Stroke Material
National Stroke Association

Stroke Support Groups

• Provides social opportunities
• Helps make hard decisions
• Helps solve problems
• Helps find local resources

Strokesmart Magazine

• Includes:
  o 4 printed magazine each year
  o E-newsletter
  o Access to related website
• Shares stroke stories and news
Stroke Help Line

- Answers questions about stroke
  - Prevention
  - Treatment
  - Recovery
- Shares local support group contacts
- Call: **1-800-787-6537**

Resource Library

- Multimedia library for stroke patients
- Library contains:
  - Articles
  - Fact sheets
  - Videos
  - Decision Aids