



Fall Diversity Newsletter

Department of Anesthesiology

Enjoy this seasonal diversity newsletter recognizing and celebrating the diversity in our department, community, and the world. It is our hope that a quarterly newsletter will provide ample time to learn more and identify events and trainings of interest.

BREATHE

Bias Realization:

Education in Anesthesia and Treating Humans Equally

The Anesthesia Residency Program is excited to begin a new healthcare disparities curriculum workshop, BREATHE (Bias Realization: Education in Anesthesia and Treating Humans Equally) for the academic year 2023 that was influenced heavily by resident involvement. The curriculum will be spread over three didactic sessions, a journal club, a visiting professor grand rounds, and a newly developed problem-based learning discussion written by our very own CA-1 Dr. Kelsey DeSilva for intraoperative teaching. The focus of the curriculum will be on understanding individual implicit bias, the role implicit bias has on systemic racism and healthcare disparities and steps physicians can take to reduce both their own biases and systemic healthcare disparities. To assess the impact this curriculum will have on future anesthesiologists, CA-1 Joshua Pyant has designed an IRB approved survey to assess changes on individual perceptions of implicit bias and individual readiness to act when observing microaggressions in the workplace. We cannot wait to see how this curriculum pans out and expect great things for all our residents involved.

SEPTEMBER



Honoring and celebrating the history, culture, influence, achievements, and contributions of U.S. Latinx and Hispanic communities. Click here to learn more about [Latino Identity](#)

WOMEN IN MEDICINE MONTH

Jewish High Holy Days

Rosh Hashana, the Jewish New Year, is on 9/27, and Yom Kippur, the Day of Atonement is 10/5. These are holidays when Jews look back at the year past, evaluating their behavior and actions, and planning for improvement in the coming year.

[What are the Jewish High Holy Days? A look at Rosh Hashanah, Yom Kippur, and a month of celebrating renewal and moral responsibility.](#)

More September Observances:	22nd: Autumnal Equinox
11th: Enkutatash (Ethiopian New Year)	26th: Navratri (Hindu) (Sept 26 to Oct 4)
16th: Mexican Independence Day	27th: Meskel (Ethiopian Orthodox and Eritrean Orthodox religious holiday)
21st: International Day of Peace	

OCTOBER

LGBT History & Awareness Global Diversity Awareness

Filipino American Heritage
Month

Italian American Heritage
Month

German American Heritage
Month

Polish American Heritage
Month

Diwali, Festival of Lights

Diwali is known as the festival of lights and is one of the biggest holidays in India. Indians celebrate differently based on their religion (Hinduism, Sikhism, Buddhism, Jainism) and where they live in the country.



The first day of Diwali this year is October 24th. The holiday typically spans 5 days:

Dhanteras- marked by the worship of wealth

Chaturdashi- focused on cleansing yourself and your home of impurities

Diwali- main Diwali celebration with lights (diyas) signifying the triumph of good over evil and gifts

Govardhan Puja- celebrates a new start with blessings of good fortune

Bhai Dooj- celebration of siblings

Halloween

[The Fascinating History of Halloween and How Exactly the Holiday Began](#)

More October Observances:

2nd: International Day of Non-Violence

4th: Yom Kippur Jewish Holiday (Sunset Oct 4 to Sunset Oct 5)

5th: Dassera (Hindu)

7th: Mawlid Al-Nabi (Islamic-Sunni and Shi'a) (Sunset Oct 7 to Sunset Oct 8)

9th: Sukkot Jewish Holiday (Sunset Oct 9 to Sunset Oct 16)

10th: Indigenous Peoples Day

11th: Coming Out Day

17th: International Day for the Eradication of Poverty

17th: Simchat Torah Jewish Holiday (Sunset Oct 17 to Sunset Oct 18)

NOVEMBER

**NATIVE
AMERICAN
HERITAGE MONTH**

Celebrating and recognizing the rich and diverse cultural histories of the Native Americans.

[National Museum of the American Indian Calendar of Events](#)

November Observances:

4th: Bandi-Chhor Diwas (Sikh)

6th Birth of Bab (Baha'i)

6th Gur-Gaddi Guru Granth Sahib (Sikh)

7th Birth of Baha'U'llah (Baha'i)

8th National STEM/STEAM Day

9th Kristallnacht (November 9 - 10)

11th Veterans Day

16th International Day for Tolerance

17th World Peace Day

19th Guru Nanak Dev Ji's Birthday (Sikh)

20th Transgender Day of Remembrance

24th Thanksgiving

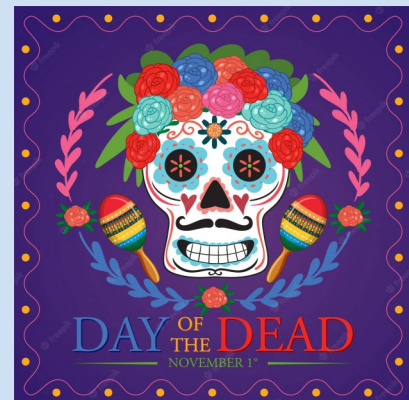
25th Day of the Covenant (Baha'i)

26th Native American Heritage Day

28th Advent (Christian) (Nov 28 - Dec 24)

28th Chanukah (Jewish) (Sunset Nov 28 to Sunset Dec 6)

30th Day to Remember Chemical Warfare Victims



Thanksgiving Origin

Thanksgiving is one of the most celebrated of American holidays. Is the story we are taught about Thanksgiving, that the pilgrims were welcomed by the indigenous population, a fantastical myth? What is the history behind this cherished American tradition?

UPCOMING EVENTS

September 10 – Moredecai Historic Park 50th Anniversary Festival - 12 -4pm. Mordecai Historic Park, 1 Mimosa Street, Raleigh - Celebrate the 50th anniversary of Mordecai Historic park with special performances, free crafts, cultural displays, tours and more. Every half hour there will be a tours on Historic Raleigh Trolley, discounted to \$5.

September 10 – Filipino Fest – 3-6pm - Crabtree Valley Baptist Church at 4408 Lead Mine Road, Raleigh, NC. Celebrate Filipino culture with food and games. There will also be inflatables for the kids.

September 15th: - October 15th [The Moth Playlist: Honoring Hispanic Heritage Month](#): In honor of Hispanic Heritage Month, The Moth Podcast looks back stories from Hispanic storytellers.

September 17 & 18 – Durham’s Centerfest – Sat. 10 a.m. to 6 p.m., Sun., 11 a.m. to 5 p.m. - Downtown Durham - Free, but a \$5 donation is requested. This festival is Durham's largest cultural and community event. It features visual art, musical artists, street performers, kids' activities and more.

September 24 – Morrisville International Festival - 2 - 6 pm - Town Hall Drive, Morrisville, NC. Free. Explore the diversity of Morrisville with Cricket workshops, Hindu exhibitions, lawn games, music and dance performances, an artisan market and food trucks.

September 24 – Festa Italiana in Raleigh – 11am – 7pm. Tucker Street and N. Boylan Street, Raleigh – Free - Enjoy Italian entertainment, Italian food and wine, kids' activities and more.

September 30 – October 1 - Triangle Oktoberfest - Booth Amphitheatre, 8003 Regency Parkway, Cary, on Friday, September 30th, and Saturday, October 1st, 2022. This is an authentic German festival focused on family fun, traditional Bavarian food, local and authentic German beers from Munich. Friday, September 30th, 2022: 5 p.m. to 10 p.m. Saturday, October 1st, 2022: 12 p.m. to 8:30 p.m.

October 1 – Taste of China - 2:30 to 7:30 p.m., 310 S Academy Street, Cary – Free - Enjoy delicious Chinese food while watching Dragon and Lion Dances,

martial arts demonstrations, music performances and more. There will also be children's activities, arts and crafts booths, souvenirs for purchase, and Chinese culture and history booths.

October 8 - Dix Park Inter-Tribal Pow Wow - 11:30 a.m. to 6:30 p.m. Dix Park (Big Field), 101 Blair Drive, Raleigh, NC - Free - Celebrate the legacy and culture of indigenous communities in North Carolina. This will be a day of competition dancing, music and vendors.

October 8 - Hum Sub Diwali - 10 a.m. to 9:15 p.m. Koka Booth Amphitheatre. 8003 Regency Parkway, Cary, NC - Free (parking is \$7) - This festival (formerly known as Cary Diwali) features music, dance, theater performances, a handi-craft bazaar, Indian food vendors, exhibitions of Indian art and culture, demonstrations, children's activities and more. The evening ends with a spectacular fireworks display over Symphony Lake.

October 22 - Triangle Islamic Festival of Arts - 10 a.m. to 5 p.m. IAR Raleigh Masjid. 808 Atwater Street, Raleigh - Free - This is a full-day celebration of the beauty of Islamic art. Local Muslim artists will be showcases a wide variety of art. In addition, there will be an International Food Pavilion, children's art activities, a henna station and much more.

November 5 & 6 - The North Carolina International Festival - Saturday 10 a.m. to 10 p.m. Sunday 11 a.m. to 6 p.m. - NC State Fairgrounds Expo Building. 4285 Trinity Road, Raleigh - Early bird tickets are \$5 for Saturday and \$4 for Sunday. Enjoy performances, a kids' town, live music, international food, bazaars, dance party and more.

November 19 - American Indian Heritage Festival - Time TBA - North Carolina Museum of History - 5 E Edenton Street, Raleigh - Free - This festival is an annual celebration of the rich diversity and contributions of American Indians in North Carolina for over 14,000 years.

TRAININGS & LECTURES

Unconscious Bias Awareness: September 21st 11:00 am - 1:30 pm and November 14th , 1:00p-3:30p

Respecting All: October 13th 10am-1pm *and* December 2nd, 9am -12 pm

Driving Down Infant and Child Mortality: Victories, Dilemmas, and Persistent Disparities, UNC Center for Bioethics, November 3rd, 12p -1p, UNC MacNider 321

Racial Justice, December 5th, 1pm-4pm. This workshop addresses structural racism in the United States. The workshop explores the history of race as a social construct and the effects of racism on our education and health care systems. It also engages participants in a discussion of how to combat structural racism within the School of Medicine.

DEI Certificate Program

The DEI Certificate Program is an initiative from the SOM Office of Inclusive Excellence in support of the 2019 SOM Strategic Plan to foster an inclusive workplace environment. The curriculum offers workshops and trainings designed to broaden awareness about Diversity, Equity, and Inclusion topics among the SOM faculty/staff and deepen engagement with and between individuals in the SOM at all levels - from patients to leadership. The workshops offered as part of the certificate program address a broad array of DEI topics, including those related to race and ethnicity, gender and sexual orientation, culture and religion, socioeconomic status, and more.

UNC Department of Anesthesiology DEI Committee Members

Lauren Andrews	David Flynn	Duncan McLean
Annika Barnett	Amy Goetzinger	Kim Nichols
Hemanth Baboolal	Christinna Haire	Seema Patidar
Sam Blacker	Lynn Harris	Emily Robertson
Robin Brennan	Caryn Hertz	David Sender
Fei Chen	Mia Kang	Joseph Sisk
Kelly Cunningham	My Liu	Sally Stander
Vishal Dhanda	Andy Lobonc	Adam Suchar
Alexander Doyal	Elisa Lund	Eva Waller
Patrick Farmer	Skye Margolies	Shanna Weaver

Interested in joining your colleagues & getting involved?

There are many ways to contribute & make a difference!!

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[Diversity, Equity, & Inclusion: Dept of Anesthesiology](#)