

Intro

Thank you for your interest in the NIH K12 Career Development Programs for Women's Health Research! Once you've completed your application, you'll receive a confirmation email to the address you provided. If you don't receive this confirmation, or if you have any questions, please email cwhr@unc.edu.

Basic Information

Which program are you applying for?

BIRCWH

WRHR

Both

Applicant information

Name

Email address

UNC ONYEN

UNC PID number

ORCID ID

The program is only open to U.S. citizens or permanent residents. Please confirm your current status.

- U.S. citizen
- Permanent resident
- Permanent resident application pending

Requested start date of funding

We are looking to fill positions between January to June 2026, though exact start dates may be negotiated.

Please list any other currently pending grants (already submitted) that include salary coverage for you and provide the date of anticipated review/funding decision.

Application Materials

Application Instructions

- Font size should be 11 points or larger (Arial, Georgia, Helvetica, or Palatino Linotype) with half-inch margins. Consistent with NIH guidelines, font size should also be legible in tables/figures.
- Adhere to the page or word limits for each section.
 - Project abstract (up to 250 words)
 - Applicant biosketch
 - Application narrative, sections A-B below
 - Mentor information
 - Letters of support
- Applicants are required to propose a distinct research project to be completed during the funding period. This project is expected to generate most or all of the

preliminary data needed for an individual K- or R-equivalent grant submission by the end of the second year of support.

Project title

Abstract (up to 250 words)

PDF only

NIH biosketch

PDF only

A. Candidate background and career goals (maximum 2 pages)

PDF only

This should include the following sections:

1. Background and research training
2. Career goals and objectives
3. Career development and training plan.

Clearly identify your training goals during the K12 program and explain how each goal aligns with your current research project and long-term career objectives.

Be specific in describing how the proposed training activities will directly support your transition to becoming an independent researcher. Where appropriate, including expected timelines and completion dates for specific activities.

B. Proposed research project (maximum 5 pages total)

PDF only

This project serves as the scholar's primary research effort. It is expected to generate most or all of the preliminary data needed for an individual K- or R- equivalent grant submission by the end of the second year of support. This plan should address key components such as the significance, innovation, and approach of the proposed project. Organize this section according to the following subsections:

1. Specific Aims (maximum 1 page)

2. Research Strategy (maximum 4 pages):

- **Significance:** Describe the importance of the problem, how it will advance the field, and the potential impact of your research.
- **Innovation:** Explain how your research challenges existing paradigms or develops novel technologies or approaches.
- **Approach:** Detail the experiments you will conduct to achieve each aim organized around those aims. Include your rationale for the hypothesis, expected outcomes, and alternative approaches.

C. Additional resources (if applicable)

If the candidate has additional resources to complete the study, this should be noted in this section. This includes ongoing research funding from the applicant or their mentors. It may include direct or indirect collaborations to support the proposed project.

Mentors

Mentors

Candidates can include up to three mentors as part of this application. However, one must be designated as the primary mentor. The primary mentor is directly accountable for scholar progress and should help the scholar manage the broader team.

Primary mentor

Name

Department

Institution

Recent NIH biosketch

PDF only

Has this mentor been on the mentoring team for prior institutional or individual K Scholars?

Yes

No

Has this mentor received mentor training for biomedical researchers?

Yes

No

Please provide the name and year of the training.

The primary mentor must have had mentor training prior to the Scholar's appointment to the grant. Please provide this mentor's email address and the program will reach out about training opportunities.

Please provide the following information about prior mentees over the past 10 years.

	Pre-doctorates	Post-doctorates
In training	<input type="text"/>	<input type="text"/>
Graduated	<input type="text"/>	<input type="text"/>
Graduated and continuing in research or related careers	<input type="text"/>	<input type="text"/>

Would you like to include a second mentor?

Yes

No

Mentor #2

Name

Department

Instituion

Recent NIH biosketch

PDF only

Has this mentor been on the mentoring team for prior institutional or individual K Scholars?

Yes

No

Please provide the following information about prior mentees over the past 10 years.

	Pre-doctorates	Post-doctorates
In training	<input type="text"/>	<input type="text"/>
Graduated	<input type="text"/>	<input type="text"/>
Graduated and continuing in research or related careers	<input type="text"/>	<input type="text"/>

Would you like to include a third mentor?

Yes

No

Mentor #3

Name

Department

Instituion

Recent NIH biosketch

PDF only

Has this mentor been on the mentoring team for prior institutional or individual K Scholars?

Yes

No

Please provide the following information about prior mentees over the past 10 years.

	Pre-doctorates	Post-doctorates
In training	<input type="text"/>	<input type="text"/>
Graduated	<input type="text"/>	<input type="text"/>
Graduated and continuing in research or related careers	<input type="text"/>	<input type="text"/>

Letters of Support

Letters of Support

We require two letters of support for each applicant:

1. Letter of institutional support (department chair or division chief) – should include commitment of 75% effort to the K12 program and salary co-funding, if needed
2. Letter from primary mentor

Applicants can submit up to two additional letters, though these are optional. These letters can be from other mentors and collaborators who can speak to the candidate's potential to become an independent investigator.

We understand that letters come at different times and writers may prefer to send a

letter directly to us. If this is the case, please choose this option and ask them to email the letter to cwhr@unc.edu prior to the application deadline (Oct. 17).

Letter of institutional support

- Upload
- Email

Letter of institutional support upload

PDF only

Please have your letter of institutional support emailed to cwhr@unc.edu by Oct. 17, 2025 and provide the name and address of the sender below in case we need to follow up.

Sender

Email address

Letter from primary mentor

- Upload
- Email

Letter from primary mentor upload

PDF only

Please have this letter of support emailed to cwhr@unc.edu by Oct. 17, 2025 and provide the name and address of the sender below in case we need to follow up.

Name

Email address

Would you like to include an additional letter of support?

Yes

No

Additional letter of support #1

Upload

Email

Additional letter of support #1 upload

PDF only

Please have this letter of support emailed to cwhr@unc.edu by Oct. 17, 2025 and provide the name and address of the sender below in case we need to follow up.

Name

Email address

Would you like to include an additional letter of support?

Yes

No

Additional letter of support #2

Upload

Email

Additional letter of support #2 upload

PDF only

Please have this letter of support emailed to cwhr@unc.edu by Oct. 17, 2025 and provide the name and address of the sender below in case we need to follow up.

Name

Email address

Questions/Comments

Do you have any questions or comments?

Submit

You may use the Back button to review or edit your application. Once you are finished, please click "Submit."