What vape(s) do you use? Select the vape(s) you use most often. **Disposables** Vape Pen **Box-Mod Pod Devices** STIG Blu Mojo Phix Posh Chronic/Dank Vapes Other Device(s): Sourin Drop Dab Pen How much do you use per week? Fill out the line(s) most appropriate for your vape(s).







How much nicotine are you getting?

	Equivalent # of Cigarettes	Equivalent # of Cigarette Packs
DISPOSABLES		
Puff Bar (original)	26-65	1-3
Puff Bar (plus)	160	8
STIG	72	3.6
Bidi Stick	84	4.2
PODS		
JUUL Pod	21-35	1-2
Blu Liquipod	18-36	1-2
Blu Liquipod Intense	38-60	2-3
Phix Pod	75	4
E-JUICE (10 mL)		
3 mg/mL (0.3%)	30	1.5
6 mg/mL (0.6%)	60	3
12 mg/mL (1.2%)	120	6
35 mg/mL (3.5%)	350	17.7
50 mg/mL (5%)	500	25