono health clinic and outreach at local running events.

SALARY, TUITION AND BENEFITS:

Residents are paid an annual salary of \$47,500, the equivalent of a new graduate salary for 30 hours of clinic work per week at UNC. Residents are eligible for full time benefits including health insurance and dental insurance. Residents also receive 164 hours of Paid Time Off per year for vacation, sick and holiday time off from clinic work. There is no tuition associated with the program.

ELIGIBILITY:

Must be licensed to practice PT in North Carolina – new graduates are encouraged to apply but must successfully complete licensure **by August 1** (in NC, take exam in July at latest) to enter the program in mid-August. Completion of immunization requirements, HIPAA, OSHA, and CPR training prior to matriculation is required.

APPLICATION AND ENROLLMENT:

Application deadline: January 15, 2021

Application available via RF-PTCAS at <http://www.abptrfe.org/RFPCTCAS/>

On campus interviews for selected candidates: ~March

Program Start Date: early August each year, and lasting 12 months.

For more information visit: <http://www.med.unc.edu/ahs/physical/university-pt/residency-program>