

Table 1: Emerging themes in coordinating postpartum cardiac care

Themes

Support for Referrals

- Requested assistance on how best to refer patients.
 - Suggested administrative support to make appointments.
 - Recommended engagement of social work and care coordination to address patient barriers.
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Sensitivity to patient priorities

- Indicated that engagement with patients around postpartum cardiac health should occur early and frequently.
 - Considered the timing of postpartum healthcare service communication in relation to patient experiences.
 - Contemplated strengthening the system of care away from a patchwork of services to a holistic approach.
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Clarification of clinical workflow

- Desired more clarity on clinic scope and differentiation from other postpartum care visits to communicate value to patients.
- Sought bidirectional feedback to streamline workflow and patient appropriateness for referral.
- Advocated for the standardization patient management in the postpartum discharge transition in cases of hypertensive conditions.