These are a few of my favorite things:

Handout:
Character strengths with underuse and overuse (finding the golden mean) and other resources

Articles:


SERIES: Philosophy in Medical Education, Teaching and Learning in Medicine

Podcasts:
Let me ask you something: https://marioveen.com/
On Being, On shaping technology to human purpose, Latanya Sweeney: first African American female MIT computer science PhD (2001), Healthcare Professionalism
Tom Inui (A Flag in the WInd)
Let it Go, Let it Grow

Websites:
Via Institute on Character
Jubilee Centre
WFU Program for Leadership and Character
Seven strategies for character development
Leader Character Framework
ProfessionalFormation.org

Books:
Generations - Jean Twenge
IntraConnected - Daniel Siegel
Hidden Potential - Adam Grant
The New Diversity - Tim Elmore

Video:
Seeing Beauty for a Change
Wittgenstein's Beetle in a Box

Marcia Wofford (mwofford@wakehealth.edu)