

SUMMER
2019

Health Care Transitions and and Youths with IDD



Diana Cejas, MD, MPH is Assistant Professor of Neurology at UNC Chapel Hill and Pediatric Neurologist at the UNC Carolina Institute for Developmental Disabilities. She discussed strategies for supporting youths and young adults through their health care transition, which is defined as the planned movement of adolescents from a child-centered to an adult-oriented health care system.

Goals for this transition should include improvement of a youth's ability to manage own care and use health services. An organized clinical process can facilitate preparation, transfer, and integration into an identified adult care practice.

Six core elements of health care transition include:

- (1) Set a transition policy for health care practices
- (2) Plan a process for tracking and monitoring
- (3) Conduct patient transition readiness assessment
- (4) Begin transition planning
- (5) Start to transfer care
- (6) Complete transfer to the adult practice

Health care transition is an important issue to highlight as inadequate transitions can be associated with increased morbidity and gaps in care.

Diana reminds us that "Health care transition is a process, not an event."

See information, guidelines, and checklists for youths, families, and practitioners: Center for Health Care Transition Improvement: www.gotttransition.org.



Dr. Diana Cejas, MD, MPH

New Publication >

Teaching, Including, and Supporting College Students with Intellectual Disabilities

Kelly Kelley, PhD, is Associate Professor and Co-Director of the University Participant (UP) Program at Western Carolina University. She advises and consults with IPSE programs nationally through Think College, National Coordinating Center at UMASS Boston.

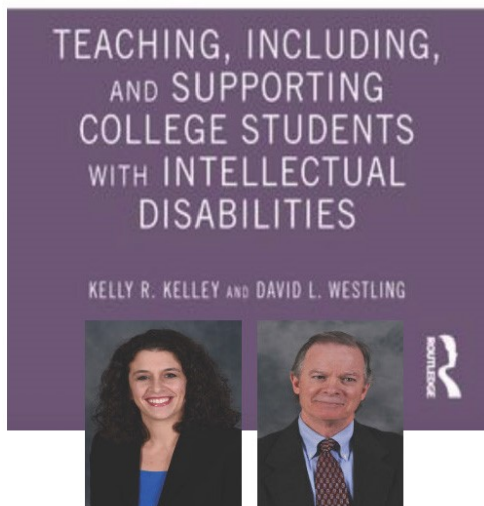
Kelly discussed her newly-released book co-authored with **David Westling**, PhD, which offers comprehensive ideas and strategies for building inclusive programming. **Kenneth Kelty**, UP grad and book contributor, read an excerpt about his experience and success at WCU. *Teaching, Including, and Supporting College Students with Intellectual Disabilities* is available through Routledge Press.

See Routledge link next page and ORDER your copy!

QUARTERLY MEETING UPDATES

North Carolina
Inclusive Postsecondary Education Alliance

Author Event — Continued from page 1...



Order Your Copy Today

This book provides a comprehensive guide to new and developing college programs and inclusive practices for young adults with intellectual disabilities and their family members.

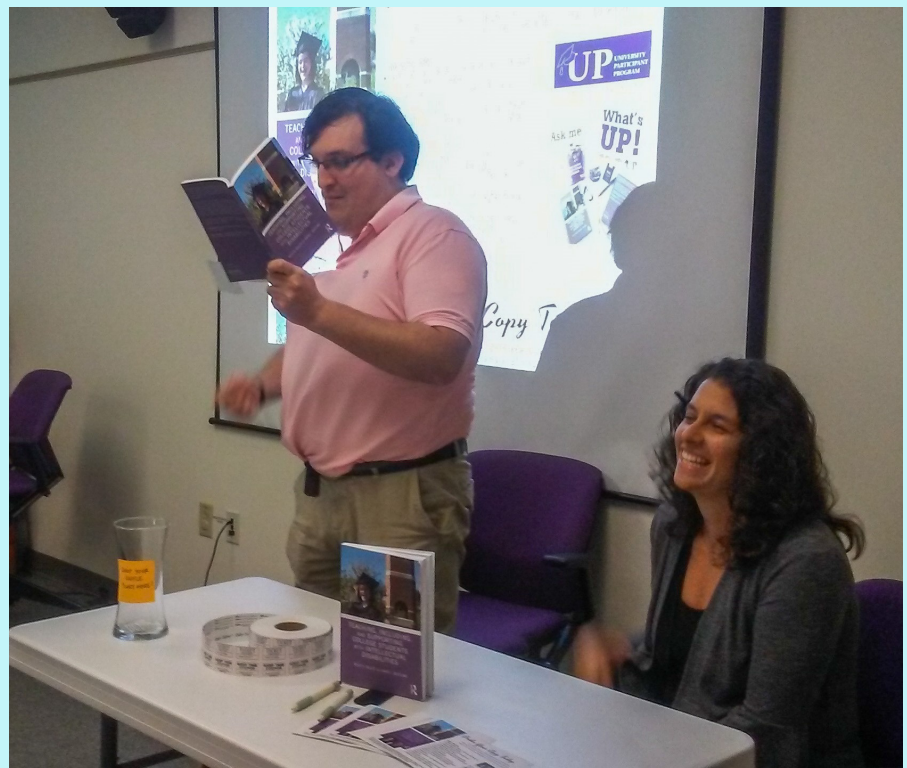
Topics Include:

- Who, What, When, Where, and How to Think About College
- Collaborating with University and Community Partners
- Funding, Staffing, and Sustainability
- Recruitment and Admission Procedures
- Living on Campus
- Course Participation
- Career Planning and Job Training
- Campus Membership/Extracurriculars
- Person Centered Planning/Weekly Scheduling
- Recruiting and Coordinating Natural Supports
- Preparing for Post-Program Success
- Providing a Safe Environment
- Working Effectively with Families



Here's the link: [https://
www.routledge.com/
Teaching-Including-and-
Supporting-College-
Students-with-
Intellectual/Kelley-
Westling/p/
book/9781138618084](https://www.routledge.com/Teaching-Including-and-Supporting-College-Students-with-Intellectual/Kelley-Westling/p/book/9781138618084)

At right — **Kenneth Kelty** shares an anecdote from the book — with **Kelly Kelley**



MEMBER UPDATES - - - - -

UPDATES AND DEVELOPMENTS ACROSS NC

McCafferty S. Kerman, LEND Advocacy Faculty at CIDD, shared that the [TEACCH-School Transition to Employment and Postsecondary Education \(T-STEP\)](#) program for youths on the autism spectrum is now available at AB Tech, Cape Fear, Central Piedmont, Pitt, and Wake Tech community colleges, with growing demand for interventions of this kind. The program is preparing for upcoming research trials to further evaluate this model. Additionally, the [HEELS Summer Intensive](#) Week for young adults with IDD took place this July at UNC-Chapel Hill, which included content adapted from the T-STEP model. Initial feedback from participants and parents is very positive. The program, directed by **Dara Chan**, Faculty at UNC Department of Allied Health Sciences, is expected to expand next summer.

Trudie Hughes, Director of College and Career Readiness with the NC Community College System, reported growth among inclusive community college programs. Alamance, Cape Fear, and Pitt Community Colleges have added career pathways into their programming. Guilford Technical Community College's [POWER Pathways Program](#) now offers a Food Service opportunity for adults with IDD. Programs offer industry-recognized credentials for students completing requirements.

Deb Zuver, Education Consultant at CIDD and NC PSEA Facilitator, reported on the continued **HEELS 2 Transition** collaboration among representatives from the UNC Department of Allied Health Sciences, School of Education, and the community--led by the UNC Carolina Institute for Developmental Disabilities. Discussions about launching the [HEELS UP](#) IPSE program at UNC at Chapel Hill are moving forward again. At the invitation of the University Provost's Office, a summit will be held for key university administrators and leaders. Presentations from nationally-recognized leaders will address inclusive models currently in place across the county, risk management and other issues that involve supporting participants to fully participate in the campus community.

Deb also mentioned that a CIDD proposal to address the sexual violence epidemic in the developmental disability community reached the final round of Robert Wood Johnson Foundation grant application process, and it was recommended for resubmission. This remains a critical area to address given that individuals with IDD and college students are two populations at highest risk for sexual violence.

Updates From the 2019 SEPSEA Capacity Building Institute



Tamira White, Doctoral Candidate in Applied Developmental Sciences and Special Education at UNC-Chapel Hill, provided an update on the Southeast Postsecondary Education Alliance (SEPSEA) Annual Conference, hosted by the REACH Program at the College of Charleston on May 16, 2019.

This capacity-building event provided an excellent opportunity for representatives from ten southern states to discuss IPSE program development. Key issues discussed by the conference working group included strategies for ensuring higher education requirements are implemented across programs, standards for residential programming, consideration of universal design issues, the wide variation in person-centered planning and student learning outcomes, and questions surrounding accreditation. Information was also shared regarding the Partnership Plus initiative through the Social Security Administration.

Reminder! SEPSEA is now a membership organization. Join your regional colleagues! www.sepsea.org/membership.html Please **save the date** for the next SEPSEA Conference, to be held **May 21-22, 2020**, University of Alabama.

MEMBER UPDATES - - - - -



Anna Ward, SDAP director at ASU, **Lisa Pluff**, Beyond Academics Operations Director at UNCG, **Kelly Kelley**, UP director at WCU, and **Deb Zuver**, CIDD-UNC met to review options for collecting specific data and statistics across NC IPSE programs; input from **Duncan Munn** was included. Proposed ideas will be shared at the Fall meeting.

Bryan Dooley, Disability Rights NC Chair and NC Council on Developmental Disabilities Board Member, shared updates regarding changes to the NC Disability Rights website and logo. He announced that the annual [Targets Survey](#) is now open on the website, and encouraged everyone to complete.

Beverly Colwell, Department of Public Instruction (DPI) Consultant for Intellectual Disabilities reported that DPI went live with their [Every Child Accountability and Tracking System \(ECATS\)](#). This system will house student data and will expand to include MTSS data. **Sherry Thomas** has moved into the role as director for the DPI Exceptional Children Division, and **Matt Hoskins** will serve as the new assistant director. They will look at the state plan for exceptional students and focus on investigating postsecondary transition services with which the schools can engage. New grant opportunities have been emerging to help schools provide pre-employment services and work-based learning opportunities to students. As a reminder, the [69th Annual Conference on Exceptional Children](#) is coming up in November (proposals were submitted in May). Note that no proposals addressing inclusive PSE were submitted, however. **Please contact Beverly.Colwell@dpi.nc.gov ASAP if you would like to discuss a possible presentation.**

Kenneth Kelty, Advocate and former LEND trainee, is now VP of Public Relations for Tarheel Toastmasters Club. He was invited to participate in the Ruderman Family Foundation Link20 leadership initiative for social media activists, which promotes diverse collaboration.

Meeting photos by: McCafferty S. Kermon



Fall NC IPSE Alliance MEETING

Please SAVE THE DATE :: Tuesday, October 22, 12-3pm

The meeting will focus on a new plan to increase awareness of IPSE opportunities across North Carolina. Angelia Lightfoot, IDD Specialist at DMH/DD/SAS and Lisa Pluff, UNCG have set ideas in motion with support from Deb Zuver and the IPSEA Team at the CIDD.

We will review the WHO, WHAT, WHEN, WHERE and HOW info that families, educators, LME/MCO, employers/VR, and agency staff NEED. As NC expands opportunities for people with disabilities [e.g., we are now an **Employment First** state] important changes are underway. Now is the time for NC PSEA to reboot!

The meeting will be held at the CIDD and a light lunch will be provided.

Use CONTRL + ENTER to access links!