# DO I REALLY NEED TO TEST MY PATIENT FOR A UTI?

#### TREATING ASYMPTOMATIC BACTERIURIA HAS NO BENEFITS AND CAUSES HARM.\*



# MY PATIENT IS SICK, AND I SUSPECT A UTI. SHOULD I SEND A UA?

## UA May Be Helpful When Patient Has

- Urinary frequency
- Burning or pain with urination
- Urgency
- New blood in urine

#### No UA Needed for

- X Foul-smelling urine
- $\mathbf{X}$  Urine color or cloudiness
- X Altered mental status **alone** (sleepiness, confusion)
- X Fever or leukocytosis **without urinary symptoms**

## **DECISION POINTS**

Order a UA if symptomatic.

Interpret UA.

2

Order urine culture if UA+.



Treat or adjust treatment based on culture results.



Learn more: UNC Hospitals' UTI Management Guideline



\*UTI Management Guidelines note the few exceptions where treatment of asymptomatic bacteriuria is indicated.

UNC Hospitals' Dept. of Infection Prevention & Carolina Antimicrobial Stewardship Program