NECTAR THICK LIQUID

TO PREPARE:

1. Fill your cup halfway (4 oz)

2. Squeeze 1 packet of thickener

3. Stir for 20 seconds

4. Liquid flow: 3 drops per 1 second

COMMON BRANDS:

- Simply Thick
- Thick-It
- Thicken Up
- Thick and Easy

BUY THEM AT:

- Walmart
- Amazon.com
- Walgreens
  etc.
Nectar thick liquids:
- V8 Juice
- Peach/apricot nectar
- Buttermilk

These are thin liquids: