

## UNC Athletes and Blood Clots Program

Goal is to continue to build a structured “*Athletes and Blood Clots Program*” at UNC. No such specialty program currently exists in the U.S. The program’s three objectives are:

1. To offer state-of-the art multispecialty medical care (Hematology plus Sports Medicine) to high level athletes who have had a deep vein thrombosis (DVT or pulmonary embolism (PE);
2. To provide education and information to athletes, physicians, the general public and the media about DVT and PE in athletes;
3. To perform and support clinical and basic research that addresses open questions about cause, prevention and best management of DVT and PE in athletes.

### References

1. Berkowitz JN, Moll S Athletes and blood clots: individualized, intermittent anticoagulation management. *J Thromb Haemost*. 2017 Jun;15(6):1051-1054.



2. Moll S, Berkowitz JN, Miars CW. Elite athletes and anticoagulant therapy: an intermittent dosing strategy. *Hematology Am Soc Hematol Educ Program*. 2018 Nov 30;2018(1):412-417.

