



SCHOOL OF MEDICINE

Carolina Institute for Developmental Disabilities

North Carolina Post-Secondary Education Programs for Young Adults with I/DD

The Carolina Institute for Developmental Disabilities

and

North Carolina Postsecondary Education Alliance

Revised October 2023

Community College/University and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
---	-------------	-----------------------------	------------------------	----------------------	---------------------	-----------------

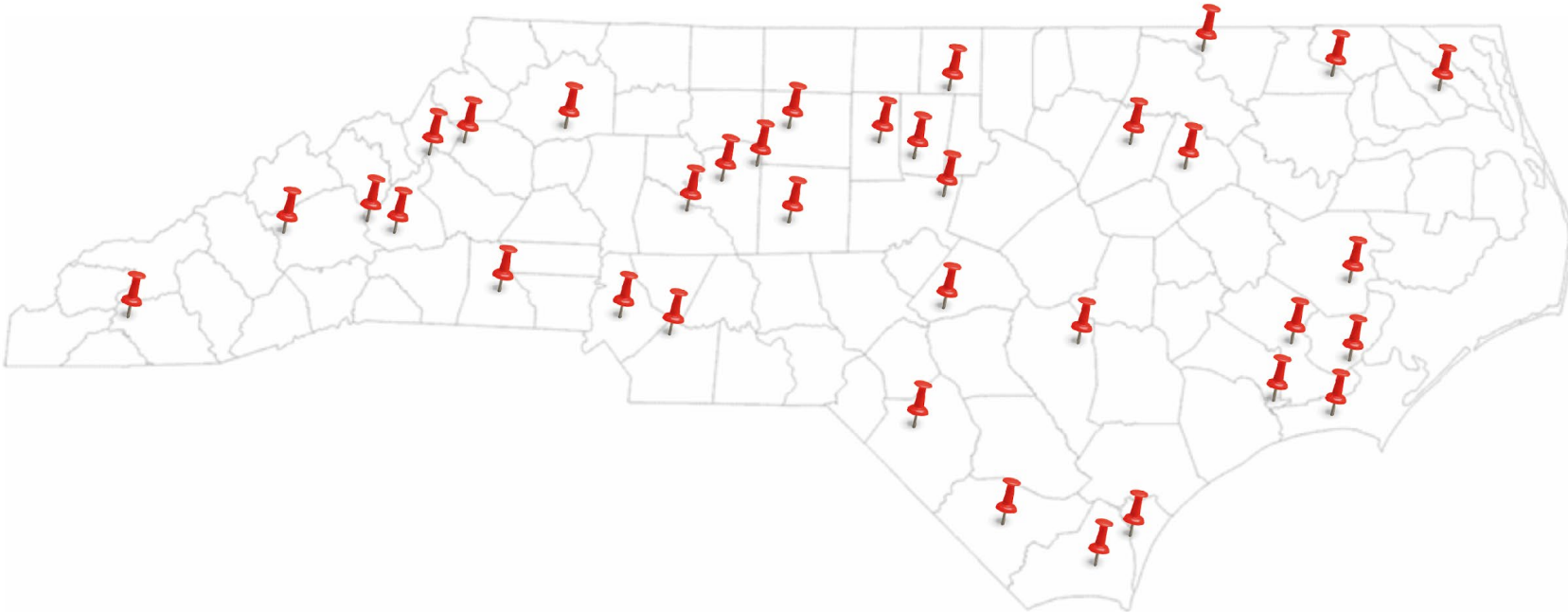




Table of Contents

University Programs.....	4
Community College Programs.....	5
Abbreviated Programs.....	17

University Programs

University and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
Appalachian State University <i>Scholars with Diverse Abilities</i> (2 years)	For students with ID—completely integrative courses related to career and personal interests and service-learning opportunities	20	✓	✓	Dr. Susan Hedges: sdap@appstate.edu	https://sdap.apps.tate.edu/
University of North Carolina Greensboro <i>Integrative Community Studies</i> (4 years)	For students with ID and DD—integrative community studies on self-determination, life planning, and career development	30	✓	✓	Ryan Milligan: beyondacademics@uncg.edu	https://beyondacademics.uncg.edu/
Western Carolina University <i>UP</i> (2 years)	For students with ID—fully integrated experience building skills in personal development, community participation, vocational preparation, social participation and learning, and course auditing	12	✓	✓	Kelly Kelley: wcuuprogram@gmail.com	https://www.wcu.edu/learn/departments-schools-colleges/ceap/stl/special-education-programs/university-participant-up-program/index.aspx

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
------------------------------------	-------------	-----------------------------	------------------------	----------------------	---------------------	-----------------

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
<p>Central Piedmont Community College, Southwestern Community College, and Asheville-Buncombe Community College</p> <p><i>Project SEARCH</i> (1 year)</p>	<p>For students with ID and/or DD— daily living skills and preparation for competitive employment through internship programs at high-status organizations</p>	<p>6-12</p>	<p>✓</p>	<p>✓</p>	<p>Lisa Hailey: lisa.hailey@cpcc.edu</p> <p>Devonne Jimison: devonnej@southwesterncc.edu</p> <p>Tim Blekicki: projectsearchshville@arcnc.org</p>	<p>https://www.cpc.edu/programs/independence-and-literacy-education-adults-disabilities-i-lead</p> <p>https://www.southwesterncc.edu/college-and-career-readiness/project-search</p> <p>https://www.arcnc.org/programs-and-services/west/project-search</p>

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
Alamance Community College <i>Career College</i> (2 years)	For students with ASD, ID, and DD—reading, math, and computer skills with hands-on practicum experiences as Automotive Assistant or Health & Public Services Assistant	8-10 per pathway	✓	✓	Tim Haith: tlhaith717@alamancecc.edu	https://www.alamancecc.edu/services-for-students-site/disability-services/career-college-2/
Alamance Community College <i>ABLE</i> (self-paced)	For students with ASD, ID, and DD—reading, writing, math, and computer literacy skills with a goal of further academic study and/or employment	35			Aimee Gordon: argordon399@alamancecc.edu	https://www.alamancecc.edu/adult-literacy-site/able/
College of the Albemarle <i>ABETO</i> (self-paced)	For students with ID and DD—reading, math, and other life skills to aid transition into the workforce	not restricted			Denise Lane: denise_lane87@albemarle.edu	https://www.albemarle.edu/programs-classes/noncredit/courses/intellectual-disabilities-education/

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
<p>A-B Technical Community College</p> <p><i>SOAR Successful Occupational Achievement (2 year)</i></p>	<p>SOAR is a vocational and literacy training program for adults with IDD. -develops students' academic, social, and workforce skills through projects and contextualized lessons and activities. - Students must commit to attendance Monday-Thursday 9:00-2:00 and be motivated to begin on a career path with support from Vocational Rehabilitation.</p>	<p>40-50</p>		<p>✓</p>	<p>Barbara Fedock barbarafedock@abtech.edu or adulted@abtech.edu</p>	<p>http://www.abtech.edu/SOAR</p>
<p>A-B Technical Community College</p> <p><i>Biltmore Project SEARCH (9 months + placement)</i></p>	<p>Project SEARCH serves people with IDD. Students must have a desire to achieve competitive employment. Interns must also be eligible for NC Vocational Rehabilitation services and have reliable daily transportation to the program.</p>	<p>8-10</p>	<p>✓</p>	<p>✓</p>	<p>Tim Blekicki tblekicki@arcnc.org or barbaraftblekicki@arcnc.org</p>	

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
Brunswick Community College <i>Brunswick Interagency Program (self-paced)</i>	For students with ID and/or DD— contextualized learning, money management, technology, career exploration, and supported employment	not restricted	✓	✓	LeAnn Cecil: cecill@brunswickcc.edu	https://www.brunswickcc.edu/home/find-a-program/brunswick-interagency-program-bip/
Cape Fear Community College <i>Essentials Program (self-paced)</i>	For students with ID and/or DD— reading, writing, math, computer literacy skills, and career pathway classes	not restricted		✓	Kathy Martinez: kmartinez@cfcc.edu	https://cfcc.edu/academic-career-readiness/essentials-program/
Catawba Valley Community College <i>ABE Academy (2-4 years)</i>	For students with ASD, ID, and DD— basic academic instruction that is vocationally contextualized for career exploration with opportunities to enroll in multiple career pathways and specific vocational training classes at departments across campus	40			Vickie Vinson: vvinson@cvcc.edu	https://www.cvcc.edu/CCE/Learning_And_Personal_Enrichment/Basic_Skills/adult-basic-education.cfm

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
Central Piedmont Community College <i>I-LEAD</i> (2 years)	For students with ID, DD, and/or TBI—math, science, professional development, creative writing, print shop, book club, theater, and digital literacy	not restricted		✓	Lisa Hailey: lisa.hailey@cpcc.edu	https://www.cpc.edu/programs/independence-and-literacy-education-adults-disabilities-i-lead
Coastal Carolina Community College <i>Career and Life Skills</i> (self-paced)	For students with ASD, ID, DD, TBI, CP, and more—work readiness, reading, writing, math, and technology	10-20			College and Career Readiness: CCR@coastalcarolina.edu	https://www.coastalcarolina.edu/academics/con-ed/ccr/
Craven Community College <i>Transitions Academy</i> (2 years)	For students with ASD—math, reading, writing, technology, and soft skills including modules on horticulture, government, health programs, childcare, carpentry, and food preparation/safety	30		✓	Sandy Bayliss-Carr: bayliss-carrs@cravenc.edu	https://cravenc.edu/transitions-academy

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
Davidson-Davie Community College <i>Occupational Network</i> (self-paced)	For students with ASD, ID, and DD— reading/language arts, community living, math, consumer education, health, vocational education, and social science	15-18			Jill Storey: jill_storey@davidsondavie.edu	https://www.davidsondavie.edu/academics/college-and-career-readiness/occupational-network-abe-class/
Edgecombe Community College <i>Adult Basic Education I</i> (self-paced)	For students with ID and/or DD— reading, math, writing, digital instruction, vocational skills, and community-based service learning project	not restricted	✓	✓	Contact number: (252) 618-6704	https://edgecombe.edu/programs/college-and-career-readiness/adult-basic-education-i/
Fayetteville Technical Community College <i>College and Career Readiness</i> (self-paced)	For students with ASD, ID, and DD— academic advancement and immediate improvement in employability skills	not restricted			Ginger Strickland: stricklg@faytechcc.edu	https://www.faytechcc.edu/college-career-readiness/

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
Guilford Technical Community College <i>POWER Pathways</i> (self-paced/ 1 yr)	For students with ID and/or DD— basic reading, math, computer and writing skills, as well as employability skills and career preparation. Pathways in Food Service and Customer Service	not restricted		✓	Eduardo Garcia: egarcia7@gtcc.edu	https://www.gtcc.edu/academics/adult-education/power-pathways/power-pathways.php
Halifax Community College <i>Students with Disabilities</i> (self-paced)	For students with ID and/or DD— classes for academic and personal improvement and increased opportunities for gainful employment in new or existing industries in the Roanoke Valley and beyond	20			Phyllis Chavis: pchavis@halifaxcc.edu	https://halifaxcc.edu/WED/CCR/disabilities.php
Haywood Community College <i>Career College</i> (2 years)	For students with ID and/or DD— reading, math, and computer skills as well as hands-on practicum experience within a specific program of study	not restricted		✓	Jennifer Yowell: jlyowell@haywood.edu	https://www.haywood.edu/programs/college-career-readiness.php

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
<p>Mayland Community College <i>Life Skills and Work Skills Academy</i> (self-paced)</p>	<p>For students with ASD, ID, DD, and TBI— build independent living and workforce skills, make connections with local employers, master specific job tasks, and develop an Interview Portfolio</p>	<p>30</p>			<p>(<i>Work Skills</i>) Virginia Alverado: valvarado@mayland.edu</p> <p>(<i>Life Skills</i>) Carol Holden: lifeskills@mayland.edu</p>	<p>https://www.mayland.edu/continuing-education/pre-college-ged-esl/work-skills-academy/</p>
<p>Nash Community College <i>Foundation Adult Basic Education</i> (self-paced)</p>	<p>For students with ASD, ID and DD— academics (math and language arts) as well as coursework in specific career pathways for hospitality and food service, gardening and lawn maintenance, commercial cleaning, and retail sales</p>	<p>not restricted</p>	<p>✓</p>		<p>Roslyn Pemberton: rapemberton859@nashcc.edu</p>	<p>https://nashcc.edu/academics/continuing-education-programs/college-and-career-readiness/</p>

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
Pitt Community College <i>Career Academy</i> (2 years)	For students with ID, DD, and ASD— develop job skills, career choices, academics in career contexts, and goals and objectives for job attainment in partnership with Pitt County Vocational Rehabilitation Services	25	✓	✓	Melissa Morlock: mwmorlock745@my.pittcc.edu	https://pittcc.edu/academics/academic-programs/transitional-studies/career-academy/
Randolph Community College <i>ABLE</i> (self-paced)	For students with ASD, ID, DD, TBI, CP, and more— academic skills and social, digital, and technical skills to further personal and professional development	not restricted		✓	Emma Lambirth: eplambirth@randolph.edu	https://www.randolph.edu/academics/college-and-career-readiness-programs.aspx
Robeson Community College <i>ABET</i> (self-paced)	For students with ID and/or TBI— basic skills and abilities needed to become more independent and self-directed and meet and manage community, social, work, and personal adult responsibilities	not restricted			Banessa McCormick: bwilliams@robeson.edu	https://www.robeson.edu/ccr/

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
Rowan-Cabarrus Community College <i>SOAR</i> (2 years)	For students with ASD, ID, DD, and TBI— classes on functional academics, community living, health and safety, leisure activities and humanities and participation in campus and community activities	20	✓	✓	Bridget Henderson: bridget.henderson@rccc.edu or Mandy Thacker: mandy.thacker@rccc.edu	https://www.rccc.edu/precollege/about-the-soar-program/
Sampson Community College <i>ACE</i> (self-paced)	For students with ID— reading, writing, math and vocational training through Project Discovery	not restricted			Allie Turner: aturner@sampsoncc.edu	https://www.sampsoncc.edu/wdce/academy-of-continuing-excellence/
South Piedmont Community College <i>Compass Education</i> (self-paced)	For students with ASD, ID, DD, TBI, CP, and more— math, reading, writing, soft skills, and occupational pathways in food service and heritage arts	not restricted			Nikki Myers: nmyers@spcc.edu	https://spcc.edu/areas-of-study/adult-basic-skills/compass-education/

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
<p>Wake Technical Community College <i>Pathfinder Career Exploration Program</i> (2 years)</p>	<p>For students with ASD, ID, DD, TBI, CP, and more—six employment-focused cohorts in horticulture and landscaping, health care, animal care/pet retail, business/customer service, food service/culinary, and technology as well as career pathway opportunities in hospitality and barista/café training</p>	<p>15-16 per cohort</p>		<p>✓</p>	<p>Julia Tennant: jatennant@waketech.edu</p>	<p>https://www.waketech.edu/programs-courses/non-credit/strengthen-basic-skills/adult-basic-education/abe</p>
<p>Wilkes Community College <i>Career Step</i> (self-paced)</p>	<p>For students with ASD, ID, DD, TBI, CP, and more—basic academics, liberal arts, employability skills, workplace readiness, and computer skills, concluding with hands-on training for a chosen career pathway (e.g., culinary)</p>	<p>not restricted</p>	<p>✓</p>	<p>✓</p>	<p>Debbie Woodard: drwoodard792@wilkescc.edu or DeeAnna Parker: dcparker538@wilkescc.edu</p>	<p>https://www.wilkescc.edu/ccr/</p>

Community College Programs

Community College and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
<p>Central Carolina Community College</p> <p><i>BELL Academy</i> (2 years)</p>	<p>For adults (at least 18 years old) with intellectual/developmental disabilities who have been referred - emphasis is on improving reading, writing, math, and computer skills; helping adults become more independent</p>	<p>not restricted</p>		<p>✓</p>	<p>Dawn Tucker: dmtucker@cccc.edu</p>	<p>https://www.cccc.edu/news/story.php?story=9574</p>
<p>Cleveland Community College</p> <p><i>ConneXions PostSecondary Program</i> (2-years)</p>	<p>Mission is to encourage students with disabilities to: achieve post-secondary education and employment goals, become responsible learners and workers, improve communication skills, increase self-advocacy skills, etc.</p>	<p>38</p>	<p>✓</p>	<p>✓</p>	<p>Haley Blanton or Jennifer Wall: connexions@clevelandcountyschools.org</p>	<p>https://sites.google.com/a/clevelandcountyschools.org/transition/connexions</p>

Abbreviated Programs

Community College/University and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
Pitt and Wake Tech Community Colleges <i>T-STEP</i> (12 weeks)	For students with ASD—organization and executive function skills, emotion regulation skills, and social skills through the classroom, counseling, and volunteer internships	8-15			Rashad Carlson: TSTEPinfo@med.unc.edu	https://teacch.com/cllc/t-step-teacch-school-transition-to-employment-and-postsecondary-education/
University of North Carolina Chapel Hill <i>HEELS 2 Transition</i> <i>HEELS Prep</i> (4 weeks Summer)	For students with ID and/or DD— hybrid in-person and virtual experience building skills in self-management, life skills, career development, mental health, and community safety	10			Dara Chan: heels2transition@med.unc.edu	https://www.med.unc.edu/healthsciences/outreach/heels2transition/heelsprep/
University of North Carolina Chapel Hill <i>HEELS 2 Transition</i> <i>HEELS UP</i> (5 weeks Summer)	For students with ID and/or DD— supported participation in social opportunities and a summer course at UNC Chapel Hill through a person-centered plan	6-8			Brianne Tomaszewski: brianne_tomaszewski@med.unc.edu	https://www.med.unc.edu/healthsciences/outreach/heels2transition/heelsup/

Abbreviated Programs

Community College/University and Program Name	Description	Number of Students Per Year	Internship Opportunity	Certificate or Award	Contact Information	Program Website
University of North Carolina Chapel Hill <i>LEND</i> (1 year)	For students with IDD— Inclusive Leadership Program. Students need to be interested in Disability Advocacy work	4			Anna Ward: anna.ward@cidd.unc.edu	http://www.cidd.unc.edu/Education/LEND/Default.aspx

Note: This list is not all inclusive.