

February diversity newsletter

African American History Month

The Evolution of Black History Month

In 1926 Dr. Carter G. Woodson instituted the first week-long celebration to raise awareness of African Americans' contributions to history. Prior to this time, little information could be found regarding African American history. Important achievements were left out of history books, and there was a general misconception that African Americans had made little contribution to U.S. society or history. 50 years later, the week became a month, and today February is celebrated as African American History Month. The month of February was chosen because it celebrates the birthdays of Abraham Lincoln and Frederick Douglass, both of whom dramatically affected the lives of African Americans. Frederick Douglass (1817-1895) was a writer, lecturer, editor, and civil rights activist who escaped slavery at age 21 and went on to campaign for the abolition of slavery, establish a newspaper, and hold the office of Minister to Haiti. He was a major voice in the anti-slavery/civil rights movement of his time. Abraham Lincoln (born February 12, 1809), as the sixteenth president of the United States, issued the Emancipation Proclamation on January 1, 1863, thereby declaring that all slaves within the Confederacy would be permanently free. Each year, the Association for the Study of African American Life and History, founded by Dr. Woodson, sets the theme for the month.

<http://diversitycentral.com/calendar/heritagemonthguide.php>

Upcoming Events & Diversity Trainings

- **Safe Zone Continuing Education: Intersex (LGBTQ Center)**, 2/1, 2-4 PM, <https://lgbtq.unc.edu/programs/education/safe-zone-training>
- **Uprooting Structural Racism Embedded in Medical Education (American Medical Association)**, 2/1, 4-5 PM, <https://www.med.unc.edu/aoe/event/ama-webinar-uprooting-structural-racism-embedded-in-medical-education/>
- **Humanities in Action: Race and Voting Rights in North Carolina (Carolina Public Humanities)**, 2/3, 3:30-5 PM (tickets are \$15), <https://www.unc.edu/event/humanities-in-action-race-and-voting-rights-in-north-carolina/>
- **Health Care Safe Zone Training (UNC Office of Inclusive Excellence, LGBTQ Center)**, 2/4, 1-5 PM, <https://www.med.unc.edu/inclusion/programs-and-initiatives/dei-certificate-program/>
- **Where the Cloud Meets the Ground: Democratizing Health Data to Improve Community Health Equity (National Institute on Minority Health and Health Disparities)**, 2/4, 2-3:30 PM, https://nimhd.nih.gov/news-events/conferences-events/directors-seminar-series/2021/dss_2021feb_boulware.html?utm_medium=email&utm_source=govdelivery
- **Stone Center Diaspora Lecture — Workers on Arrival: Black Labor and the Making of America (Sonja H Stone Center)**, 2/4, 3:30-5 PM, https://apps.research.unc.edu/events/index.cfm?event=events.eventDetails&event_key=62777B5CC9DEEA097F372F7F18569FED1AB46893
- **Green Zone: Military Affiliated Student Experience (Office of the Dean of Students - Carolina Veterans Resource Center)**, 2/8, 9 AM-noon, https://apps.research.unc.edu/events/index.cfm?event=events.eventDetails&event_key=0C810A60A565A402F4B3472E793EF4D9C6E0D8DB
- **STEM Pride Queer Perspective Speaker Series: Dr. Lauren Esposito (Training Initiative for Biological and Biomedical Sciences)**, 2/8, noon-1 PM, https://apps.research.unc.edu/events/index.cfm?event=events.eventDetails&event_key=442DFA410E2FA603CEBCB67ACFA7B6795E8BCE09
- **School of Medicine Unconscious Bias Workshop — DEI Certificate Program (UNC Office of Inclusive Excellence)**, 2/9, 9:30-11:30 AM, <https://www.med.unc.edu/inclusion/programs-and-initiatives/dei-certificate-program/>
- **School of Medicine Respect All Workshop- DEI Certificate Program (UNC Office of Inclusive Excellence)**, 2/11, 9:30 AM-noon, <https://www.med.unc.edu/inclusion/programs-and-initiatives/dei-certificate-program/>
- **Connections Matter: Building Caring Connections to Improve Resiliency (UNC School of Social Work)**, 2/9, 12:30-1:30 PM, tickets are \$25, <https://cls.unc.edu/connections-matter-building-caring-connections-to-improve-resiliency/>
- **Frey Lecture: Henry Louis Gates Jr.: “The Legacy of Reconstruction and the Rise of Jim Crow” (Frey Foundation)**, 2/9, 5:30-6:30 PM, <https://www.unc.edu/event/frey-lecture-gates/>
- **“All the Songs We Sing” Author Readings with the Carolina African American Writers’ Collective (University Libraries, Carolina African American Writers’ Collective)**, 2/9, 7-8 PM, <https://calendar.lib.unc.edu/event/7419034>

- **Safe Zone Continuing Education: Transgender and Nonbinary Communities (LGBTQ Center)**, 2/12, 10 AM-noon, <https://lgbtq.unc.edu/programs/education/safe-zone-training>
- **Barbara Hanna Wasik Distinguished Lecture- Towards Empirically-Supported, Responsive Practice: The Emerging Science of Cultural Adaptation (Frank Porter Graham Child Development Institute)**, 2/17 3-4:30 PM, <https://www.unc.edu/event/fpgs-barbara-hanna-wasik-distinguished-lecture-welcomes-dr-anna-long/>
- **Safe Zone Continuing Education: Bisexuality (LGBTQ Center)**, 2/17, 3-5 PM, <https://lgbtq.unc.edu/programs/education/safe-zone-training>
- **Humanities in Action: Healthcare (Carolina Public Humanities)**, 2/17, 3:30-5 PM; tickets are \$15, <https://humanities.unc.edu/event/healthcare/>
- **Standard Safe Zone (LGBTQ Center)**, 2/18, 5-9 PM, <https://lgbtq.unc.edu/programs/education/safe-zone-training>
- **Equal Protection’s Grand Promise and Betrayals- Reconstruction, Plessy to Bakke and Beyond: Is there a Way Forward? (UNC Center for Civil Rights)**, 2/18-19, <https://www.unc.edu/event/equal-protections-grand-promise/>
- **Eating Disorder Risks and Strategies during the Covid-19 Pandemic w/ Drs. Goode, Small & Fuller (University of North Carolina at Chapel Hill School of Social Work Clinical Lecture Series)**, 2/22, noon-2 PM, \$35 for tickets, <https://cls.unc.edu/eating-disorders/>
- **Connect, Engage, Transform Webinar: UNC Rural Community Partnership Reflections and Roads Ahead (Carolina Center for Public Service and UNC Rural)**, 2/23, 1-2:30 PM, <https://www.unc.edu/event/cet-webinar-unc-rurals-reflections-and-roads-ahead/>
- **Defining Racial Justice in the Twenty-First Century: Competing Perspectives and Shared Goals (Department of African, African American, and Diaspora Studies & UNC Program for Public Discourse)**, 2/23, 5:30-7 PM, <https://www.unc.edu/event/defining-racial-justice-in-the-twenty-first-century-competing-perspectives-and-shared-goals/>
- **Humanities in Action: The History of Jim Crow Laws in North Carolina (Carolina Public Humanities)**, 2/24, 3:30-5 PM; tickets are \$15, <https://humanities.unc.edu/event/the-history-of-jim-crow-laws-in-north-carolina/>
- **Minority Health Conference. Body & Soul: The Past, Present, and Future of Health Activism (Gillings School of Global Public Health, Minority Student Caucus)**, 2/25-2/26, <https://www.med.unc.edu/cher/event/42nd-minority-health-conference/>
- **Chronicling Stankonia: The Rise of the Hip-Hop South— Off the Shelf Author Talk with Regina Bradley (Southern Cultures and the Center for the Study of the American South, University Libraries, UNC Press)**, 2/25, Noon-1 PM, <https://calendar.lib.unc.edu/event/7419036>
- **Protection vs. Externalization: The politics and law of asylum in Europe 2015-2020 (Mary Stevens Reckford Memorial Lecture)**, 2/25 Noon- 1:30 PM, <https://www.unc.edu/event/2021-mary-stevens-reckford-lecture-in-european-studies-catherine-woollard/>
- **Health Care Safe Zone (LGBTQ Center)**, 2/25, 1-5 PM, <https://lgbtq.unc.edu/programs/education/safe-zone-training>
- **A Panel on Environmental Justice with Jaki Shelton Green, William Barber, Josh Stein and others (Frank B. Hanes Writers-in-Residence Program)**, 2/25, 3:30-4:45 PM, <https://www.unc.edu/event/environmental-justice-panel/>

February Diversity Calendar

February 1: National Freedom Day — celebrates the signing of the 13th Amendment that abolished slavery in 1865.

February 1-2: Imbolc — a Gaelic traditional festival marking the beginning of spring.

February 1: St. Brigid of Kildare — feast day for St. Brigid celebrated by some Christian denominations.

February 2: Candlemas — a Christian holiday that celebrates three occasions according to Christian belief: the presentation of the child Jesus; Jesus' first entry into the temple; and Virgin Mary's purification.

February 3: St. Blaise Day (The Blessing of the Throats) — the feast day of St. Blaise of Sebaste celebrated by the Roman Catholic Church and some Eastern Catholic churches.

February 3: Setsubun-Sai (Beginning of Spring) — the day before the beginning of spring in Japan, celebrated yearly as part of the Spring Festival.

February 3: Four Chaplains' Day — commemorates the 55th anniversary of the sinking of the United States army transport *Dorchester* and the heroism of the four chaplains aboard.

February 11: Asian-American Women's Equal Pay Day — the aim is to raise awareness about the pay gap between Asian-American women and White men. Asian-American women are paid 90 cents for every dollar paid to white men.

February 12: Lunar New Year — one of the most sacred of all traditional Chinese holidays, a time of family reunion and celebration. The Lunar New Year is also celebrated at this time in Japan, Korea, Vietnam and Mongolia. 2021 is the year of the Ox.

February 12-14: Losar (the Tibetan Buddhist New Year) — a time of renewal through sacred and secular practices.

February 14: St. Valentine's Day — a Western Christian feast day honoring one or two early saints named Valentinus. Typically associated with romantic love and celebrated by people expressing their love via gifts.

February 15: Parinirvana Day (or Nirvana Day) — the commemoration of Buddha's death at the age of 80, when he reached the zenith of Nirvana. February 8 is an alternative date of observance.

February 15: Presidents Day — a federally recognized celebration in the United States of George Washington's birthday, as well as every president preceding Washington.

February 16: Vasant Panchami — the Hindu festival that highlights the coming of spring. On this day Hindus worship Saraswati Devi, the goddess of wisdom, knowledge, music, art, and culture.

February 16: Mardi Gras — the last day for Catholics to indulge before Ash Wednesday starts the sober weeks of fasting that accompany Lent. The term "Mardi Gras" is particularly associated with the carnival celebrations in New Orleans, Louisiana.

February 16: Shrove Tuesday — the day before Ash Wednesday. Though named for its former religious significance, it is chiefly marked by feasting and celebration, which traditionally preceded the observance of the Lenten fast. It is observed by various Christian denominations.

February 17: Ash Wednesday — the first day of Lent on the Christian calendar. Its name is derived from the symbolic use of ashes to signify penitence. It takes place immediately after the excesses of the two days of Carnival that take place in Northern Europe and parts of Latin America and the Caribbean.

February 20: World Day of Social Justice: <https://www.tmcc.edu/diversity/awareness-calendar>

February 25-28: Intercalary Days or Ayyám-i-Há — celebrated by people of the Bahá'í faith. At this time, days are added to the Bahá'í calendar to maintain their solar calendar. Intercalary days are observed with gift giving, special acts of charity, and preparation for the fasting that precedes the New Year.

February 25-26: Purim — a Jewish celebration that marks the time when the Jewish community living in Persia was saved from genocide. On Purim, Jewish people offer charity and share food with friends.

February 26: Lantern Festival — the first significant feast after the Chinese New Year, named for watching Chinese lanterns illuminate the sky during the night of the event.

February 27: Maghi-Purnima — a Hindu festival especially for worshippers of Lord Vishnu. Millions of devotees take a holy bath on this day. Devotees also carry out charity work on this day.

February 27-March 28: Magha Puja Day (also known as Maka Bucha) — a Buddhist holiday that marks an event early in the Buddha's teaching life when a group of 1,250 enlightened saints, ordained by the Buddha, gathered to pay their respect to him. It is celebrated on various dates in different countries.

February 28 (sunset) to March 19 (sunset): Nineteen-Day Fast — a time in the Bahá'í Faith to reinvigorate the soul and bring one closer to God. This fast takes place immediately before the beginning of the Bahá'í New Year.

February 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 National Freedom Day Imbolc	2 Imbolc Candlemas	3 St. Blaise Day	4 Setsubun-Sai Four Chaplains Day	5	6
7	8	9	10	11 Asian-American Women's Equal Pay Day	12 Lunar New Year Losar	13 Losar
14 Losar St. Valentine's Day	15 Parinirvana Day Presidents' Day	16 Vasant Panchami Mardi Gras Shrove Tuesday	17 Ash Wednesday	18	19	20 World Day of Social Justice
21	22	23	24	25 Intercalary Days Purim	26 Intercalary Days Purim Lantern Festival	27 Intercalary Days Maghi-Purnima Magha Puja Day



28
Intercalary Days
Start of Nineteen-
Day Fast

Diversity Dictionary

Important terms to keep in mind as we learn about embracing our diversity

anti-Semitism – Refers to prejudice and/or discrimination against Jews as individuals and as a group. Anti-Semitism is based on stereotypes and myths that target Jews as a people, their religious practices and beliefs and the Jewish State of Israel. (Anti-Defamation League. (2013). A brief history of anti-Semitism (PDF). Retrieved from <http://www.adl.org/assets/pdf/education-outreach/Brief-History-on-Anti-Semitism-A.pdf>.)

bigotry – Intolerant prejudice that glorifies one's own group and denigrates members of other groups. (Racial Equity Resource Guide. (n.d.). Glossary. Retrieved from <http://www.racialequityresourceguide.org/about/glossary>)

Civil Rights Act of 1964 – The Act outlawed discrimination based on race, color, religion, sex or national origin, required equal access to public places and employment and enforced desegregation of schools and the right to vote. It did not end discrimination, but it did open the door to further progress. (National Park Service. (n.d.). Civil Rights Act of 1964. Retrieved from <http://www.nps.gov/subjects/civilrights/1964-civilrights-act.html>)

colonialism – Colonization can be defined as some form of invasion, dispossession and subjugation of a people. The invasion need not be military; it can begin—or continue—as geographical intrusion in the form of agricultural, urban or industrial encroachments. The result of such incursion is the dispossession of vast amounts of lands from the original inhabitants. This is often legalized after the fact. The long term result of such massive dispossession is institutionalized inequality. The colonizer/colonized relationship is by nature an unequal one that benefits the colonizer at the expense of the colonized. (LaRocque, E. (n.d.). Colonization and racism. Retrieved from <http://www3.nfb.ca/enclasse/doclens/visau/index.php?mode=theme&language=english&theme=30662&film=16933&excerpt=612109&submode=about&expmode=2.>)

cultural appropriation – Theft of cultural elements for one's own use, commodification, or profit — including symbols, art, language, customs, etc. — often without understanding, acknowledgement or respect for its value in the original culture. Results from the assumption of a dominant (i.e. white) culture's right to take other cultural elements. (Colours of Resistance. (n.d.). Cultural appropriation. Retrieved from <http://www.coloursofresistance.org/definitions/culturalappropriation/>)

ethnicity – A dynamic set of historically derived and institutionalized ideas and practices that (1) allows people to identify or to be identified with groupings of people based on presumed (and usually claimed) commonalities including language, history, nation or region of origin, customs, ways of being, religion, names, physical appearance and/or genealogy or ancestry; (2) can be a source of meaning, action and identity; and (3) confers a sense of belonging, pride and motivation. (Markus, H.R. (2008). Pride, prejudice, and ambivalence: Toward a unified theory of race and ethnicity. *American Psychologist*, 63(8), pp. 651-70)

Meet a Black Person:

African Americans have made tremendous contributions in the fields of science and medicine. Here are just a few:

Dr. Patricia Bath—first African American female physician to receive a medical patent, https://cfmedicine.nlm.nih.gov/physicians/biography_26.html

Dr. Marie Maynard Daly—first African American woman to receive a doctorate degree, <https://www.sciencehistory.org/historical-profile/marie-maynard-daly>

Dr. Charles Drew—African American surgeon who organized the first blood bank in the US, <https://www.cdrewu.edu/about-cdu/about-dr-charles-r-drew>

Dr. James Durham—first African American to formally practice medicine, <https://aaregistry.org/story/james-durham-a-pioneering-physician-and-skilled-healer/>

Dr. Mae Jemison—first African American female astronaut, <https://www.womenshistory.org/education-resources/biographies/mae-jemison>

Dr. Katherine Johnson—African American “computer” at NASA, <https://www.nasa.gov/content/katherine-johnson-biography>

Dr. Percy Julian—African American chemist who synthesized physostigmine, cortisone, and hydrocortisone, <https://www.sciencehistory.org/historical-profile/percy-lavon-julian>

Dr. Mary Eliza Mahoney—first African American to graduate from American school of Nursing, <https://www.biography.com/activist/mary-mahoney>

Dr. James McCune Smith—first African American to hold a medical degree, <https://www.blackpast.org/african-american-history/smith-james-mccune-1813-1865/>

Vivien Thomas—African American surgical assistant instrumental to discovery of BT Shunt, <http://portraitcollection.jhmi.edu/portraits/thomas-vivien-theodore>

Dr. Daniel Hale Williams—African American surgeon who performed the first open heart surgery, <https://www.biography.com/scientist/daniel-hale-williams>

UNC Anesthesia DEI Committee Members:

Chris Agala

Amber Allred

Lauren Andrews

Annika Barnett

Robin Brennan

Kelly Cunningham

Cassandra Fox

Amanda Greer

Lynn Harris

Caryn Hertz

UK Iroha

Mia Kang

Nasir Khatri

Skye Margolies

Dan Moyles

Kim Nichols (Chairperson)

Gin Niver (graphic design)

Brittney Paduchowski

Seema Patidar

Liz Ross

Beckett Shea-Shumsky

Marwa Sidani

Corine Thompson

Shanna Weaver

Interested in how we can make UNC Anesthesiology a more inclusive work space? <https://www.kazoohr.com/resources/library/how-to-build-an-inclusive-workplace>

Interested in helping out Black businesses? <https://webuyblack.com/>

Interested in taking a local “Walk Through History”? <https://triangleonthecheap.com/black-history-month/>

Please reach us at AIMSDiversity@ad.unc.edu — Thank you!