

More Resources & Info

Mosaic Assessment

www.mosaicmethod.com

Assess the level of danger in your relationship

Legal Resources

NC Legal Aid

1-866-219-5262

NC Legal Aid Battered Immigrant Project

1-866-204-7612

NC Legal Aid Senior Legal Helpline

1-877-579-7562

www.womenslaw.org

Victim Services

<http://nc-van.org/victim.html>

Victim Services Directory

Domestic Abuse Education/Information

www.survivortosurvivor.org

www.nccadv.org

North Carolina's domestic violence coalition

www.ncadv.org

National domestic violence coalition

The VIGOR

www.thevigor.org/vigor-safety-planning-tool/

Personalized plan for coping with abuse, and detailed safety planning tool

Domestic Abuse Resources

UNC Hospitals Health Care System

Police-Emergency-911

24 Hour Help Lines

Alamance County

Family Abuse Services

336-226-5985

Chatham County

Chatham Family Violence Prevention Services

919-542-1792

Chatham County Sheriff Department

(919) 542-2811

Durham County

Durham Crisis Response Center

919-403-6562

Lee County

Haven

919-774-8923

Orange County

The Compass Center

919-929-7122

Person County

Safe Haven

336-599-7233

Wake County

Interact

919-828-7740

UNC HOSPITALS BEACON PROGRAM



A Hospital Response To Domestic Abuse

Men in Abusive

Relationships

www.med.unc.edu/beacon

(984) 974-0470

Monday-Friday

8am-5pm



Domestic Abuse and the Beacon Program

What Is Domestic Abuse?

The US Department of Justice's Office of Violence Against Women defines domestic violence as: "a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain power and control over another intimate partner. Domestic violence can be physical, sexual, emotional, economic, or psychological actions or threats of actions that influence another person. This includes any behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure, or wound someone." Domestic violence is also known as intimate partner violence (IPV), abuse, or domestic abuse.

Statistics

Domestic abuse can happen to anyone, regardless of race, gender, age, ethnicity, sexual orientation, religion/faith, income, social status, etc.

Nearly 1 in 10 men (10%) in the US have experienced rape, physical violence and/or stalking by a partner and report a related impact on their functioning.

1 in 7 men (13.8%) aged 18 and older in the United States have been the victim of severe physical violence by an intimate partner in their lifetime

Why Men Might Stay

Men are often reluctant to report abuse by their partners because they may feel embarrassed, or fear they won't be believed, denial, fear of losing children, taught not to need help, ridiculed, belief that no resources are available, or fear of abuser.

Types of Domestic Abuse

Someone who is abusive uses abuse, violence and threats in order to control and dominate his/her partner. Forms of abuse may include:

Physical: pushing, slapping, hitting, pulling hair, burning, biting, choking/strangulation, using a weapon or item to physically harm you, breaking/smashing things, hurting children or pets.

Emotional/Verbal: name-calling, putting you down, making you feel worthless, humiliating you, insulting you in private or in public, threatening you or others, isolating you from others, threatening to take your children from you.

Psychological: invalidating your reality, making you feel you are going "crazy", using actions or words that destroy self-confidence, making you feel everything is your fault, playing mind games.

Financial: controlling how money is spent, refusing you money or access to funds, getting you into debt for the abuser (i.e., getting credit cards in your name and maxing them out), not allowing you to get a job, taking your paycheck.

Sexual: forcing you to have unwanted sexual contact, drugging you or getting you intoxicated in order to have sexual contact, forcing you to do things you are uncomfortable with sexually, unwanted touching.

What is the Beacon Program?

The UNCH Beacon Program's social workers help patients and hospital employees who are in abusive relationships or have experienced prior abuse. We provide support, information, referrals and resources that empower individuals and families to make their own decisions regarding their options and safety.

What services does the Beacon Program provide?

- ⇒ Evaluation
- ⇒ Safety Planning
- ⇒ Domestic abuse education
- ⇒ Resources and information about issues/topics affected by domestic abuse (i.e. legal, etc.)
- ⇒ Referrals to health care providers
- ⇒ Referrals to community agencies

Who is eligible to use Beacon Program ?

Any UNC Health Care patient or employee who has experienced domestic abuse is eligible. Services are provided at UNC Hospitals and its clinics, in person, and over the phone.

How do I contact the Beacon Program?

(984) 974-0470

www.med.unc.edu/beacon

Monday-Friday

8am-5pm

Or ask your UNC Health Care provider