The state’s female population is steadily growing and women are projected to outnumber men through 2020.

Overall, the median age is increasing, particularly among Caucasian women, who have an average age of 43.1. Asian and Hispanic women in NC have an average age of 34.5 and 27 respectively, and represent the youngest segments of the population.

Average Age

- All (Average): 39.8
- Caucasian: 43.1
- African American: 38
- Hispanic: 27
- Asian: 34.5

Life Expectancy of North Carolina Women: 80.4 years