Physical Distancing Guidelines for the Workplace

Stay home if you are sick, if tested for COVID-19, or if in close contact (i.e., household contact) with anyone tested for COVID-19; also, Notify Occupational/Employee Health!

Ways to maintain a 6+ foot distance between individuals:

- Stagger entry to work and break rooms
- Eliminate work stations that don’t allow 6 feet physical distance
- Increase use of WOWs & laptops to keep physical distance when possible
- Utilize conference rooms & other spaces available to distance work spaces
- Encourage charting in Non-Covid+ patient rooms to eliminate crowding in shared work spaces

Practice appropriate hand hygiene:

- Wear gloves as appropriate and dictated by work function
- Wash hands OFTEN with soap & water for at least 20 seconds
- Clean hands with approved hand sanitizer
- Avoid touching eyes, nose, and mouth with unwashed hands

Clean & disinfect frequently touched surfaces & work spaces with approved disinfectant wipes