

2014 BRFSS

Chronic Diseases

	All NC Females	White Fem	Black Fem	Other Min	18 to 34	35 to 44	45 to 54	55 to 64	65 to 74	75+
Women with no chronic diseases	44.1%	39.6%	52.5%	57.5%	67.2%	54.5%	43.2%	27.1%	20.6%	14.1%
Women with 1 chronic disease	26.5%	28.3%	22.0%	23.2%	24.7%	25.6%	27.9%	28.1%	26.6%	28.3%
Women with 2 or more chronic diseases	29.4%	32.1%	25.5%	19.4%	8.1%	19.9%	28.9%	44.8%	52.7%	57.6%

Chronic disease summary index is comprised of 9 indicators

History of any cardiovascular disease (heart attack/stroke/angina). Consists of yes to any of the following:	9.2%	9.8%	7.9%	8.6%	***	***	9.3%	10.8%	19.6%	29.4%
Ever been told you had a heart attack (also called myocardial infarction)?	4.0%	4.3%	2.9%	4.7%	***	***	4.9%	4.4%	8.0%	12.2%
Ever been told you have angina or coronary heart disease?	4.5%	4.9%	3.9%	3.3%	***	***	4.4%	5.8%	9.3%	15.6%
Ever been told you had a stroke?	3.7%	3.8%	3.5%	4.3%	***	***	3.3%	4.5%	9.2%	10.5%
Women currently with asthma	9.7%	9.8%	10.8%	7.1%	8.4%	10.6%	10.3%	11.5%	11.2%	6.8%
Women ever told they had skin cancer	6.6%	9.0%	***	2.9%	***	***	6.0%	8.5%	15.2%	19.7%
Women ever told they had other cancer	7.4%	9.1%	3.6%	3.9%	***	4.9%	5.9%	10.3%	15.9%	18.9%
Women ever told they had COPD, emphysema, or chronic bronchitis	8.1%	8.9%	6.9%	5.8%	2.5%	5.4%	8.8%	11.7%	15.3%	12.8%
Women ever told they had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia	31.5%	33.6%	29.1%	21.2%	6.7%	18.2%	33.5%	50.7%	55.3%	64.7%
Women ever told they had a depressive disorder, including depression, major depression, dysthymia, or minor depression	23.6%	27.1%	14.2%	21.8%	20.3%	23.5%	26.7%	31.0%	24.9%	16.2%
Women ever told they had kidney disease	2.9%	2.9%	2.3%	5.0%	***	***	2.3%	3.9%	4.6%	8.2%
Women ever told they had diabetes	10.7%	9.5%	14.9%	9.7%	1.3%	8.0%	11.0%	17.8%	19.4%	21.2%

Other Diabetes

Women ever told by a health professional they have pre-or borderline diabetes	1.8%	1.6%	2.2%				1.6%	2.5%	2.7%	4.1%
(2013 BRFSS) Women ever been tested for high blood sugar or diabetes in the past 3 years	64.4%	62.4%	69.5%	68.0%	54.2%	60.3%	66.2%	76.1%	72.7%	71.6%

Obesity

Weight range (at recommended, overweight, obese, underweight or unknown) by Race/Ethnicity										
Underweight	2.4%	2.9%	***	***	4.1%	***	***	1.3%	***	3.4%
Recommended Range	36.8%	40.7%	23.2%	42.5%	44.0%	34.9%	34.5%	29.6%	33.3%	41.3%
Overweight	29.7%	29.8%	30.6%	25.0%	23.1%	29.5%	31.2%	34.2%	35.5%	30.3%
Obese	31.1%	26.7%	44.9%	31.7%	28.8%	34.1%	32.3%	34.9%	30.3%	24.9%

Other (from 2013 BRFSS)

% of women who have ever told by health professional they have high blood pressure (2013 BRFSS)	34.7%	33.7%	45.1%	16.1%	9.0%	19.9%	40.6%	48.0%	63.0%	70.4%
% of women who have ever told by health professional they have high cholesterol (2013 BRFSS)	40.6%	43.1%	36.7%	27.1%	13.7%	27.8%	41.4%	55.4%	58.6%	59.4%