

March

anesthesiology diversity newsletter

**WOMEN'S
HISTORY
MONTH**

*March is **Women's History Month**: Recognizing and celebrating all women for their valuable contributions to history & society.*

International Women's Day: March 8th.

*The theme for 2022 is **#BreakTheBias***

Women in Public Health and Medicine

Click the link to learn about some of the women who have been central to health & medicine

March is National Developmental Disabilities Awareness Month which was established to increase awareness & understanding of issues affecting people with intellectual & developmental disabilities.



Upcoming Events & Diversity Trainings

Women's History Month Presentation & Panel Discussion: Wednesday, March 2nd, 6:00 PM - 8:00 PM. *Halle Cultural Arts Center, 237 N. Salem Street Apex, NC 27502.* Join us as Dr. Shields, Associate Professor and Director of Undergraduate Studies for Women's and Gender Studies, provides an interactive presentation on women's issues in the past, present, and future. After the presentation, a panel will discuss the presentation. Panelists are from the community and volunteered to participate with the goal of fostering diverse perspectives and varied experiences related to women's issues.

35th Annual Powwow: March 5th, 10:00 am - 6:00 pm. The Carolina Indian Circle will host the 35th Annual Powwow. This year's theme is "Reclaiming Our Space." The event will feature cultural dances, and vendors will sell food and Native American crafts.

Annual African Diaspora Lecture: Dr. Jennifer Jones, March 8th at 6:15 pm. The Stone Center's Annual Diaspora Lecture will be delivered by Dr. Jennifer Jones, associate professor of sociology and Latin American and Latino Studies at the University of Illinois at Chicago. Dr. Jones' research lies at the intersection of the sociology of race, immigration, and politics. Throughout her scholarship, she examines the ways in which race "works," exploring the relationship between categorical ascription (e.g., checking a box, or how one is perceived) and meaning-making (e.g., identity, or feeling a sense of group belonging).

2022 Paul A. Godley Health Equity Symposium: March 9th, 1:00 pm - 4:00 pm. The Paul A. Godley Health Equity Symposium brings together faculty, staff, students, and the community to highlight and encourage health equity research, promote collaboration and networking, and encourage strategic planning and partnerships at the School of Medicine. This symposium is named in honor of the late Dr. Paul A. Godley, Rush S. Dickson Professor of Hematology/Oncology at the UNC Department of Medicine and Vice Dean for Diversity and Inclusion at the School of Medicine. Dr. Godley directed the program on Ethnicity, Culture, and Health Outcomes (ECHO) from its inception in 2001. His research and leadership sought to identify, understand and eliminate racial health disparities.

Unconscious Bias Awareness: March 10th, 9:00 am - 11:30 am: This workshop explores unintended/implicit bias and introduces foundational concepts that are necessary to additional engagement with DEI-related topics and issues.

Safe Zone Training: Intersex CE: March 11th, 10am-12pm. The Intersex CE is a two-hour training designed to make the University community a safer and more supportive place for all Carolina students, faculty, and staff members by creating a network of allies who have basic knowledge about intersex communities.

Safe Zone Training: Health Care Curriculum: Thursday, March 17th, 8:30a-12:30p. Health Care Safe Zone covers concepts, terminology, and resources related to sexual orientation, gender identity, and gender expression. With a focus on health care, it also covers LGBTQ health disparities, health resources, and common health professional scenarios. This training is intended to address concerns particular to Health Care professionals, though it is open to all campus and community members.

Hybrid Lunchbox Talk: A Journey to Indigenous Participation in Environmental Decision-Making in North Carolina's Coastal Plain: March 24th, 12:00 pm - 1:00 pm. The land we now know as North Carolina has one of the largest Indigenous populations in the United States, and many tribal nations call this land home. Indigenous peoples are the original stewards of the landscapes and waterways of this place, and they continue to take this role seriously today. Although Indigenous peoples are still here, there is a long history – in North Carolina and elsewhere – of ignoring tribal perspectives and voices when making decisions that affect their communities, lands, and waters. In some cases, Indigenous histories and legacies are erased altogether. In other cases, narratives that tie Indigenous peoples to their territories are over-simplified or whitewashed. This presentation highlights some of the Indigenous perspectives that link people to place on North Carolina's Coastal Plain. It also gives an overview of the ways in which these perspectives have been erased or ignored through colonial practices built into environmental decision-making. Finally, the presentation considers what it might look like to amplify Indigenous perspectives and strengthen tribal participation in the stewardship of North Carolina's environment.

With Dr. Ryan E. Emanuel, Associate Professor of Hydrology, Duke University.

Racial Justice Workshop, March 25th: 11:30 – 2:30pm. This workshop addresses structural racism in the United States. The workshop explores the history of race as a social construct and the effects of racism on our education and health care systems. It also engages participants in a discussion of how to combat structural racism within the School of Medicine.

March Diversity Calendar

March 1st: Maha Shiravatri: Hindu festival celebrated each year dedicated to Shiva. It is celebrated just before the arrival of spring. It is also known as the Great Night of Shiva or Shivaratri and is one of the largest and most significant among the sacred festival nights of India.

March 1st: Lailat al Miraj: a Muslim holiday that commemorates the prophet Muhammad's nighttime journey from Mecca to the "Farthest Mosque" in Jerusalem, where he ascended to heaven, was purified, and given the instruction for Muslims to pray five times daily.

March 1st: Mardi Gras is a Christian holiday and popular cultural phenomenon that dates back thousands of years to pagan spring and fertility rites. Also known as Carnival or Carnaval, it's celebrated in many countries around the world.

March 2nd: Ash Wednesday: the first day of Lent on the Christian calendar. Its name is derived from the symbolic use of ashes to signify penitence. It takes

place immediately after the excesses of the two days of Carnival that take place in Northern Europe and parts of Latin America and the Caribbean.

March 3rd—5th: Losar (the Tibetan Buddhist New Year), a time of renewal through sacred and secular practices.

March 8th: International Women's Day: celebrates the various (social, economic, cultural, political) achievements of women. The theme for 2022 is **#BreakTheBias**.

March 10th: Celebration of Harriet Tubman's Life: Harriet Tubman was an American abolitionist and political activist. She's best known for her connection and contribution to the Underground Railroad, a network of secret routes and safe houses established in the U.S. during the early to mid-19th century. The Underground Railroad was used by enslaved African Americans to escape into both free states and Canada. After escaping herself, Tubman went on 13 missions to rescue approximately 70 enslaved people. She later became a scout and spy for the Union Army during the Civil War. On March 10, 1913, Harriett Tubman died, leaving behind a great legacy.

March 17th: Purim: a Jewish celebration that marks the time when the Jewish community living in Persia was saved from genocide. On Purim, Jewish people offer charity and share food with friends.

March 17th: St. Patrick's Day (Irish): Feast of Saint Patrick, a cultural and religious celebration held around the world.

March 17th to 18th: **Holi**, the annual Hindu and Sikh spring religious festival observed in India, Nepal and Sri Lanka, along with other countries with large Hindu and Sikh populations. People celebrate Holi by throwing colored powder and water at each other.

Bonfires are lit the day before in the memory of the miraculous escape that young Prahlada accomplished when demoness Holika carried him into the fire. It is often celebrated on the full moon (the Phalguna Purnima) before the beginning of the Vernal Equinox as based on the Hindu calendar. This Hindu festival has been enjoyed since ancient times to celebrate the coming of spring. Like New Years in the Western world, the Holi Festival is seen as a way for people to release all their inhibitions and start fresh. During the Holi festivals, the gods turn a blind eye, and everyone can let loose. A bonfire is also lit to symbolically burn away all the bad, and provide a light for a new future.

March 18th to 19th: **Lailat al Bara'a, also known as Lailat Al Baraah, Barat, or popularly as Shab-e-Bara or Night of Forgiveness.** An Islamic holiday during which practitioners of the faith seek forgiveness for sins. Muslims spend the night in special prayers. It is regarded as one of the most sacred nights on the Islamic calendar.

March 18th to 20th: **Hola Mohalla:** The 3-day Sikh festival honoring valor, skill, and defense preparedness.

March 19th: **St. Joseph's Day**, in Western Christianity the principal feast of St. Joseph, the husband of the Blessed Virgin Mary.

March 20th: **Ostara**, a celebration of the spring equinox commemorated by Pagans and Wiccans. It is observed as a time to mark the coming of spring and the fertility of the land.

March 21st: – **International Day for the Elimination of Racial Discrimination**, observed annually in the wake of the 1960 killing of 69 people at a demonstration against apartheid pass laws in South Africa. The United Nations proclaimed the day in 1966 and called on the international community to redouble its efforts to eliminate all forms of racial discrimination.

March 21st: **Naw Ruz:** The New Year for the Baha'i faith, celebrated on the vernal equinox, marking the end of the Baha'i fast. It is one of the nine Bahá'í holy days on which work is suspended.

March 25: **International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade**, a United Nations international observation that offers the opportunity to honor and remember those who suffered and died at the hands of the brutal slavery system. First observed in 2008, the international day also aims to raise awareness about the dangers of racism and prejudice today.

March 31: **International Transgender Day of Visibility**, dedicated to celebrating the accomplishments of transgender and gender nonconforming people while raising awareness of the work that still needs to be done to achieve trans justice.

UNC DEPARTMENT OF ANESTHESIOLOGY

DEI COMMITTEE

Lauren Andrews	Christinna Haire	Kim Nichols
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Patrick Farmer	Skye Margolies	Shanna Weaver
Amy Goetzinger	Duncan McLean	

Interested in joining your colleagues & getting involved?

There are many ways to contribute & make a difference!!

Please contact the DEI Committee to learn more:

Anes_diversity@med.unc.edu

UNC SOM DEI Certificate Program

<https://www.med.unc.edu/inclusion/programs-and-initiatives/dei-certificate-program/>

The DEI Certificate Program is a new initiative from the SOM Office of Inclusive Excellence in support of the 2019 SOM Strategic Plan to foster an inclusive workplace environment. The program's curriculum offers workshops and trainings designed to broaden awareness about Diversity, Equity, and Inclusion topics among the SOM faculty/staff and deepen engagement with and between individuals in the SOM at all levels – from patients to leadership. The workshops offered as part of the certificate program address a broad array of DEI topics, including those related to race and ethnicity, gender and sexual orientation, culture and religion, socioeconomic status, and more.